

PETTUS I.S.D.

ATHLETICS HANDBOOK

2018-19



PISD Athletics Handbook

The Pettus I.S.D. athletics handbook will serve as guidance to questions that could possibly occur throughout the course of the year. I emphasize that all situations may not be covered in the handbook however appropriate actions will be administered according to athletic, school and U.I.L. policies

The U.I.L. is the governing body for the athletic programs in Texas public Schools. The Pettus I.S.D. Board of Education, administrators, coaches, and teachers fully support the U.I.L. and its enforcement of the rules.

It should be stressed that being a member of an athletic team is a privilege, not a right. Therefore, not ALL students are capable of competing in the program. With it being a privilege, any coach has the authority to revoke that privilege when rules are not followed.

Explanation of Athletics

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position we are better able to accept the actions of the other and provide greater benefits to our children. As parents, when your children become involved in our program, you have the right to understand what expectations are placed on our child. This begins with clear communication from the coach of each child's program.

Communication you should expect from your child's coach:

1. Philosophy of the coach
2. Location and times of practices and games
3. Team requirements, such as practices, special equipment, out of season conditioning

Communication coaches expect from parents

1. Concerns expressed directly to the coach
2. Notification of any schedule conflicts well in advance

As your child becomes involved in the programs at Pettus, they will experience some of the most rewarding moments of their lives. It is important to understand that there may be times when things do not go the way your child wishes. At these times, discussion with the coach is encouraged. Examples of this situation include the treatment of your child, ways to help your child improve, concerns about your child's attitude and academic support.

It is very difficult to accept your child not playing as much, when or where you may desire. It will be the coach's discretion to make all decisions about playing time or position for the individual student-athlete, regardless the score of the game or the personal feelings of the student-athlete's parents.

Coaches are professionals. They make judgements based on what they believe to be the best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your coach. Examples include team strategy, attitude/grade problems, or treatment of your child.

There are situations that may require a conference between the coach and the parent. These are encouraged. It is important that both parties involved have a clear understanding of the other's situation. There will **NOT be a conference about playing time without the student-athlete and coach present.**

When these conferences are necessary, the following procedures should be followed to help promote resolution.

1. Call or email the coach to set up an appointment
2. If the coach cannot be reached, call the Athletic Director. A meeting will be set up for you.
3. **DO NOT attempt to confront a coach before, after, or during a contest/practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.**

If the meeting with the coach does not provide a satisfactory resolution, the next step is to set up an appointment with the Athletic Director. Since research indicates that a student involved in extracurricular activities has greater success during adulthood, the athletic programs have been established. Any of the character traits required to be successful participants are exactly those that will promote a successful life after high school.

EAGLE & LADY EAGLE ATHLETICS

According to U.I.L. rules, being in athletics is a privilege and not a right. Only those students who abide by school and athletic policies will be allowed to represent Pettus I.S.D.

When young men and women sign up for athletics and become a member of a team, they make a commitment. They are not forced to participate. It is voluntary; therefore, they are expected to follow rules of order.

Parents should strive to help their son or daughter to achieve success in athletics. Success is defined as participation at 100% of the individual's ability. We can never expect athletes to do more that they are capable; however, we do want them to obtain their fullest potential. Supportive parents can instill this desire to student athletes long after their playing days are over by seeing that the student is on time, attends practices and games, and follows the rules and regulations.

ATHLETICS PERIOD

ALL BOYS: 9th - 12th; If you are going to participate in cross country, football, basketball, baseball, golf, powerlifting or track, you **MUST** be in the athletic period, unless special circumstances are approved by the Athletic Director.

ALL GIRLS: 9th - 12th; If you are going to participate in cross country, volleyball, basketball, softball, golf, powerlifting or track, you **MUST** be in the athletic period, unless special circumstances are approved by the Athletic Director.

ALL BOYS: 7th & 8th; If you are going to participate in football, basketball or track, you **MUST** be in the athletic period, unless special circumstances are approved by the Athletic Director.

ALL GIRLS: 7th & 8th; If you are going to participate in volleyball, basketball or track, you **MUST** be in the athletic period, unless special circumstances are approved by the Athletic Director.

