

**POMONA UNIFIED SCHOOL DISTRICT
HEALTH SERVICES & PROGRAMS**

**Head Lice (Pediculosis)
Directions for Parents**

1. Your child has been excluded from school due to head lice.
2. **Head lice do not jump or fly.** They are transmitted from one infested person to another by direct hair contact or sharing the use of combs, brushes, towels and articles of clothing such as hats and scarves, or by resting the head on bedding or couches.
3. Lice are difficult to see; eggs (nits) can be observed on the hair, especially behind the ears and at the back of the head. Itching is common. Eggs (nits) are silvery white (or brownish) oval specks attached to the hair.
4. The only effective treatment for head lice is the use of an over the counter lice shampoo, or cream rinse available at most local markets or pharmacies.* Read and follow all directions. **Your child must be lice-free before they can be readmitted to school.**
5. In order to prevent recurrence, disinfection of the home must be carried out after all family members with lice have been treated.
This includes:
 - a. Washing of all brushes and combs with soap and hot water
 - b. Washing of all head scarves, wraps, head coverings and other clothing in hot, soapy water
 - c. Washing of all bed linens and towels in hot, soapy water
 - d. Vacuuming of all rugs, upholstered furniture, sofa pillows and any article of clothing that is not washable
 - e. Placing anything that can not be washed or vacuumed in a sealed plastic bag for two weeks.
6. Parents are expected to treat head lice immediately and return their child the next day. The parent or another adult must accompany your child to the health office for examination before returning to class.

SECTION 6