



# March 2019 - Menu

**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

## Grades 6-8 Lunch

*MENUS ARE SUBJECT TO CHANGE*

				<p><b>3-1</b></p> <ul style="list-style-type: none"> <li>★★ Café LA Burger or Café LA Cheeseburger</li> <li>★★ Classic Tuna Sandwich</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Fresh Garden Salad</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit - <b>S</b></li> <li>★ Got Milk</li> </ul>
<p><b>3-4</b></p> <ul style="list-style-type: none"> <li>★★ Cheese Ravioli - <b>V</b></li> <li>★ Artisan Roll</li> <li>★★ Whole Grain Cheese Pizza Wedge - <b>V</b></li> <li>★★ Cheesy Pretzel Sandwich - <b>V</b></li> <li>★★ Yogurt Parfait Wholesome Granola - <b>V</b></li> <li>★ Waffle Fries</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit Cup</li> <li>★ Got Milk</li> </ul>	<p><b>3-5</b></p> <ul style="list-style-type: none"> <li>★ Oven Fried Chicken Drumstick</li> <li>★ Corn Muffin</li> <li>★★ Deli Turkey &amp; Cheese Sandwich</li> <li>★★ Tuna Salad Plate Pretzel Roll</li> <li>★ Fiesta Pinto Beans</li> <li>★ Fresh Garden Salad</li> <li>★ Frozen Juice Slush</li> <li>★ Got Milk</li> </ul>	<p><b>3-6</b></p> <ul style="list-style-type: none"> <li>★★ Whole Grain Pepperoni Pizza</li> <li>★★ Pastrami &amp; Cheese Croissant</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Sweet Corn</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit Cup</li> <li>★ Got Milk</li> </ul>	<p><b>3-7</b></p> <ul style="list-style-type: none"> <li>★★ Manager's Choice</li> <li>★★ Turkey Ham &amp; Cheese Melt</li> <li>★★ Chinese Chicken Salad</li> <li>★ Aloha Roll - <b>S</b></li> <li>★ Roasted Potato Wedges</li> <li>★ Asian Cucumber Salad</li> <li>★ Fruit - <b>S</b></li> <li>★ Got Milk</li> </ul>	<p><b>3-8</b></p> <ul style="list-style-type: none"> <li>★★ Teriyaki Beef Dipper Rice Bowl</li> <li>★★ Classic Tuna Sandwich</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Broccoli Buds</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit Cup</li> <li>★ Got Milk</li> </ul>
<p><b>3-11</b></p> <ul style="list-style-type: none"> <li>★ Fiesta Omelet - <b>V</b></li> <li>★ Southern Buttermilk Biscuit</li> <li>★★ Whole Grain Cheese Pizza Wedge - <b>V</b></li> <li>★★ Teriyaki Veggie Patty Sandwich - <b>V</b></li> <li>★★ Yogurt Parfait Wholesome Granola - <b>V</b></li> <li>★ Golden Hash Brown Patties</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit - <b>S</b></li> <li>★ Got Milk</li> </ul>	<p><b>3-12</b></p> <ul style="list-style-type: none"> <li>★ Chicken Tenders</li> <li>★ Corn Muffin</li> <li>★★ Deli Turkey &amp; Cheese Sandwich</li> <li>★★ Tuna Salad Plate Pretzel Roll</li> <li>★ Cucumber Coins</li> <li>★ Fresh Garden Salad</li> <li>★ Frozen Juice Cup</li> <li>★ Got Milk</li> </ul>	<p><b>3-13</b></p> <ul style="list-style-type: none"> <li>★ Taco Bean Dip</li> <li>★ Crunchy Tortilla Chips</li> <li>★★ California Chicken Wrap</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Sweet Corn</li> <li>★ Tangy Salsa Cup</li> <li>★ Dried Cranberries</li> <li>★ Got Milk</li> </ul>	<p><b>3-14</b></p> <ul style="list-style-type: none"> <li>★ Mini Chicken Corn Dogs</li> <li>★★ Turkey Ham &amp; Cheese Melt</li> <li>★★ Chinese Chicken Salad</li> <li>★ Aloha Roll - <b>S</b></li> <li>★ Ruffle Fries</li> <li>★ Fresh Garden Salad</li> <li>★ Fruit Cup</li> <li>★ Got Milk</li> </ul>	<p><b>3-15</b></p> <ul style="list-style-type: none"> <li>★ Mesquite BBQ Pork Sandwich</li> <li>★★ Classic Tuna Sandwich</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Fiesta Pinto Beans</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Dried Cranberries</li> <li>★ Got Milk</li> </ul>