See APPENDIX B - 2018/19

WHAT WE EXPECT FROM THE ATHLETE

1. To get an education
2. To give total effort
3. To respect your teammates and coaches
4. To be totally honest in all your dealing
5. To be loyal to your school, administrators, teachers, coaches, team, and family
6. To be on time
7. To be courteous
8. To be enthusiastic
9. To set goals and work to achieve both personal and team goals
10. To **Believe in the Brand!!**

WHAT THE ATHLETE CAN EXPECT FROM THE COACHING STAFF

1. To be loyal
2. To be totally honest
3. To provide leadership and training necessary to achieve our goals
4. To work hard
5. To push you harder than you have ever been pushed before
6. To treat you with respect
7. To make decisions predicated on what is best for the team
8. To be a role model
9. To help you reach your personal goals
10. To help you realize **Hard Work, Pays Off!!**

ANNUAL PRE-PARTICIPATION GUIDELINES

** NO ATHLETE WILL BE ALLOWED TO WORKOUT OR PARTICIPATE WITHOUT COMPLETED FORMS ON FILE

1. All athletes must have the approval of their parent or guardian to participate.
2. Physical Examination - required from every student athlete entering the school district every year. All other athletes must have a valid physical on file in Coaches Office.
3. Medical History - required from every student athlete, every year.
4. Acknowledgement of Rules - required from every student athlete, every year.

5. Illegal Steroid Use Parent & Student Notification/Agreement Form - required from every student athlete, every year.
6. Concussion Acknowledgement Form - required from every student athlete, every year.
7. Sudden Cardiac Arrest Awareness Form - required from every student athlete, every year.
8. NEW STUDENTS - Previous Athletic Participation Form must be done and approved by the District & UIL.

ELIGIBILITY AND ACADEMICS

All Students must follow all UIL regulations. The UIL has very specific rules and regulations regarding the eligibility of students for extracurricular activities. In order to be eligible to participate in athletics and to maintain eligibility, each student must receive a passing grade in every class in which they are enrolled in during each (6 week) grading periods. Students who are failing are ineligible for a period of 3 weeks. At the conclusion of this period, the student may regain eligibility if they are passing all classes pertaining to their individual schedule. An athlete will be expected to practice during this period of ineligibility. But, traveling with the team is prohibited by the UIL when a student is ineligible.

DISCIPLINE MANAGEMENT POLICY

The following is a discipline program we will follow in our athletic program here at Pettus Independent School District. These rules are in addition to the school policies on our campuses. They are in no way to supersede any existing school policy dealing with any situation that may occur, but they enhance the learning environment of our student athletes.

Athletics is a privilege and it takes a very special person to participate. The practices and games are time away from family and friends, which at times can be tedious and monotonous. However, the rewards and gratifications that are derived from the athlete's efforts will last a lifetime.

We expect a certain code of behavior from the young people who will be representing our school and community. The discipline management plan is one that will be followed by all sports and by all athletes.

Every head coach of a sport will give in writing, to their participants, a list of punishments that will be assigned for the various infractions that may occur. The Athletic Director will provide the list to the athletes involved in the off-season programs. The list will be available before the first practice and will be followed by everybody involved in the sport.

DISRESPECT TOWARDS A TEACHER, ADMINISTARTOR, COACH, PEER, OR OFFICIAL

Disrespect towards anybody will not be tolerated. We will demonstrate the proper demeanor for the appropriate situation. An athlete must realize that they are constantly in the eyes of the public at all times, whether in school or on the playing field. They are most assuredly in the eyes of our youth.

If an athlete is guilty of disrespect, they will be assigned extra physical activity from the coach of their sport. If this does not deter the problem, then a subsequent infraction could lead to a suspension or dismissal from the team and/or the athletic program. If an athlete is assigned to the ISS/DEAP, the athlete must run 2 miles for each day in the ISS/DAEP. If the 1st offense is severe enough, in the opinion of the Athletic Director, it could lead to suspension or dismissal from the team and/or the athletic program.

LATE TO PRACTICE

Athletics teaches young people lessons that reinforce the values that they receive at home. One of these is to be on time and prepared to begin an activity. When you make a commitment to a team or a group of people then you are expected to abide by it. If you are late, it only punishes the team and delays their ability to practice and prepare themselves to be the best.

If an athlete is late to practice, they will be assigned extra physical activity from the coach of their sport. If the athlete is habitually late to practices, it could lead to suspension or dismissal from the team/or the athletic program.

