



I'm **HADLEY HEN**

# MARCH

**2020**

TDA's March 2020 Menu Calendar

**GOOD EATS AT**

**SCHOOL BREAKFAST WEEK**  
MARCH 2-6  
SquareMeals.org/SBW

M	T	W	TH	F
Cinnamon Chex Applesauce Orange Juice White Milk 2	Sausage & Biscuit Mandarin Oranges Orange Juice White Milk 3	Breakfast Pizza Apple Slices in Bag Orange Juice White Milk 4	Pancake on a Stick Mandarin Oranges Orange Juice White Milk 5	Spring Break 6
Spring Break 9	Spring Break 10	Spring Break 11	Spring Break 12	Spring Break 13
Cinnamon Chex Applesauce Orange Juice White Milk 16	French Toast Sticks w/Syrup Mandarin Oranges Orange Juice White Milk 17	Breakfast Pizza Apple Slices in Bag Orange Juice White Milk 18	Hot Cakes w/Sausage Mandarin Oranges Orange Juice White Milk 19	Cheerios Applesauce Orange Juice White Milk 20
Cinnamon Chex Applesauce Orange Juice White Milk 23	Sausage & Biscuit Mandarin Oranges Orange Juice White Milk 24	Breakfast Pizza Apple Slices in Bag Orange Juice White Milk 25	Pancake on a Stick Mandarin Oranges Orange Juice White Milk 26	Cheerios Applesauce Orange Juice White Milk 27
Cinnamon Chex Applesauce Orange Juice White Milk 30	French Toast Sticks w/Syrup Mandarin Oranges Orange Juice White Milk 31			

**Turner  
Pre-k  
Breakfast Menu**

**SPECIAL ANNOUNCEMENTS**

**Pre-K  
Is Straight Serve  
Tray will be made  
everyday**



**The Art Contest Continues!**  
Enter today! Deadline next month!  
SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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**GOOD EATS AT**

**Turner Pre-k Lunch Menu**

**SPECIAL ANNOUNCEMENTS**

**Pre-K Is Straight Serve Tray will be made everyday**

M	T	W	TH	F
Fox in Socks Tots Broccoli Grinch Dip One Fish Two Fish Cat in the Hat Veggies Trufula Fruit Beezlenut Berries White Milk 2	Cheesy Enchiladas Refried Beans w/cheese Diced Peaches White Milk 3	Chicken Nugget Mashed Potatoes w/ Gravy Diced Pears Roll White Milk 4	Pepperoni Pizza Steamed Corn Mandarin Oranges White Milk 5	Spring Break 6
Spring Break 9	Spring Break 10	Spring Break 11	Spring Break 12	Spring Break 13
Glazed Drumstick Baked Beans Pineapple Tidbits White Milk 16	Spaghetti w/Meat Sauce Steamed Carrots Diced Peaches White Milk 17	Chicken Nugget Mashed Potatoes w/ Gravy Diced Pears Roll White Milk 18	Pepperoni Pizza Steamed Corn Mandarin Oranges White Milk 19	Cheeseburger Fish Shapes Emoji Fries Rosy Applesauce Ketchup Packets White Milk 20
Grilled Cheese Sandwich Steamed Broccoli Pineapple Tidbits White Milk 23	Cheesy Beef Nachos Refried Beans w/cheese Diced Peaches White Milk 24	Steak Fingers Mashed Potatoes w/ Gravy Diced Pears Roll White Milk 25	Pepperoni Pizza Steamed Corn Mandarin Oranges White Milk 26	Cheeseburger Fish Shapes Emoji Fries Rosy Applesauce Ketchup Packets White Milk 27
Sloppy Joe Steamed Broccoli Pineapple Tidbits White Milk 30	Soft Beef Taco Refried Beans w/cheese Diced Peaches White Milk 31			



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# HADLEY HEN

Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!



