








DECEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 • cinnamon "dipperdoodle" bar	4 • HOT french toast sticks (vg)	5 • blueberry burst muffin	6 • HOT turkey, egg & cheese brekwich	7 • mini french toast muffin & string cheese
10 • string cheese & cinnamon grahams	11 • HOT strawberry pancake bowl (vg)	12 • blueberry bagel & cream cheese (vg)	13 • HOT French toast, turkey sausage & egg	14 • cinnamon crumbles
17 • cheerios & zac attack apple (df)	18 • mini french toast muffin & string cheese	19 • string cheese & cinnamon grahams	20 • HOT buttermilk pancakes	21 
24 	25 	26 	27 	28 
NEW YEAR'S EVE!  31				

DID YOU KNOW?








We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

DECEMBER LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <ul style="list-style-type: none"> • chicken bites • egg salad sandwich (vg)(df) ○ seasoned green beans (chilled) 	<p>4</p> <ul style="list-style-type: none"> • cheesy pizza bites (vg) ○ orangy carrots 	<p>5</p> <ul style="list-style-type: none"> • grilled chicken bites with bbq bean sauce (df) • cheesy ravioli (vg) ○ warm pinto beans ○ grape tomatoes 	<p>6</p> <ul style="list-style-type: none"> • beef cheeseburger • veggie chili (vg) ○ lettuce & tomatoes with ranch 	<p>7</p> <ul style="list-style-type: none"> • five cheese lasagna (vg) ○ green peas
<p>10</p> <ul style="list-style-type: none"> • grilled chicken bites with bbq bean sauce • bean & cheese quesadilla (vg) ○ steamed corn 	<p>11</p> <ul style="list-style-type: none"> • beef cheeseburger • veggie chef's salad (vg) ○ warm pinto beans ○ warm diced carrots 	<p>12</p> <ul style="list-style-type: none"> • cheese pizza panada pie (vg) ○ seasoned green beans (chilled) 	<p>13</p> <ul style="list-style-type: none"> • bfast for lunch: pancakes with omelet (vg) ○ lettuce & tomatoes with ranch 	<p>14</p> <ul style="list-style-type: none"> • crispy chicken sandwich • egg salad sandwich (vg)(df) ○ sweet potatoes
<p>17</p> <ul style="list-style-type: none"> • meatless italian calzoni (vg) ○ steamed corn 	<p>18</p> <ul style="list-style-type: none"> • chicken bites • sunny sandwich kit (sunbutter & jelly)(vg) ○ diced carrots 	<p>19</p> <ul style="list-style-type: none"> • beef burger (df) • hummus dippers (vg) ○ warm pinto beans ○ tomatoes 	<p>20</p> <ul style="list-style-type: none"> • spaghetti marinara (vg) ○ lettuce & tomatoes with ranch 	<p>21</p> 
<p>24</p> 	<p>25</p> 	<p>26</p> 	<p>27</p> 	<p>28</p> 
<p>NEW YEAR'S EVE!</p> <p>31</p> 				

HAPPY HOLIDAYS!

Bring on the holidays with our warm and hearty seasonal **Roast Turkey & Stuffing** meal: thick-cut turkey paired with savory stuffing, sweet mashed yams, and homemade gravy.

Look for it on the menu on **DATE!**










Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

ECE

DECEMBER LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<ul style="list-style-type: none"> • chicken bites • egg salad sandwich (vg)(df) ○ seasoned green beans (chilled) 	<ul style="list-style-type: none"> • cheesy pizza bites (vg) ○ orangy carrots 	<ul style="list-style-type: none"> • grilled chicken bites with bbq bean sauce (df) • cheesy ravioli (vg) ○ warm pinto beans ○ grape tomatoes 	<ul style="list-style-type: none"> • beef cheeseburger • veggie chilli (vg) ○ lettuce & tomatoes with ranch 	<ul style="list-style-type: none"> • turkey & cheddar sandwich • fiesta scoops & three layer dip (vg) ○ green peas
10	11	12	13	14
<ul style="list-style-type: none"> • popcorn chicken bites with bbq bean sauce • bean & cheese quesadilla(vg) ○ steamed corn 	<ul style="list-style-type: none"> • the revolution dog (df) • veggie chef's salad (vg) ○ pinto beans ○ baby carrots 	<ul style="list-style-type: none"> • cheese pizza panada pie (vg) ○ seasoned green beans (chilled) 	<ul style="list-style-type: none"> • bfast for lunch: pancakes with omelet (vg) ○ lettuce & tomatoes with ranch 	<ul style="list-style-type: none"> • chicken taco trio • egg salad sandwich (vg)(df) ○ sweet potatoes
17	18	19	20	21
<ul style="list-style-type: none"> • the revolution dog (df) • meatless italian calzoni (vg) ○ steamed corn 	<ul style="list-style-type: none"> • chicken bites • sunny sandwich kit (sunbutter & jelly)(vg) ○ steamed carrots 	<ul style="list-style-type: none"> • beef burger (df) • Hummus dippers (vg) ○ warm pinto beans ○ grape tomatoes 	<ul style="list-style-type: none"> • spaghetti & meatballs (df) • veggie chef's salad (vg) ○ lettuce & tomatoes with ranch 	
24	25	26	27	28
				
NEW YEAR'S EVE! 31				
				

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