MISSING PRACTICE

Practice is a time in which an individual and team prepares themselves to be the best they can be. It is a time which the athlete develops the skills and work ethic that is necessary to be successful. Practice is never a punishment. It will always have a purpose.

Our motto is **Believe In The Brand**. Whether the athlete is preparing for a game, academic test, job interview, or etc. they should commit themselves to be successful through practice daily.

Attendance at all practices is mandatory and expected. If an athlete cannot attend then they must call the coach and leave a message at the following numbers

PETTUS ATHLETIC DIRECTOR (O) 361-375-2296 x 132 (C) 830-200-1295

HIGH SCHOOL GIRLS OFFICE 361-375-2296 X 128 HIGH SCHOOL BOYS OFFICE 361-375-2296 X 150

We realize that in extreme cases attendance may not be possible. In these situations, we will excuse the absence and only the conditioning segment of the practice will be made up at the coaches' discretion. The types of excused absences that fall in this category are:

1. Death in the Family or immediate friends of the family
2. An illness that places the individual under direct care of a physician
3. A planned family outing that cannot be changed, **AS LONG AS THE COACH IS INFORMED IN ADVANCE**

If an athlete is habitually absent from practices, will face the appropriate consequences of missing as presented by the Head Coach in the policies and procedures of each sport, and could lead to suspension or dismissal from the team and/or the athletic program.

HOLIDAYS/VACATIONS

Parents and students must be aware of the athletic schedule when scheduling vacations and trips during the holidays. All varsity and sub-varsity athletes are expected to attend all practices and games scheduled during these times and will face the appropriate consequences of missing as presented by the Head Coach in the policies and procedures of each sport.

DRESSING OUT - ATHLETICS AND PRACTICES

All athletes will be expected to dress out on a daily basis. Athletes who are sick and injured or sick will be required to dress out and to attend practice. Even if you are injured or sick - try to learn through seeing and listening. All Athletes will be given lockers and a clean place to dress. Valuables should be locked up for safekeeping. Locks will be provided by the school. (attachment: SECURITY POLICY - LOCKER ROOM)

ABUSE OF EQUIPMENT

All the equipment and facilities that the athletic department uses are funded through the school district. The athlete will take care of all equipment and facilities while they participate in our programs. There should never be a situation in which the athlete has equipment at home or off campus, unless their coach has given them permission.

If an athlete loses a piece of equipment, the athlete will be responsible for paying for this equipment. If the athlete refuses to pay for the equipment, they will be removed from the athletic program.

SUBSTANCE ABUSE POLICY

As a player, if you are caught by a city, county, or school official, (this does not pertain to social media, pictures or hear say) in possession or under the influence of alcohol, drugs, or tobacco you will face the following consequences in the athletic program. Consequences are as followed

Illegal Drugs - use or possession of drugs will result in the following punishments... **1st Offense** - will result in a 14 calendar day suspension from athletic contests and running 15 miles before allowed to compete again. **2nd Offense** - will result in a 30 calendar day suspension from athletic contests and running of 30 miles before allowed to compete again... **3rd Offense** - will result in the dismissal from all athletics participation for all remaining years of eligibility.

Alcohol - use or possession of alcohol will result in the following punishments... **1st Offense** - will result in running 5 miles before being allowed to compete again... **2nd Offense** - will result in running 10 miles & a 7 calendar day suspension... **3rd Offense** - will result in dismissal from athletic program for 1 calendar year.

**** ALL RUNNING MUST BE MADE UP BEFORE YOU COMPETE IN A CONTEST, WHEN DOING THE RUNNING CONSEQUENCE, THE ATHLETE MUST RUN A MINIMUM OF 1 MILE PER DAY**

Tobacco - Use of tobacco products on school grounds is against the law. All PISD grounds and functions are tobacco free as per state law... Violation of this policy by student athletes will result in running 5 miles and a referral to school administrators.

THEFT

Any athlete who is guilty of stealing from his/her teammates, school, and/or community

will be dismissed from all athletics participation for all remaining years of eligibility.

DISRUPTION IN THE CLASSROOM OR ON CAMPUS

Athletics is a privilege, but not a right. With this in mind, we will expect the athletes to conduct themselves in a proper manner in the school and community. They must realize that they represent the athletic program in everything they do.

