

Variety of Milk Served Daily
 Fat - Free Chocolate
 Fat - Free Strawberry
 Low - Fat White



Lunch Prices:
 \$2.75 Students
 \$3.50 Adults
 Milk .50 cents

High School Lunch Menu

Tailgate Fridays

Monday

Tuesday

Wednesday

Thursday

Student Holiday

Apply for Free and reduced meals online at www.ossdms.org Safe, Secure, Private, Available 24/7, Fast and paperless

3
 Chicken Nuggets
 Garlic Toast
 Ham & Cheese Sandwich
 Salad Bar
 OSHS Variety Combo
 Mixed Vegetables
 Baby Carrots w/ Dip
 Tossed Salad w/ Dressing
 Fresh Apples
 Pear and Kiwi Medley
 Assorted Fruit Juices
 Ice Cream Cup Variety

4
 Chicken Cutlet Sandwich
 Ham and Turkey on Bun
 Salad Bar
 OSHS Variety Combo
 Tater Paws
 Creamy Coleslaw
 Tossed Salad w/ Dressing
 Fresh Kiwi Wedges
 Rosey Applesauce
 Assorted Fruit Juices
 Graham Crackers

5
 Pulled Pork Nachos
 Spanish Rice
 Turkey Bacon Melt
 Salad Bar
 OSHS Variety Combo
 Whole Kernel Corn
 Tomatoes with Dip
 Tossed Salad w/ Dressing
 Fresh Orange Smiles
 Fruit Cocktail
 Assorted Fruit Juices

6
 Pizza
 Hot Dog w/Chips
 Salad Bar
 OSHS Variety Combo
 Baked Beans
 Tomato&Carrots w/Dip
 Tossed Salad w/ Dressing
 Fresh Pears
 Chilled Peach Slices
 Fruit Juice Slushies
 Chocolate Chip Cookie

9
 Chicken Nuggets
 Garlic Toast
 Ham & Cheese on Hoagie
 Salad Bar
 OSHS Variety Combo
 Mashed Potatoes
 Baby Carrots w/ Dip
 Tossed Salad w/ Dressing
 Fresh Orange Smiles
 Chilled Peach Slices
 Assorted Fruit Juices
 Vanilla Pudding

10
 Chicken Fajitas
 Spanish Rice
 Grilled Chicken Sandwich
 Salad Bar
 OSHS Variety Combo
 Pinto Beans
 Celery Sticks with Dip
 Tossed Salad w/ Dressing
 Fresh Apples
 Blushing Chilled Pears
 Assorted Fruit Juices

11
 Steak Fingers
 Garlic Toast
 Teriyaki Chicken/Bun
 Salad Bar
 OSHS Variety Combo
 Oven Fries
 Tomatoes with Dip
 Tossed Salad w/ Dressing
 Fresh Bananas
 Pineapple Tidbits
 Assorted Fruit Juices

12
 Spaghetti/Meat Sauce
 Garlic Toast
 Turkey and Cheese Wrap
 Ranch Dressing
 Salad Bar
 OSHS Variety Combo
 Green Beans
 Tomato & Cucumber Salad
 Tossed Salad w/ Dressing
 Fruited Gelatin
 Assorted Fruit Juices

13
 Pizza
 Hamburger w/ Chips
 Salad Bar
 OSHS Variety Combo
 Potato Salad
 Cucumber Sticks w/Dip
 Tossed Salad w/ Dressing
 Fresh Watermelon Chunks
 Rosey Applesauce
 Fruit Juice Slushies
 Chocolate Pudding

16
 Chicken Nuggets
 Macaroni and Cheese
 Turkey & Cheese Hoagie
 Salad Bar
 OSHS Variety Combo
 Broccoli Salad
 Carrot/Celery/Cucumber
 Tossed Salad w/ Dressing
 Fresh Kiwi Wedges
 Fruit Cocktail
 Assorted Fruit Juices

