

DB High School (12:15-1:13pm) ~ JANUARY 2019

Pricing: Lunch \$2.60

Ala Carte prices range from \$.50 - \$3.50

LUNCH Menu for Week of JANUARY 7th thru JANUARY 11th (Week 2) Lines 1, 2, and 3

Monday (W2D1)	Tuesday (W2D2)	Wednesday (W2D3)	Thursday (W2D4)	Friday (W2D5)
IN-SERVICE NO SCHOOL	Hot Dog with Chili(33) Tater Tots (15) Baked Beans (36) Creamy Coleslaw (9) MM Fruit Salad (38) Pineapple(19)	Gen Tso's Chic Noodle Bowl (54) Egg Roll(22) Stir Fry Vegetables (3) Glazed Carrots (16) Garden Veggie Cup (3) MixBerryCup(30)Orange Wedges(8)	Corndog Nuggets (40) Steamed Broccoli(5) Corn Niblets (5) Fresh Vegetable Cup (3) Fruit Slush(20)Blushing Pears (23)	Chicken Fries(15)Sauce*Roll (27) Mashed Potatoes (22) California Blend Veg(3) Baby Carrot Cups (8) Raisels (35) Fruit Gelatin (20)

LUNCH Menu for Week of JANUARY 14th thru JANUARY 18th (Week 3) Lines 1, 2, and 3

Monday (W3D1)	Tuesday (W3D2)	Wednesday (W3D3)	Thursday (W3D4)	Friday (W3D5)
Chicken Parmesan Sandwich (48) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Applesce(13) Pineapple tidbits(19)	Taco Salad (40) Corn Niblets (5) Black Beans (15) Cucumber/Tomato Cup (3) Fruit Slushie(20) Peaches (18-30)	Lasagna Roll(35)&Garlic Bread(14) Steamed Broccoli(5) Glazed Carrots (16) Leafy Green Salad (2) Apple(12) Carmel(19) Craisins (28)	Cheesy Chicken Quesadilla (35) Southwestern Beans (15) Corn Niblets (5) Celery/Green Pepper Cup (3) Fruit Slush(20)Blushing Pears (23)	H&S Chic Fries(15)Sauce*Roll(27) Roasted Potato Wedges (22) California Blend Veg(3) Baby Carrot Cups (8) Raisels (35) Fruit Gelatin (20)

LUNCH Menu for Week of JANUARY 21st thru JANUARY 25th (Week 1) Lines 1, 2, and 3

Monday (W1D1)	Tuesday (W1D2)	Wednesday (W1D3)	Thursday (W1D4)	Friday (W1D5)
MLK DAY - NO SCHOOL	Bacon Cheeseburger (31) Tater Tots (15) Baked Beans (36) Cucumber/Tomato Cup (3) Peach Cup(30)Mixed Grapes(8)	Chick Drumsticks(10)&Biscuit(27) Mashed Potatoes (22) Corn Niblets (5) Vegetable Cup (3) Strawberry Cup(33) Pears (23)	Cheese Sticks (33) Marinara (6) Steamed Broccoli(5) Glazed Carrots (16) Leafy Green Salad (2) Fruit Slushie(20)Pineapple(19)	Chick Poppers(17)Sauce*Roll (27) Mashed Potatoes (22) Steamed Peas(11) Baby Carrot Cups (8) Fruit Gelatin (20) Craisins (28)

LUNCH Menu for Week of JANUARY 28th thru FEBRUARY 1st (Week 2) Lines 1, 2, and 3

Monday (W2D1)	Tuesday (W2D2)	Wednesday (W2D3)	Thursday (W2D4)	Friday (W2D5)
Hot & Spicy Chicken Sandwich (43) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Peaches (18-30) Fruit Slushie (20)	Hot Dog with Chili(33) Tater Tots (15) Baked Beans (36) Creamy Coleslaw (9) MM Fruit Salad (38) Pineapple(19)	Chicken Pot Pie () Egg Roll(22) Steamed Broccoli(5) Glazed Carrots (16) Garden Veggie Cup (3) MixBerryCup(30)Orange Wedges(8)	Corndog Nuggets (40) Pinto Beans(5) Corn Niblets (5) Fresh Vegetable Cup (3) Fruit Slush(20)Blushing Pears (23)	Chicken Fries(15)Sauce*Roll (27) Mashed Potatoes (22) California Blend Veg(3) Baby Carrot Cups (8) Raisels (35) Fruit Gelatin (20)

Numbers in parenthesis () indicate the carb counts for the item listed

"This institution is an equal opportunity provider."

