

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 L Chicken Quesadilla with Whole Kernel Corn (1c)	4 Beef Taquitos (2) with Black Beans (1c)	5 Chicken Tamal with Pinto Beans (1c)	6 Honey BBQ Chicken Wings (4) with Dinner Roll, Carrot Sticks (1c) & Ranch	7 Chicken Fettuccine (1c) Alfredo with Steamed Broccoli & Carrots (1c)
10 L Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Pinto Beans (1c)	11 Spaghetti (1c) & Meatballs with Green Salad (1 1/2c)	12 Cheeseburger with Sweet Potato (1c)	13 Breaded Chicken Drumstick with Mashed Potatoes (1c) & Dinner Roll	14 Chicken (1/2c) Chow Mein (1c) & Steamed Broccoli & Carrots (1c)
17 L Chicken, Cheese & Rice Burrito with Whole Kernel Corn (1c)	18 Macaroni & Cheese (1c) with Green Salad (2c)	19 Red Beef & Cheese Enchiladas with Black Beans (3/4c)	20 Pepperjack Cheeseburger with Sweet Potato (1c)	21 Chicken Fettuccine (1c) Alfredo with Steamed Broccoli & Carrots (1c)
24 HOLIDAY BREAK	25 HOLIDAY BREAK	26 HOLIDAY BREAK	27 HOLIDAY BREAK	28 HOLIDAY BREAK

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PRE-PACKED// Remove Cajun Pasta (cold pasta)// NO Pork for 2 students, send 2 extra vegetarian meals on dates with pork// No Pizza on Menu // Send Disposable Styrofoam Trays Every Day

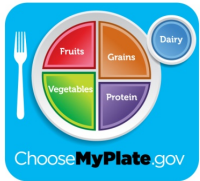


“Eat Right, Be Bright!”

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3 Creamy Chipotle Penne Pasta (1c) with Shredded Cheese (2oz) Whole Kernel Corn (1c)	4 Hawaiian Tofu (1/2c) with Brown Rice Pilaf (1c) ,BBQ Baked Beans (1/2c) & Whole Kernel Corn (1/2c)	5 Three Cheese Lasagna with Mixed Vegetables (3/4c)	6 Garden Burger with Sweet Potato (1c)	7 Orange Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
10 Shredded Cheese (2oz) Nachos (2oz) with Pinto Beans (1c)	11 Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)	12 Fresh Veggie, Bean & Cheese Wheat Tortilla Wrap with Carrot Sticks (3/4c) & Ranch	13 Garden Burger with Mashed Potatoes (1c)	14 Teriyaki Tofu (1/2c) Chow Mein (1c) & Steamed Broccoli & Carrots (1c)
17 Bean & Cheese Burrito with Whole Kernel Corn (1c)	18 Macaroni & Cheese (1c) with Green Salad (2c)	19 Red Cheese Enchiladas with Black Beans (3/4c)	20 Garden Burger with Sweet Potato (1c)	21 Fettuccine (1c) Alfredo with Shredded Cheese (2oz) & Steamed Broccoli & Carrots (1c)
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