



# LEON COUGAR FOOTBALL



## KEY DATES

May 15-22-29	5:00pm	Teague 7on7 / Lineman Challenge League Night – JV/Var
<b>June 2</b>	<b>TBA</b>	<b>7 on 7 SQT in Lexington</b>
June 5	5:00pm	Teague 7on7 / Lineman Challenge League Night – JV/Var
<b>June 9</b>	<b>TBA</b>	<b>7 on 7 SQT in Palestine</b>
<b>June 4 &amp; 11</b>	<b>9am-3pm</b>	<b>Open Weight Room (Mon thru Thurs – All Athletes)</b>
<b>June 18 &amp; 25</b>	<b>9-11am</b> <b>11am-3pm</b>	<b>Power Camp (Monday thru Thursday – All Athletes)</b> <b>Open Weight Room</b>
<i>July 2 – July 5</i>	<i>No Power Camp – Enjoy the holiday week!</i>	
<b>July 9-16-23-30</b>	<b>9-11am</b> <b>11am-3pm</b>	<b>Power Camp (Monday thru Thursday – All Athletes)</b> <b>Open Weight Room</b>
<b>July 31 – Aug 2</b>	<b>6-8:30pm</b>	<b><u>Incoming</u> 7<sup>th</sup>-8<sup>th</sup>-9<sup>th</sup> Graders Football Skills Camp (FREE)</b>
<i>July 31</i>	<i>11am</i>	<i>12<sup>th</sup> Grade Equipment Issue</i>
<i>Aug 1</i>	<i>11am</i>	<i>10<sup>th</sup> &amp; 11<sup>th</sup> Grade Equipment Issue</i>
<i>Aug 2</i>	<i>11am</i>	<i>9<sup>th</sup> Grade Equipment Issue</i>
<b>Aug 5</b>	<b>Midnight</b>	<b>MIDNIGHT MADNESS WORKOUT &amp; ATHLETE LOCK-IN!</b>
*Lights go on at 10pm, the music starts and the scoreboard clock starts the countdown to the 2018 Football Season! Athletes will spend the night – Food, Movies, Games, etc.		
*Field House doors open at 11:30pm for athletes		
<b>August 7-10</b>	<b>8:30am-11:30am</b> <b>11:30am-1pm</b> <b>1pm-3pm</b>	<b>Morning Practice</b> <b>Break For Lunch</b> <b>Afternoon Walk-Through</b>
August 13-16	4:30pm-8pm	PM Practices Only
August 17	10am	B-Eddy Scrimmage @ Leon
August 23	6pm	R-Lott Scrimmage @ R-Lott

\*JH PRACTICES DO NOT START UNTIL THE FIRST DAY OF SCHOOL – AUGUST 18th

Aug 20-24 JH Athletic Period Only Practices – No After School Practices

Aug 27<sup>th</sup> JH May Begin After School Practices – Monday thru Wednesday until 4:00