

Breakfast Menu

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 *Turkey Sausage Breakfast Sandwich (10) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (65) 1% White Milk (19)
4 *Mini Loaf, String Cheese (65) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (10) 1% White Milk (19) Fat Free White Milk (38)	5 *Chicken & Waffle (15) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (60) 1% White Milk (19) Fat Free White Milk (38)	6 *Coffee Cake (80) 1% White Milk (20) Fat Free White Milk (20) Fruit (80)	7 *Whole Grain Cereal, Whole Grain Bites (65) 1% White Milk (33) Fat Free White Milk (32) Fruit (65)	8 Egg Sausage Burrito (CONTAINS PORK) (20) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (40) 1% White Milk (15)
11 *Pan Dulce (60) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (20) 1% White Milk (20) Fat Free White Milk (40)	12 Whole Grain Cereal, Whole Grain Bites, Dried Fruit (80) 1% White Milk (20) Fat Free White Milk (40)	13 Banana Muffin (80) 1% White Milk (20) Fat Free White Milk (20) Fruit (80)	14 *Whole Grain Cereal, Whole Grain Bites (65) 1% White Milk (33) Fat Free White Milk (32) Fruit (65)	15 *French Toast Stix (20) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (40) 1% White Milk (15) Fat Free White Milk (30)
18	19 Whole Grain Cereal, Whole Grain Bites, Dried Fruit (65) 1% White Milk (16) Fat Free White Milk (33)	20 Mango Breakfast Bar (30) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (30) 1% White Milk (15) Fat Free White Milk (15)	21 *Whole Grain Cereal, Whole Grain Bites (65) 1% White Milk (33) Fat Free White Milk (32) Fruit (65)	22 Homestyle Cheddar Biscuit (30) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (30) 1% White Milk (15) Fat Free White Milk (30)
25 * Apple Cinnamon Muffin Flat (60) 1% White Milk (15) Fat Free White Milk (30) Fruit (60)	26 Breakfast Cheese Tamal (30) Whole Grain Cereal, Whole Grain Bites, Dried Fruit (30) 1% White Milk (15) Fat Free White Milk (30)	27 *Pan Dulce (80) 1% White Milk (20) Fat Free White Milk (20) Fruit (80)	28 *Whole Grain Cereal, Whole Grain Bites (65) 1% White Milk (33) Fat Free White Milk (32) Fruit (65)	

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.



