

10th ANNUAL PENTATHLON SWIM MEET

November 9th, 2019

Location: Kingsport Aquatic Center 1100 Meadowview Parkway,
Kingsport, TN

Facilities: Kingsport Aquatic Center: Indoor 50 meter pool with two 25-yard courses separated by moveable bulkheads. Competitor lane lines and custom starting blocks with adjustable wedge mounting will be used. Automatic timing system with 8 lane scoreboard. Water is 13 feet at the start end of the competition course and 6 feet 6 inches at the turn end. The warm-up course is 5 feet to 6 feet deep. Raised spectator seating is available. **The competition course has been certified in accordance with 104.2.2C(4)**

Meet time: Saturday, November 9th–*Swimming in HMG Competitive Pool(KAC)*

Warm-ups: 7:30 to 8:30am.

Competition: 8:45am

Eligibility: Only athletes in good academic standing are eligible to compete in the high school division. All athletes must be currently enrolled in the high school for which they compete. Home schooled athletes are eligible for competition. Athletes must meet the standards set by their state associations. Middle school students that do not meet the current TISCA Eligibility Criteria may participate in the Middle School Division.

Format: **Swimming** events will be **Timed Finals**. The 2019-20 National High School Federation Rulebook will govern the meet.

Entries: 1. Teams are to submit their entries using Hy-Tek Team Manager by email attachment (please send in COMMLink file format or WIN-MM format). Teams can download a FREE copy of Hy-Tek Team Manager 7.0 Lite from <http://www.hy-tek.com/downloads.html>. Please provide a printed copy of entries for verification purposes. (These may be e-mailed as a Microsoft Word attachment). **Any questions on Hy-Tek entry procedures should be directed to Jorge Blasini at swimkingsport@gmail.com or (423)967-4264.**

Teams that do not have Hy-Tek's programs should complete the attached forms, listing swimmer (last name, first name), grade, and best time for each event.

Coaches, please provide a telephone number where we can call you during the day and evening.

2. Please submit all times in short course yards. If using meter times, please indicate on the entry form.

3. To enter the Pentathlon, a swimmer must enter the 100 Free, 100 Back, 100, Fly, 100 Breast and the 200 IM. Middle School division must enter 50 Free, 50 Back, 50 Fly, 50 Breast, 100 IM.

4. To enter the Decathlon. A swimmer must enter all races and complete legal swims in all races to receive a special award. (These awards will be purchased after the meet and sent to swimmers accordingly.)

Events:

Event #	Event Name		Event #	Event Name
1	Girls 200 IM		2	Boys 200 IM
3	Girls 50 Free		4	Boys 50 Free
5	Girls 100 Breast		6	Boys 100 Breast
7	Girls 50 Back		8	Boys 50 Back
9	Girls 100 Free		10	Boys 100 Free
11	Girls 50 Fly		12	Boys 50 Fly
13	Girls 100 Back		14	Boys 100 Back
15	Girls 50 Breast		16	Boys 50 Breast
17	Girls 100 Fly		18	Boys 100 Fly
19	Girls 100 IM		20	Boys 100 IM

Scoring: Only the pentathlon will score. Times of each of the five legal swims will be added together and the fastest 5 time of both female and male swimmers will win an award.

Awards: Awards will be given to the top Five Places in the Boys and Girls events regardless of grade. Everyone who completes (legal swims no DQs) the Pentathlon will receive an award (These awards will be purchased after the meet and sent to swimmers accordingly.) Middle School division. It will be the 50's of every stroke and the 100IM. Middle School will only have one top winner of a Boy and Girl.

Entry Deadline: ALL entries must be received by, Friday November, 1st, 2019 at 9:00 P.M. Late entries will be accepted with a \$50 penalty on a space available basis.

Send entries to: Dobyys-Bennett High School
Attn: Nathan Love
1 Tribeway
Kingsport, TN 37660
(423) 378-6840 (school) (423)967-4694(cell)
Fax: (423) 378-8534 (school)
e-mail: swimkingsport@gmail.com

Entry Fees: \$5 per individual event, Make checks payable to: **DBHS**
To enter Pentathlon each swimmer will pay \$12 only (this is not on top of individual events).
To enter the Decathlon each swimmer \$18 only (this is not on top of individual events).

Inclement Weather Policy

In the event of weather severe enough to cancel the meet, your team will be refunded 50 percent of the registration fee paid.

Swimmers and coaches are admitted free.
Meet programs & concessions will be on sale at the meet.