

**Canyon County Self Rescue Manual**  
**A guide to community resources and supports**  
**in Region 3.**

**Please email updates/feedback/information**  
**to: [selfrescue@phd3.idaho.gov](mailto:selfrescue@phd3.idaho.gov)**



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## **CLOTHING & FURNITURE**

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### **Love, Inc.**

16470 N Franklin Blvd  
Nampa, ID 83687  
*Ph: 208-466-7810 ext. 5*  
Requests are taken via the telephone and an application process, resources for furniture, bedding, adult, teen, and children's clothing. Mon- Fri 9:30am to 1:00pm

### **Clothing Shed – Lakeview Church of the Nazarene**

Pastor Gretchin  
Ph: 208-466-0112

### **IMSI Hope Community Phase II**

963 S Orchard Suite 101  
Boise ID Ph: 208-629-8861  
Clothing voucher/housing /employment/bus passes for those out of incarceration.  
[www.imsihopecommunityphaseii.com](http://www.imsihopecommunityphaseii.com)

### **St. Vincent DePaul-Our Lady of Guadalupe Food Pantry**

2920 E Railroad St  
Nampa, ID 83687  
*Ph: 208-442-4452*  
Tues/Thur 3:00pm to 5:00pm

### **Seventh Day Adventist Community Services**

2216 E Linden St  
Caldwell, ID 83605  
*Ph: 208-454-3549*  
Clothing and food resources upon availability.  
Mon 10:00am-12:30pm  
Tues 2:30pm-5pm  
Caldwell residents only.

### **Seventh Day Adventist Community Services**

1515 Checola  
Nampa, ID 83686  
*Ph: 208-461-1651*  
Clothing and food resources, once per month.  
Wed 12:00pm-4:00pm  
Nampa residents only. Photo id required. Must bring proof of Nampa residence (not id).

### **Lighthouse Rescue Mission**

304 16th Ave N  
Nampa, ID 83687  
*Ph: 208-461-5030*  
[www.boiserm.org](http://www.boiserm.org)  
Open and staffed 24/7. Emergency shelter and drug/alcohol recovery program. 3 meals/day for residents and men, women, and children in the area

### **Deseret Industries**

619 S Canyon St  
Nampa, ID 83686  
*Ph: 208-498-0569*  
Services provided to any student in the Nampa school district. School clothing, shoes, belts. Can call directly or speak with school counselor.

### **Our Lady of the Valley Outreach**

3719 E Cleveland Blvd  
Caldwell, ID 83605  
*Ph: 208-454-2132*  
Located inside St. Vincent's.  
Store hours: Mon-Sat 9:00am-6:00pm  
Store Food bank: Wed 2:00pm-5:00pm  
Helpline Ph: 208-919-2940  
Spanish Ph: 208-571-2160

Helpline available 24/7; will get a response within 24-48 hours (rent, utilities, clothing, furniture, household items)

## **COMMUNITY MEALS**

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### **Lighthouse Rescue Mission**

304 16th Ave N  
Nampa, ID 83651  
*Ph: 208-461-5030*  
Serves 3 Meals a Day for residents and the community. Breakfast Mon-Sat 6:30am, Sun 8:00am; Lunch Mon-Sat 12:00pm, Sun 1:00pm; Dinner Mon-Sun 7:00 pm  
[www.boiserm.org](http://www.boiserm.org)

### **Salvation Army-Nampa**

403 12th Ave S  
Nampa, ID 83651  
*Ph: 208-467-6586*  
Serve 2 meals a day M-F; Breakfast 8am, Lunch 11:30am.  
[www.nampa.salvationarmy.org](http://www.nampa.salvationarmy.org)

## **COUNSELING & MENTAL HEALTH**

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### **A New Beginning Wellness Center**

8660 W Emerald, Ste 142  
Boise ID 83704  
Office hrs: 9-5 Mon – Thurs  
Evening appts available to schedule call 208-939-3865  
Counseling, Peer Support, and Family Support, TBRI Trainings. Accept Medicaid &

Private Insurance.  
[www.anbwellnesscenter.org](http://www.anbwellnesscenter.org)

**Ability Health and Rehabilitation**

10101 W Overland Rd #110  
Boise, ID 83709  
Ph: 208-333-9578  
Fax: 208-333-9582 Peer support services, medical management, CBRS, case management, counseling. Medicaid and private insurance.