When an athlete is disruptive to the point they are a negative influence to the learning environment, they have to be punished by either the regular classroom teacher or the principal, then that situation will be addressed in the athletic department. The coaches will not decide the discipline for the classroom teacher nor will they administer their punishment. We will reinforce our expectations to the athlete by increased physical activity, or if the situation warrants the athlete will be suspended or dismissed from the program.

CLASSROOM EXPECTATIONS

Student athletes will be expected to:

1. Maintain a grade of 70 or above in all classes to play or participate in all extracurricular activities according to the UIL.
2. Exemplify the same discipline and work ethic in the classroom as they do on the playing field.
3. Operate successfully under the authority of a teacher, demonstrating a respectful and cooperative attitude at all time.
4. Coaching Staff will have periodic grade checks throughout the 6 weeks grading period.
5. Corrective punishment will be issued to behavior problems and/or failing grades

PUNISHMENT - Discretion of the Head Coach of the sport in season & Athletic Director.

DRESS CODE & GROOMING

All athletes will follow the Pettus ISD dress and grooming code at all athletic events and during travel to and from competitions (facial hair; hair should not cover our ears or hang below our collar; earrings, piercing of the face, tongue, or gages are not permitted for male athletes and distracting haircuts and/or colors that are not a natural human color are not permitted). Females will only be allowed to have earrings (piercing of the face, tongue, or gages are not permitted). Consequences will be handled by the coaching staff or the Athletic Director during athletics. Failure to follow these guidelines will result in the removal from the athletic program. The athletic department has very high expectations for all athletes that are involved in the program. The athletics department recognizes that each athlete represents Pettus ISD and this representation will be excellent during travel, competition, and at all other times.

TATTOOS

All tattoos must be covered at all times; Punishment - Discretion of the Head Coach & Athletic Director.

DISMISSAL OR EXPULSION

Any student athlete who is under penalty of discipline, or whose character is such to reflect negatively upon the school is subject to dismissal from the athletic program. The student may be dismissed for the remainder of their academic enrollment at Pettus ISD. The coach, Athletic Director and Campus Principal will be consulted before dismissal of the student athlete.

**** ONLY THE ATHLETIC DIRECTOR MAY DISMISS AN ATHLETE FROM THE TOTAL ATHLETIC PROGRAM ****

RE-ENTRY TO THE ATHLETIC PROGRAM

An athlete that wishes to rejoin the athletic program must complete the following steps in order to be considered for re-entry.

1. Inform the Athletic Director and appropriate coach of your intention
 2. A 3-week suspension must be served for quitting or being removed from a program
 3. After an expulsion from athletics, the Superintendent, the Principal, and the Athletic Director must approve readmission to the program.
- A suspension for alcohol and drugs will be upheld at least the rest of the school year without reentry, and if the athlete is allowed back into athletics at some point, he will have to re-establish himself in the athletic class for a semester before being allowed to compete in any contests.

See APPENDIX B - 2018/19

TRAVEL

All Athletes will travel on the designated means for transportation for all out of town games. This includes the ride to and from the contest.

- If you are a VARSITY athlete (9-12) you will ride to and from all games (Unless an emergency or a medical emergency occurs)
- If you are a JV athlete (9-12) you will ride to and from all games (Unless an emergency or a medical emergency occurs)
- If you are a JH athlete, you do not have to ride home with the team. (Although, we would like you to understand the team concept with your teammates.) However, you must provide written permission letter for your son/daughter to ride home with you prior to the competition day. The coach should be notified that the athlete will not ride home with the team prior to your child getting on the bus to leave. Not after the game is over.
- No student/athlete will be allowed to drive themselves to or from any Athletic Contest or Practice because of Liability Reasons.

MEALS

When possible, Pettus ISD will supply food for our athletes or be allowed to eat a meal at a restaurant. In order to feed student/athletes after a competition at a restaurant, we must be at or over 45-mile radius required by school administration. This is subject to approval by the Athletic Director.

**** ATHLETIC INJURIES & INSURANCE**

When an athlete is injured in an athletic activity it is the responsibility of the athlete to inform the coach. Coaches are trained to handle athletic injuries and make recommendations for a course of treatment. It is ultimately the parent/guardian's decision to seek medical treatment or opinions.

