



Ivy Academia Elementary School
October 2019 Breakfast and Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
		<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>
BREAKFAST	Non-fat and 1% milk are available at each meal. Fresh fruit is offered at breakfast. Fresh fruit and veggies are served with lunch. *Vegetarian Option		Coffee Cake	Cinnamon Roll	Chocolate Donuts
LUNCH		No School- Rash Hashana	<u>Minimum Day</u> Soybutter and Jelly Sandwiches with Carrots	Chicken Tenders and Baked Beans *Grilled Cheese Sandwich with Baked Beans	Cheese Pizza with Fresh Iceburg Salad
	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>
BREAKFAST	Marshmello Mateys or Cinnamon Toasters with Graham Crackers	Yogurt with Granola		Bagel and Cream Cheese	Cinnamon Roll
LUNCH	Hamburger with Carrots *Veggie Burger with Carrots	Teriyaki Chicken with Brown Rice and Broccoli *Veggie Asian Wrap and Broccoli	No School-Yom Kippur	Turkey Hot Dog with Tater Gems *Mac and Cheese with Tater Gems	Cheese Pizza with Sliced Fresh Iceburg Salad
	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>
BREAKFAST			Coffee Cake	Cinnamon Roll	Chocolate Donuts
LUNCH	No School		<u>Minimum Day</u> Soybutter and Jelly Sandwiches with Carrots	<u>Minimum Day</u> Turkey and Cheese Wrap with Three Bean Salad *Grilled Cheese Sandwich with Three Bean Salad	<u>Minimum Day</u> Pesto Pasta Salad with Sliced Cucumbers
	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>
BREAKFAST	Marshmello Mateys or Cinnamon Toasters with Graham Crackers	Yogurt with Granola	Coffee Cake	Bagel and Cream Cheese	Cinnamon Roll
LUNCH	Hamburger with Carrots *Veggie Burger with Carrots	Teriyaki Chicken with Brown Rice and Broccoli *Veggie Asian Wrap and Broccoli	Chicken Fajita with Tortilla Chips and Pinto Beans *Tofu Fajita with Tortilla Chips and Pinto Beans	Turkey Hot Dog with Tater Gems *Mac and Cheese with Tater Gems	Cheese Pizza with Fresh Iceburg Salad
	<u>28</u>	<u>29</u>	<u>30</u>	<u>31</u>	
BREAKFAST	Cinnamon Toasters or Honey Nut Scooters with Graham Crackers	Blueberry Muffin	Coffee Cake	Cinnamon Roll	
LUNCH	Chicken Patty Sandwiches with Corn *Veggie Burger with Corn	Beef Broccoli over Brown Rice and Carrots *Veggie Asian Wrap with Carrots	Chicken Tenders and Baked Beans *Grilled Cheese Sandwich with Baked Beans	<u>Minimum Day</u> Soybutter and Jelly Sandwiches with Broccoli	