**About Balance Mental Health**

6550 Emerald St Ste 108  
Boise, ID 83704  
Ph: 208-342-6300  
Mon-Fri, 9:00am-5:00pm, Fri 9:00am-3:00pm in summer. Counseling, med management, CBRS, case management, peer support. Accepts Medicaid and sliding scale fee with a minimum of \$50 for Therapy and \$61 for Med Management.  
[www.aboutbalance.net/](http://www.aboutbalance.net/)

**Acacia Wellness Center**

217 W Georgia Ave  
Nampa, ID 83686  
Ph: 208-498-1760  
Crisis: 208-914-3053  
Mon 9:00am-8:00pm (6-8pm for walk-ins)  
Tue 9:00am-6:00pm  
Closed Tues/Thur from 11:00am-1:00pm  
Wed 9:00am-7:00pm  
Thurs 9:00am-6:00pm  
Friday 9:00am-5pm  
Evening appointments available upon request. Private pay/Medicaid/private insurance/sliding scale

Mental health, CBRS, case management, med management, peer support, substance abuse groups, individual therapy.  
[www.acaciawellness.org](http://www.acaciawellness.org)

**Access Behavioral Health Services**

3307 Caldwell Blvd Ste 102  
Nampa, ID, 83651  
Ph: 208-465-4833  
Mon-Fri 8:00am-5:00pm  
Walk in appointments available on a limited basis. Medicaid/private insurance/Medicare/MMCP/sliding scale/EAP. Counseling, case management, CBRS, developmental therapy for children and adults, peer support, substance abuse groups, individual therapy, med management. Emergency walk in clinic for medication on Fri.  
[www.accessbhs.com](http://www.accessbhs.com)

**Access Living**

690 S Industry Way, Ste 45  
Meridian, ID 83642  
Ph: (208)922-2207  
Mon-Fri, 9-6  
Counseling, CBRS, Child Development Therapy, Adult Day Treatment, Med Management, Case Management. Medicaid, Sliding Scale, most insurances.  
[accesslivingllc.com](http://accesslivingllc.com)

**Advocates Against Family Violence-Hope's Door**

1508 Hope Ln, Ste 102  
Caldwell, ID 83605  
Ph: 208-459-4779

24/7 Crisis Hotline Toll Free: 1-877-459-4779

Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober housing, childcare center, teen outreach program, rural outreach program.  
[www.aafvhope.org](http://www.aafvhope.org)

**Alliance Family Services**

6003 W Overland Rd  
Boise, ID 83709  
Ph: 208-922-6538  
Med management, psychotherapy, CBRS, case management, peer support, psychotherapy groups, company employee and family assistance programs, and substance abuse services. Accepts most insurances, Medicaid, Medicare, Blue Cross, United Behavioral Health, workman's comp, private pay, BPA, and Tricare.  
<http://www.alliancefamilyservices.net/home.html>

**All Seasons Mental Health**

1007 W Orchard  
Nampa, ID 83651  
Ph: 208-461-2838  
General medicine, family practice, psychiatric care, psychological testing and diagnostics, counseling, bereavement, med management, community based care, supported living, developmental therapy, benefits assistance, CBRS, physicals, wellness checks, specialist referrals, healthy connections referrals, case management, interpretive

services offered for many different languages.

Blue Cross, Blue Shield, United, ID Physicians Network, Aetna, Medicaid, Medicare, sliding scale.

[www.asmh.org](http://www.asmh.org)

**All Together Now**

2995 N Cole Rd, Ste 270  
Boise, ID 83704

Stonegate Plaza

*Ph: 208-336-4504*

Med management, CBRS, counseling, rehabilitation services, case management. Private pay, sliding scale, and most insurances accepted.