The school district is not financially responsible for the costs incurred by medical treatment. The school district carries a supplemental insurance that pays a particular amount after all requirements have been met. It does not pay in full; it is only a supplement.

****** Athletes will only be excused from athletics with a parent note for 2 days. This will be an excused absence and conditioning will still need to be made up once the athlete returns. After 2 days, the athlete will need to have a doctor's note. If no doctor's note is provided after the 2 days, the missed workouts will be unexcused. All make up running will be assigned and observed by coaches. Any failure to comply with this rule will result in removal from the athletic program.

****** Athletes who miss 5 days (excused or unexcused) or more of off-season workouts due to an injury which does not require surgery will be required to make up conditioning before he/she can participate in a contest. The conditioning will be determined by the coach and/or Athletic Director. This rule will carry from year to year.

****** When an athlete quits a sport in season, they surrender all rights to any honors which they have earned but not yet received. If an athlete decides to quit, he/she will be given a **24 hour cooling off period**. If after that time, he/she still wishes to quit, he/she will be allowed to do so. A **QUIT FORM** will then need to be signed by athlete, parent/guardian, and the athletic director. In addition, they forfeit the right to participate in that sport or any other sport they want to start new, until that current season is over. See APPENDIX B - 2018/19

****** All social media sites operated by athletes are under the scrutiny of the athletic coaches, and athletic director. Any unsportsmanlike, unethical, immoral, or other conduct unbecoming of an athlete will be handled by the athletic director and head coach. This includes: (photos, texts, Snap Chat, Twitter, Facebook, Instagram or any other not listed)

PUNISHMENT: 1st offense - 1 game suspension; 2nd offense - 2-week suspension and 2 miles of running per day for 10 days or removal from the team; 3rd offense - removal from athletics for 1 year to date

LETTERING/AWARDS

General Information

1. Letter jacket awards will be given only at the high school level for Varsity competition.
2. The athlete must be at least a Freshman in high school
3. First time Varsity awards will be in the form of a jacket which will be paid for by the school.
4. The student will purchase additional letter awards or patches, upon lettering in another sport.
5. The guidelines for lettering in any activity will be clearly explained to the students at the beginning of the sport in season.
6. Any changes in the lettering policy must be approved by the Athletic Department.

General Requirements

1. The student/athlete will have competed in and completed the season at the Varsity level of competition.
2. The student/athlete will be in good standing with the athletic director, head coach and principal and must have completed the competitive season adhering to school policy.
3. Students may letter in sports, academic contests and fine arts according to the policies and procedures of the organization.
4. All issued equipment must be turned in or accounted for.
5. The athlete must not have quit or been dismissed from the team or athletic program for disciplinary reasons.
6. Severe disciplinary action in athletics or the sport in season can forfeit the letter jacket award.
7. Special consideration will be given to injured players and seniors who have not received a letter jacket, per head coach and athletic director approval.
8. The head coach determines which Varsity athletes will be awarded a letter jacket

Lettering for Specific Sports

To letter in Football, Volleyball, Boys Basketball, Girls Basketball, Baseball, or Softball, an athlete must meet at least ONE of the following:

1. The athlete played in 75% of all Varsity contests for the season
2. The athlete was awarded 1st, 2nd team all-district honors or any superlatives
3. The athlete may be awarded a letter at the head coaches' discretion if he/she is a senior who has participated in and completed the season in, both his/her junior and senior years.

To letter in Track, an athlete must meet at least ONE of the following:

1. The athlete must score at least 1 point in the district track meet at the Varsity level.
2. The athlete may be awarded a letter at the head coaches' discretion if he/she is a senior who has participated in and completed the season in, both his/her junior and senior years.

To letter in Cross Country or Golf, an athlete must meet at least ONE of the following:

1. Compete in the district meet at the Varsity level
2. The athlete may be awarded a letter at the head coaches' discretion if he/she is a senior who has participated in and completed the season in, both his/her junior and senior years.

To letter in Powerlifting, an athlete must meet at least ONE of the following:

1. Compete for 2 complete years on the Powerlifting team
2. Compete at the regional meet at the Varsity level
3. The athlete may be awarded a letter at the head coaches' discretion if he/she is a senior who has participated in and completed the season in, both his/her junior and senior years.