## WHAT TO KNOW

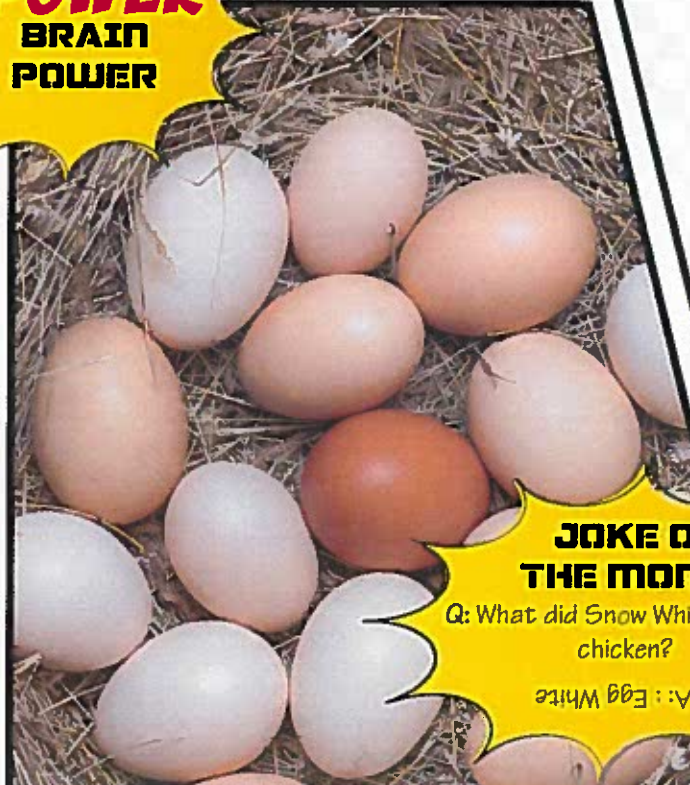
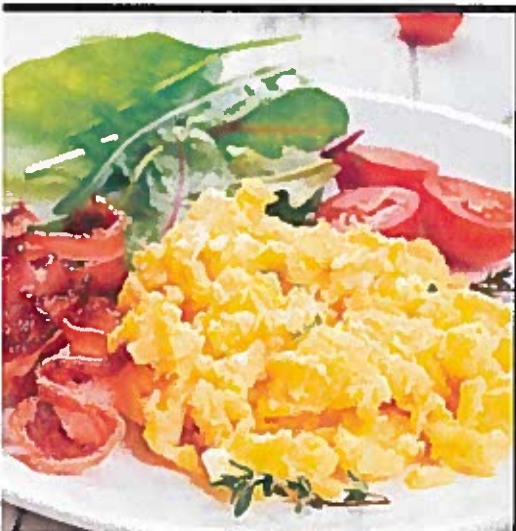
This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

## POWER BRAIN POWER

### FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



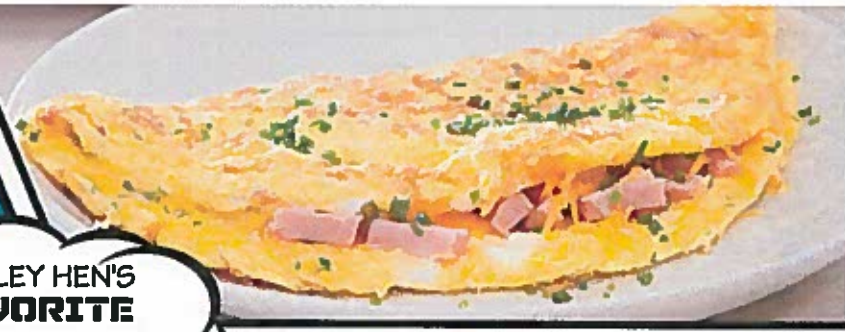
## JOKES OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White

## HADLEY HEN'S FAVORITE ACTIVITY

### Bowling



## HOW MANY?

Count the correct number of each fruit or vegetable below.



	_____		_____
	_____		_____
	_____		_____

- |   |   |
|---|---|
|  |  |
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