



# Office of School Counseling

Century and Independence High Schools

Life is like an elevator, there are ups and downs but in the end, you control which direction it goes. -Anonymous

## WHAT ARE YOU WAITING FOR?

We are officially 3 weeks into quarter 2! Where do you stand credit wise? Have you checked your grades? Are you on track for graduation? Seniors, if you plan on transferring back Semester 2, there is no time to delay!! Please see Ms. Tran or Mrs. Johnson if you have any questions.

Visit: <https://family.ausd.us/public/home.html> to monitor your progress.

### November 10, 2018 – November 18, 2018 is National Hunger and Homelessness Awareness week

**THE FACTS:** In the United States many Americans are living on the edge, forced to choose between basic necessities like purchasing food, paying rent, or going to the doctor.

- **43.1 million** Americans live below the poverty level
- **549,000** Americans are homeless on a typical night
- **42 million** Americans are at risk of suffering from hunger
- **1 in 5** children in the U.S. live in poverty

#### WHAT CAN YOU DO?

**VOLUNTEER:** Find a local food bank and volunteer your time by helping

**DONATE:** Support local charities and shelters by giving food, clothing or money

**EDUCATE:** Raise awareness about hunger and homelessness in the community

FOR MORE INFORMATION VISIT: <https://hhweek.org>



The Free Application for Federal Student Aid (FAFSA) is now available online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov).

#### FAFSA/Dream Act Workshops

CHS/IHS will host the first FAFSA/Dream Act workshop on

**December 5, 2018 5:00-7:00 pm.**

Seniors come with your parent/guardian and receive help with your FAFSA application. Bring your parents 2017 TAX return. If you worked, bring your 2017 Tax return also.

**QUARTER 2 ENDS**  
**December 20, 2018**  
Finals are 12/19 and 12/20

## UPCOMING EVENTS

November 12<sup>th</sup>

NO SCHOOL  
VETERANS DAY

November 13<sup>th</sup>

PARENT  
WORKSHOP:  
**DRUG  
AWARENESS**  
6:00 – 7:00 PM

November 14<sup>th</sup>

BLOOD DRIVE  
SEE MS. MONIQUE  
FOR DETAILS

November 16<sup>th</sup>

THANKSGIVING  
FEAST  
MINIMUM DAY  
12:15 DISMISSAL

November 19<sup>th</sup> - 23<sup>rd</sup>

THANKSGIVING  
RECESS  
**NOVEMBER 26<sup>TH</sup>**  
**PUPIL FREE DAY**  
SCHOOL RESUMES  
TUESDAY 11/27/18