

**Student Health Advisory Committee Meeting**  
**Wednesday, December 5, 2018**

- I. Introductions – Call to Order
- II. Stop the Bleed Training/Kits
- III. Free to Be Me program info
- IV. CBISD Lightning Policy
- V. Fitnessgram update
- VI. STOP program info
- VII. Child Nutrition update
- VIII. Campus/Nurse Update
- IX. AED Update
  - A. Admin
  - B. CHS
- X. Parents to serve and co-chair SHAC Committee.
- XI. Campus Discussion/Open Forum
- XII. Adjourn

**Minutes from May 1, 2018**

Chris Miller called the meeting at approximately 3:00pm. Motion was wade by Jill Raley and seconded by Scott Moody to waive the reading of the minutes from the May SHAC meeting.

Introductions:

Introductions were made to all.

**Stop the Bleed Training/Kits:**

Chris Miller gave a report on Stop the Bleed training which were held in August and October. STB trainers are located throughout the area and willing to come to campuses as needed for additional training. Stop the bleed kits are now available on all campuses. They are paired with the campus AED's. Additional kits will be ordered in the future.

**Free to be me program:**

Coach Guthrie reported that the Free to be me program was offered at the in of November for all CHS PE, Health and Health Science students. This training serves as CHS sexual education. Training consists of speakers discussing topics such as communication skills, healthy relationships, STD's, how to set dating boundries and pregnancy education.

**CBISD Lightning Policy:**

CBISD athletic trainer, Amber King, went over district lightning policy. Encouraged all administrators to get signed up for district used weather app for weather announcements.

**Fitnessgram schedule:**

Fitness gram schedule was reviewed. Schedule for administering fitness gram schedule was discussed. All campus have this scheduled and our track to complete in near future.

**STOP Program:**

Mr Miller presented a possible suicide awareness presentation to be held at the secondary level. Committee agreed it would be beneficial. Dates will be set at a later date.

**Child Nutrition Update:**

Cynthia King led discussion regarding child nutrition updates and promotions.

**AED Update:**

AED has been replaced in Admin office. High School will be getting updates within the next two weeks (batteries/pads).

**Parent Recruitment:**

Mr. Miller asked the committee to look for parents that would be willing to attend and serve as co-chair per policy.

**Campus Discussion/Open Forum:**

No announcements.

**Adjournment:**

Motion was made by Scott Moody at 3:37 to adjourn meeting. Seconded by Tara Belote. SHAC meeting adjourned at 3:38

**Members in Attendance:**

Chris Miller

Jennifer Kelly

Lisa Hall

Ashley Welborn

Hannah Lamb

Deborah Kaspar

Cynthia King

Amber King

Tara Belote

Jill Raley

Lauren Guthrie

Scott Moody