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**MONDAY**

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## Grades 6-8 Lunch

*MENUS ARE SUBJECT TO CHANGE*

3-18

- ★★ Cheese Ravioli - **V**
- ★ Artisan Roll
- ★★ Whole Grain Cheese Pizza Wedge - **V**
- ★★ Yogurt Parfait Wholesome Granola - **V**
- ★ Golden Hash Brown Patties
- ★ Petite Baby Carrots - **S**
- ★ Fruit Cup
- ★ Got Milk

3-19

- ★★ Philly Cheese Steak Sandwich
- ★★ Deli Turkey & Cheese Sandwich
- ★★ Tuna Salad Plate
- ★ Pretzel Roll
- ★ Sweet Corn
- ★ Fresh Garden Salad
- ★ Frozen Juice Slush
- ★ Got Milk

3-20

- ★★ Beef Taco & Cheese Chimichanga
- ★★ Pastrami & Cheese Croissant
- ★★ Chicken Caesar & Cheesy Bread
- ★ Fiesta Pinto Beans
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Got Milk

3-21

- ★★ Crispy Chicken Filet Sandwich
- ★★ Turkey Ham & Cheese Melt
- ★★ Chinese Chicken Salad
- ★ Aloha Roll - **S**
- ★ Roasted Potato Wedges
- ★ Celery Sticks
- ★ Fruit Cup
- ★ Got Milk

3-22

- ★★ Tangerine Chicken & Fried Rice Bowl
- ★★ Classic Tuna Sandwich
- ★★ Chicken Caesar & Cheesy Bread
- ★ Broccoli Buds
- ★ Petite Baby Carrots - **S**
- ★ Fruit Cup
- ★ Got Milk

3-25

- ★★ Bean & Cheese Pupusa Curtido Slaw - **V**
- ★★ Whole Grain Cheese Pizza Wedge - **V**
- ★★ Cheesy Pretzel Sandwich - **V**
- ★★ Yogurt Parfait Wholesome Granola - **V**
- ★ Ruffle Fries
- ★ Petite Baby Carrots - **S**
- ★ Fruit Cup
- ★ Got Milk

3-26

- ★ Taco Bean Dip
- ★ Crunchy Tortilla Chips
- ★★ Deli Turkey & Cheese Sandwich
- ★★ Tuna Salad Plate Pretzel Roll
- ★ Fiesta Pinto Beans
- ★ Fresh Garden Salad
- ★ Frozen Juice Cup
- ★ Got Milk

3-27

- ★★ Salisbury Steak
- ★ Artisan Roll
- ★★ California Chicken Wrap
- ★★ Chicken Caesar & Cheesy Bread
- ★ Mashed Potatoes
- ★ Petite Baby Carrots - **S**
- ★ Dried Cranberries
- ★ Got Milk

3-28

- ★★ Manager's Choice
- ★★ Turkey Ham & Cheese Melt
- ★★ Chinese Chicken Salad
- ★ Aloha Roll - **S**
- ★ Fiesta Pinto Beans
- ★ Cucumber Coins
- ★ Fruit Cup
- ★ Got Milk

3-29

- ★★ Café LA Burger or Café LA Cheeseburger
- ★★ Classic Tuna Sandwich
- ★★ Chicken Caesar & Cheesy Bread
- ★ Fresh Garden Salad
- ★ Petite Baby Carrots - **S**
- ★ Dried Cranberries
- ★ Got Milk

Posted 02/27/19

**All of the Grain/Bread items served are Whole Grain Rich.**  
Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit or vegetable

**S**: Items with an (**S**) can be saved for later

**V**: Vegetarian items

\*\*Farm Fresh Fruits: Apple, Orange, Banana

Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

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