

VAMS REGULAR BELL SCHEDULE

1 st Period	8:15 am – 9:05 am
2 nd Period	9:09 am – 9:59 am
3 rd Period	10:03 am – 10:53 am
4 th Period	10:57 am – 11:47 am
5 th /6 th Lunch	11:47 am – 12:17 pm
5 th /6 th I-30	12:23 pm – 12:53 pm
7 th /8 th I-30	11:51 am – 12:23 pm
7 th /8 th Lunch	12:23 pm – 12:53 pm
5 th Period	12:57 pm – 1:47 pm
6 th Period	1:51 pm – 2:41 pm
7 th Period	2:45 pm – 3:35 pm

PEP RALLY SCHEDULE

1 st Period	8:15 am – 9:05 am
2 nd Period	9:09 am – 9:59 am
3 rd Period	10:03 am – 10:53 am
4 th Period	10:57 am – 11:47 am
5 th /6 th Lunch	11:47 am – 12:17 pm
5 th Period - 5 th /6 th Grade	12:19 pm – 1:09 pm
5 th Period - 7 th /8 th Grade	11:49 am – 12:39 pm
7 th /8 th Lunch	12:39 pm – 1:09 pm
6 th Period	1:13 pm – 2:03 pm
7 th Period	2:07 pm – 2:57 pm
Pep Rally	3:00 pm – 3:35 pm

EARLY RELEASE SCHEDULE

1st Period	8:15 a.m. – 8:53 a.m.
2 nd Period	8:57 a.m. – 9:35 a.m.
3 rd Period	9:39 a.m. – 10:17 a.m.
4 th Period	10:21 a.m. – 10:59 a.m.
5 th Period	11:03 a.m. – 11:41 a.m.
5 th /6 th Lunch	11:41 a.m. – 12:11 p.m.
6 th Period - 5 th /6 th Grade	12:15 p.m. – 12:53 p.m.
6 th Period - 7 th /8 th Grade	11:45 a.m. – 12:23 p.m.
7 th /8 th Lunch	12:23 p.m. – 12:53 p.m.
7 th Period	12:57 p.m. – 1:35 p.m.

Pep rally dates:

Thursday, September 13

Thursday, October 4

Thursday, October 18

Thursday, November 8