KIOSK LUNCH CHOICES AVAILABLE DAILY (Activities Lobby, Soc Stud Pod)		Cafe Express	
*Assorted Hot Entrees	*Fresh Baked Pizza (35-36)	*Pizza (29)	*Veggies - Asstd.
*Fruit & Yogurt Parfaits (72)	*Variety of Fruit & Fresh Veggies	*Daily Entrée	*WG Cookies (24) *Chips
*Various Grab & Go Salads	*Chips, Asstd Grains, Cereal Bars	*Uncrustable (33)	*Ice Cream/Frozen Yogurt
*Fast Pack (46)/PBJ Fast Pack (86)	*Rice Krispies, Baked Cookies(32)	*Fast Packs (40)	*Dippin Dots
*Assorted Sandwiches	*Assortment of Milk and beverages	*Fruit - Asstd.	*G2, Powerade
		*Iced Mocha Latte (6) & Sweet Tea(9)	

All breakfasts/lunches must contain a fruit or vegetable.

For more information about meals, nutrition, and our online payment system, visit our website at www.k12k.com.

(Line 4) SUB SANDWICH STATION - SALAD BAR - BAKED POTATOES			
Salad Bar \$2.60	CHEF SALAD ONLY	*	Sub Sandwich Station \$2.60 * Includes Chips
(includes meat) (15)		*	Fresh Baked Sub Roll (32) with 2 oz Meat(s) of Choice:
Assorted Grains - up to 2 choices		*	(Ham, Turkey, Roast Beef, Pastrami & Cheese)
Fruit Choices - up to 2		*	Variety of Veggie Toppings and Condiments
Loaded Baked Potato Entrée (40) -includes 2oz cheese, butter, & sour cream (pick up a fruit or milk to make a meal)			
Please note: The combination of the salad bar AND sandwich bar will result in ala carte pricing.			

Soup Available on Monday, Wednesday & Friday - \$1.50



BREAKFAST

BREAKFAST MENU (Cafeteria) Students must choose a fruit for meal pricing				Breakfast Pricing: \$1.50	
Monday	Tuesday	Wednesday	Thursday	Friday	
Sausage Biscuit (26) Apple juice / Pineapple tidbits (19)	Egg & Cheese Croissant (28) Orange Juice / Peaches(18)	Sunrise Sausage & Egg Slider (28) Apple Juice / Fresh Orange (8)	Ham Cheese Croissant (28) Orange Juice / Pears (23)	Chicken(8) Biscuit (27) Apple Juice / Fruit Mix (20)	
Breakfast items offered on a daily basis: Cereal (14-25) / Fruit (12-20) / Fruit Juice (13-19) Assorted Fruit (12-22)		Rotating Alternate Breakfast Choices : Poptart (37)/Muffin (23-28)/Cereal Bar (26-29)		Milk choices offered with breakfast and lunch daily: 1% milk (11) 1% Chocolate milk (24) / 1%Strawberry milk (22) FF White Milk (12)	
2nd Chance Kiosk Breakfast - \$1.50 Served in Activities lobby, Soc Stud Pod &CTE Bldg				**Breakfast Meal includes a Juice and Fruit and Milk Choices	
Monday	Tuesday	Wednesday	Thursday	Friday	
Sausage or Chicken Biscuit (29)	Rotating Banana Bread (44)/WG Donuts(41) Bfst Parfait(40)/Mini Pancakes(29) French Toast(26)/Syrup (31) Choc chip French Toast(35)	Ham/Cheese Croissant (28)	Rotating Banana Bread (44)/WG Donuts(41) Bfst Parfait(40)/Mini Pancakes(29) French Toast(26)/Syrup (31) Choc chip French Toast(35)	Sausage or Chicken Biscuit (29)	

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