

## California Healthy Youth Act

On January 1, 2016, the California Healthy Youth Act (California Education Code Sections 51930-51939) went into effect, making California a leader in the nation in ensuring that adolescents have access to the information they need to make informed decisions about their sexual health. Following is a summary of how each of Health Connected's curricula align with the requirements of the California Healthy Youth Act.

	Puberty Talk	Teen Talk Middle School	Teen Talk High School	Teen Talk High School Refresher
<b>Requirements for ALL instruction:</b>				
Age appropriate	✓	✓	✓	✓
Factual info is medically accurate	✓	✓	✓	✓
Appropriate for all races, genders, sexual orientations, ethnic and cultural backgrounds, pupils with disabilities, English learners	✓	✓	✓	✓
Instruction/materials available for English learners	Spanish	Spanish	Spanish	Spanish
Does not reflect or promote bias	✓	✓	✓	✓
Affirmatively recognizes people have different orientations and includes examples	✓	✓	✓	✓
Teaches about gender, gender expression, gender identity, and harm of negative stereotypes	✓	✓	✓	✓
Encourages communication with parents, guardians, or trusted adults	✓	✓	✓	✓
Teaches about healthy relationships	✓	✓	✓	✓
Teaches about decision-making, negotiation, and refusal skills	✓	✓	✓	✓
Does not teach or promote religious doctrine	✓	✓	✓	✓
<b>Content requirements for grades 7-12:</b>				
Information on the nature of HIV, other STIs, and their effects on the human body		✓	✓	✓
Information on the manner in which HIV and other STIs are and are not transmitted		✓	✓	✓
Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other STIs		✓	✓	✓

	Puberty Talk	Teen Talk Middle School	Teen Talk High School	Teen Talk High School Refresher
Information on the effectiveness of all FDA-approved methods that prevent or reduce the risk of contracting HIV or other STIs (including HIV-PrEP/PEP and HPV vaccine)		✓	✓	✓
Effectiveness of decreasing needle use and needle sharing		✓	✓	✓
Treatment of HIV and other STIs (including anti-retroviral therapy)		✓	✓	✓
Societal views on HIV and AIDS	✓	✓	✓	✓
Information about local resources, how to access those resources, and pupils' legal rights to access those resources for:		✓	✓	✓
• Confidential services		✓	✓	✓
• Sexual and reproductive health		✓	✓	✓
• Testing and medical care for HIV and other STIs		✓	✓	✓
• Pregnancy prevention and care		✓	✓	✓
• Assistance with sexual assault and intimate partner violence		✓	✓	✓
Information about the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy, including emergency contraception		✓	✓	✓
Objective discussion of all legally available pregnancy outcomes including:		✓	✓	✓
• Parenting, adoption, and abortion		✓	✓	✓
• Information on the law on surrendering physical custody of a minor child		✓	✓	✓
• The importance of prenatal care		✓	✓	✓
Information about sexual safety including:				
• Sexual harassment	✓	✓	✓	✓
• Sexual assault	✓	✓	✓	✓
• Adolescent relationship abuse		✓	✓	✓
• Intimate partner violence		✓	✓	✓
• Sex trafficking		✓	✓	✓