To letter in Cheerleading or Manager, the athlete MUST meet the following:

1. Compete for 2 years at the Varsity Level

PETTUS ATHLETIC DEPARTMENT
SECURITY POLICY – LOCKER ROOM

The following procedures must be followed in order to prevent theft of individual and school property. These procedures must be followed completely to keep your personal property secure.

1. If at all possible, do not bring any item of value. (necklaces, rings, expensive watches, clothes, jackets, or shoes). Also, do not bring more money than you need for the school day. If you do have something that is of great value, you can lock it in the coaches' office during workouts.
2. Do not give the combination of your locker to ANYONE. If you think someone knows your combination, see the coach in charge of equipment for another combination.
3. Once your locker has been opened, DO NOT leave your locker, or any of your items unattended for ANY length of time. If you have to leave, close your locker. Even turning around to talk to someone for a few seconds can result in a loss of property.
4. When you take off an article of clothing, put it directly in your locker. Continue this process until all articles of clothing, including your shoes are in your locker.
5. The last thing you should put into your locker before going to athletics/practice is any jewelry that you may have on your body.
6. Immediately after this has been done, you should close your locker, spin the dial a couple of times, and then pull on the handle 2 or 3 times to make sure that the door is indeed locked.
7. If you have any item that do not fit into your locker, take them directly to the designated area (coaches' office), which will be secure until you return at the end of the period/practice.
8. When returning from athletics/practice, do the following in the order listed below:
 - Pick up anything you left in the designated area (coaches office)
 - Open your locker and put on any jewelry
 - The first item of clothing to be put on should be your pants, which should contain any money and your wallet
 - Place in your locker anything that you want to remain, close your locker, spin the dial and pull on the handle to make sure it is locked
 - Pick up all books, book bags, jackets, etc., and keep them with you until you are leaving

YOU ARE RESPONSIBLE FOR ALL YOUR PERSONAL AND SCHOOL ITEMS WHEN YOU ARE THE LOCKER AREA. IF YOU FOLLOW THE ABOVE PROCEDURES, THE THEFT OF YOUR ITEMS CAN BE PREVENTED.

APPENDIX A

2017/18

1. Missing school the day of a contest may result in not being able to participate and will be at the discretion of Head Coach with consultation of Athletic Director.
2. Missing school contest/contests may result in any of the combination of the following... A.) extra physical activity - B.) game suspensions and will be at the discretion of Head Coach with consultation of Athletic Director.

APPENDIX B

2018/19

1. Quitting a sport - athlete will not be allowed to start the next sport until current sport is officially over, also the athlete will be required to run 20 miles before he/she can participate in next sport
2. Re-Entry To The Athletic Program - will have 20 miles to run before they are allowed to participate in any school sponsored UIL sporting event.
3. Seniors playing any spring sport will have mandatory off season workouts during the athletic period.
4. According to No Pass No Play regulations, students are allowed to practice when they are academically ineligible. They are not allowed to travel to contests with the school and are not allowed to participate in contests or dress for contests and be part of the team. A team sport scrimmage is considered a practice, so academically ineligible students are allowed to participate in team sport scrimmages. School districts are allowed to have more restrictive policies for their schools if they choose. Therefore, PISD athletic department will allow athletes to participate at home scrimmages, but will not be allowed to travel with the team to scrimmages out of town.
5. ISS - Athletes are still required to attend morning or after school practices. If there are still days left on the athletes ISS time, they are not allowed to play in games (only practice). Punishment will be sport specific (determined by Head Coach of sport)
6. DAEP - will result in a 14 calendar day suspension from athletic contests and running 15 miles before allowed to compete again. **2nd Offense** - will result in a 30 calendar day suspension from athletic contests and running of 30 miles before allowed to compete again... **3rd Offense** - will result in the dismissal from all athletics participation for all remaining years of eligibility.

PETTUS ATHLETIC HANDBOOK

The PETTUS ISD Athletic Handbook has been made available to the parents/guardians on the PISD website and hard copies are available upon request.

I have read the Athletic Handbook and agree with all the guidelines.

PRINT - PARENT/GUARDIAN NAME: _____

SIGNATURE - PARENT/GUARDIAN: _____

PRINT - STUDENT NAME: _____

SIGNATURE - STUDENT: _____

THIS PAGE MUST BE RETURNED TO THE COACHES!!