

# ST LANDRY CHILD NUTRITION PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 MEATBALLS N GRAV RICE, BROWN CORN, WHOLE KERN BROCCOLI, CHOPPE PINEAPPLE TIDBITS ROLL, WHOLE GRAIN MILK, VARIETY	Nov - 2 HOT/CHILI DOG on B BAKED BEANS 1/2 cu COLESLAW MIXED FRUIT MILK, VARIETY
Nov - 5 SPAGHETTI & MEAT GREEN BEANS SALAD, TOSSED RANCH DRESSING ORANGES HALVES ROLL, WHOLE GRAIN MILK, VARIETY	Nov - 6 NO SCHOOL TODAY	Nov - 7 CHICKEN STEW RICE, BROWN CANDIED YAMS MUSTARD GREENS APPLES, FRESH ROLL, WHOLE GRAIN MILK, VARIETY	Nov - 8 MEAT LOAF MASHED POTATOES CORN, WHOLE KERN MIXED FRUIT ROLL, WHOLE GRAIN MILK, VARIETY	Nov - 9 CORNDOG FRENCH FRIES (BAK BAKED BEANS 1/4 cu PEAR HALVES MILK, VARIETY
Nov - 12 SAUSAGE CREOLE RICE, BROWN BAKED BEANS 1/2 cu SALAD, TOSSED RANCH DRESSING PEAR HALVES ROLL, WHOLE GRAIN MILK, VARIETY	Nov - 13 CHICKEN BREAST C MACARONI AND CHE SALAD, TOSSED RANCH DRESSING PEAS, GREEN APPLES, FRESH ROLL, WHOLE GRAIN MILK, VARIETY	Nov - 14 Lasagna Rollup BROCCOLI, CHOPPE SALAD, TOSSED RANCH DRESSING FRUIT, CANNED (AS ROLL, WHOLE GRAIN MILK, VARIETY	Nov - 15 TURKEY ROAST CORNBREAD STUFFI GREEN BEANS CANDIED YAMS FRUIT SALAD ROLL, WHOLE GRAIN MILK, VARIETY	Nov - 16 PIZZA, CHEESE, WG, FRENCH FRIES (BAK CARROT STICKS -1/4 RANCH DRESSING PEACHES (SLICED O MILK, VARIETY
Nov - 19 HOLIDAY	Nov - 20 HOLIDAY	Nov - 21 HOLIDAY	Nov - 22 HOLIDAY	Nov - 23 HOLIDAY
Nov - 26 CHICKEN on WW BU FRENCH FRIES (BAK SANDWICH SALAD - APPLES, FRESH MILK, VARIETY	Nov - 27 RED BEANS W/SAUS RICE, BROWN MUSTARD GREENS SALAD, TOSSED RANCH DRESSING APPLESAUCE, SWEE CORNBREAD MILK, VARIETY	Nov - 28 BBQ RIB SANDWICH CARROTS, GLAZED SALAD, TOSSED RANCH DRESSING BANANA SLICES MILK, VARIETY	Nov - 29 CHILI CON CARNE W CORN, WHOLE KERN BROCCOLI, CHOPPE PINEAPPLE TIDBITS CORNBREAD MILK, VARIETY	Nov - 30 HOT/CHILI DOG on B BAKED BEANS 1/2 cu COLESLAW MIXED FRUIT MILK, VARIETY

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.