17
 Beef Taco w/ Soft Torilla
 Fiesta Rice
 Spicy Chickn Sandwich
 Salad Bar
 OSHS Variety Combo
 Pinto Beans
 Baby Carrots w/ Dip
 Tossed Salad w/ Dressing
 Fresh Orange Smiles
 Rosey Applesauce
 Assorted Fruit Juices
 Brownies

18
 Meatballs in Marinara
 Sauce on Hoagie Bun
 BBQ Pork Sandwich
 Salad Bar
 OSHS Variety Combo
 Whole Kernel Corn
 Celery Sticks with Dip
 Tossed Salad w/ Dressing
 Fresh Grapes
 Pear Salad
 Assorted Fruit Juices

19
 Cheesy Chicken Over/Rice
 Yeast Roll
 Turkey Bacon Melt
 Salad Bar
 OSHS Variety Combo
 Steamed Broccoli
 Tomatoes with Dip
 Tossed Salad w/ Dressing
 Fresh Apples
 Chilled Peach Slices
 Assorted Fruit Juices

20
 Pizza
 Hot Dog w/Chips
 Salad Bar
 OSHS Variety Combo
 Criss Cut Sweet Potatoes
 Creamy Coleslaw
 Tossed Salad w/ Dressing
 Fresh Bananas
 Pineapple Tidbits
 Fruit Juice Slushies
 Chocolate Chip Cookie

23
 Chicken Nuggets
 Garlic Toast
 Turkey & Cheese on Bun
 Salad Bar
 OSHS Variety Combo
 Mashed Potatoes
 Baby Carrots w/ Dip
 Tossed Salad w/ Dressing
 Fresh Apples
 Chilled Mandarin
 Oranges
 Assorted Fruit Juices

24
 Beefy Nachos Grande
 Chicken Patty Sndwch
 Salad Bar
 OSHS Variety Combo
 Pinto Beans
 Tomatoes with Dip
 Tossed Salad w/ Dressing
 Fresh Kiwi Wedges
 Pear and Kiwi Medley
 Assorted Fruit Juices
 Sugar Cookie

Homecoming Week

25
 Corn Dog Nuggets
 Grilled Chicken Sandwich
 Salad Bar
 OSHS Variety Combo
 Oven Fries
 Tomato&Carrots w/Dip
 Tossed Salad w/ Dressing
 Fresh Orange Smiles
 Fruit Cocktail
 Assorted Fruit Juices

26
 Chicken Spaghetti
 Yeast Roll
 BBQ Rib Sandwich
 Salad Bar
 OSHS Variety Combo
 Steamed Broccoli Florets
 Tomato/Cucumber Salad
 Tossed Salad w/ Dressing
 Banana Berry Blend
 Pineapple Tidbits
 Assorted Fruit Juices
 Vanilla Pudding

27
 Pizza
 Hamburger w/ Chips
 Salad Bar
 OSHS Variety Combo
 Whole Kernel Corn
 Pea Salad
 Tossed Salad w/ Dressing
 Blueberries
 Chilled Peach Slices
 Fruit Juice Slushies
 Chocolate Pudding

30
 Chicken Nuggets
 Macaroni and Cheese
 Ham & Cheese on Hoagie
 Salad Bar
 OSHS Variety Combo
 Broccoli Salad
 Tomatoes with Dip
 Tossed Salad w/ Dressing
 Fresh Orange Smiles
 Rosey Applesauce
 Assorted Fruit Juice

September Lunch Money for 20 Days
 Full Price Lunch..... \$55.00
 Full Price Breakfast..\$25.00
 Total for the Month.. \$77.00

Menu is subject to change
 Please consult a medical professional for assistance in planning for or treating medical conditions.

Students must choose at least 3 meal components to complete a lunch. One meal component must be a fruit or vegetable.

Reminder: No Charging Meals at the High School per School Board Policy EEAC. Use myschoolbucks.com to monitor lunch accounts and pay online.

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