



chartwells
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KITCHEN

CAIRO ELEMENTARY SCHOOL: May 2019 K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1. Southern Style Pork BBQ Sandwich Seasoned Corn Cherry Tomatoes Chilled Peaches	Breakfast For Lunch 2. French Toast Sticks Maple Syrup Pork Sausage Patty Hash Brown Patty Fresh Carrots Fresh Banana	3. Cheese Stuffed Breadsticks w/ Marinara Oven Fries Fresh Caesar Salad Blue Raspberry Sidekick
6. Chicken & Chili Crispito Rice Season Corn Cherry Tomatoes Chilled Peaches	7. Taco Tuesday Beef Soft Shell Taco Tater Tots Refried Beans Mandarin Orange & Pineapples	8. Ham & Swiss On Ciabatta Mashed Potatoes Fresh Carrots Apple Juice	9. Chicken Parmesan Penne Pasta Savory Green Beans Fresh Caesar Salad Fresh Orange Wedges	10. Hot Dog Chips BBQ Baked Beans Kiwi Strawberry Sidekick Lettuce & Tomato Salad
13. Home-Style Meatloaf Dinner Roll Garlic Mashed Potatoes Cucumber & Tomatoes Rosy Applesauce	14. Beef Nachos Tater Tots Refried Beans Mixed Fruit	15. Chicken Rings w/ Ranch Dinner Roll Seasoned Corn Fresh Broccoli Chilled Peaches	16. Salisbury Steak Dinner Roll Mashed Potatoes Seasoned Carrots Mandarin Oranges & Pineapples	17. Brooklyn Style Flat bread Pepperoni Pizza Savory Green Beans Cherry Tomatoes Blue Raspberry Sidekick
20. The Perfect Sloppy Joe Potato Wedges Fresh Carrots Sliced Fresh Apples	21. Taco Tuesday Soft Shell Tacos w/ Shredded lettuce Tater Tots Refried Beans Pineapple Tidbits	22. Sweet & Sour Chicken Rice Savory Green Beans Fresh Cherry Tomatoes Rosy Applesauce	23. Chicken Ranch Wrap Garlic Mashed Potatoes Cucumber & Tomatoes Apple Juice	
<div data-bbox="248 1445 644 1649" data-label="Image"> </div>				1% milk & skim flavored milk are offered daily. Each meal will offer main entrée, ¾ cup of vegetables & ½ cup of fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
Three Cheese Pretzel Bun	Cheeseburger on Bun	Chicken Sandwich	Blueberry Parfait W/ Homemade Granola	Corn Dog



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Please update the bottom of each menu with the Food Focus of the Month as applicable to your menus:



This month
we're celebrating
cranberries



This month
we're celebrating
tomatoes



This month
we're celebrating
berries



This month
we're celebrating
autumn squash

