



# **RIDGEVIEW Parent & Family Center**

## **Resources for Parents & Families List of Services:**

- ParentVUE Activation
- Connecting families to community resources
- Instruction on Basic Computer skills
- Parenting Classes
- Nutrition & Exercise Classes
- College & Financial Aid workshops
- Daytime & Evening Classes
- Guest Speakers
- And much, much more!

**Monday, Thursday & Friday**

**7:30am - 4:00pm**

**Tuesday & Wednesday**

**10:30am - 6:30pm**

**For more information contact: Mrs. Jan Jarrett**

**Main: 661-398-3100 Direct 661-837-6519**