[www.alltogether-now.com](http://www.alltogether-now.com)

**Alpine Behavioral Health**

8590 W. Fairview Ave  
Boise ID 83704

*Ph: 208-672- 0260*

Psychotherapy, Case Management, CBRS, Payee Services, Med management, Conflict Resolution/ Mediation. Interpreters available.

Medicaid, Medicare, private pay, sliding scale, most insurances accepted.

[www.alpinebehavioralhealth.com](http://www.alpinebehavioralhealth.com)

**Alturas Counseling, LLC**

5185 W Overland Rd  
Boise ID 83705

*Ph: 208-991-0225*

Counseling for individuals, couples, family, children, adolescences, elderly, development disabilities, refugees, and military.

Most insurances, Medicaid, Medicare, and Tricare.

<http://alturascounseling.com>

**Ambitions of Idaho**

1031 W. Sanetta St  
Nampa, ID 83651

*Ph: 208-466-7443*

Mon-Fri 9:00am-5:00pm

CBRS, anger management, faith based counseling, diagnostic interviews, EMDR, grief counseling, life/success coaching, counseling, case management, support/education, residential habilitation, behavior consultation, med management, nursing services, A&D waiver/PCS services representative, and payee services.

24 Hour Crisis Intervention

*Ph: 208-794-2379*

Medicaid/ Medicare/private pay/private insurance/sliding scale/pro bono. Bilingual available.

**Ascent Behavioral Health**

366 SW 5th Ave, Ste 100  
Meridian, ID 83642

*Ph: 208-898-9755*

*Text: 208-352-6563*

Hours: Mon-Fri 9:00am-6:00pm

<http://www.ascentbhs.org>

**Aspire Assessments and Health Resources**

16 12<sup>th</sup> Ave S. Ste 201  
Nampa ID 83651

*Ph: 208-921-1024*

**Aspire Professional Counseling Services**

14880 Alkmaar St  
Caldwell, ID 83607

*Ph: 208-585-3062*

Tues 9:00am-9:00pm

Crime victim comp/private insurance/EAP.

Early childhood trauma, marriage counseling, family therapy, children and adults. EMDR certified.

**Aura Counseling and Wellness, LLC**

1224 1<sup>st</sup> St S Suite 306  
Nampa, ID 83651

*Ph: 208-463-4639*

Offer mental health and substance abuse disorder services including: assessments, case management, individual, family, and couples' therapy, group counseling, anger management, parenting classes and drug testing. We accept BPA funding, Medicaid, private insurance, and utilize a sliding fee scale.

[www.auracounseling.com](http://www.auracounseling.com)

**Beyond The Yellow Ribbon Counseling Services**

4250 Cessna St Bldg 270  
Boise, ID 83705

*Ph: 208-272-8393*

Family Srvcs: 800-479-7006  
Crisis Hotline: 208-860-0189

Provides services to all military branches, veterans, family members and retirees. Stress and coping with change, work-life balance, anxiety/depression, anger mgmt., conflict resolution, crisis counseling. Please call to schedule an appointment.

**Brighter Future Health**

316 12th Ave Rd  
Nampa, ID, 83686

*Ph: 208-461-1300*

Mon- Fri 9:00am-5:00pm

Evening appointments available upon request. Medicaid/Medicare/private pay/sliding scale. Mental health services for adults and children, CBRS, case management, med management. Interpreters available. [www.brighterfuturehealth.com](http://www.brighterfuturehealth.com)

**Canyon Counseling Center**

718 S 7<sup>th</sup> Ave  
Caldwell ID 83605  
*Ph: 208-454-1576*  
Individual and family therapy, adolescent and children therapy (ages 7+).  
Mon-Thur 9:00am-6:00pm  
Crime victim comp/private insurance.  
[www.canyoncounselingcenter.com](http://www.canyoncounselingcenter.com)

**Canyon Clinic Wellness**

524 Cleveland Blvd, Ste 140  
Caldwell, ID 83605  
*Ph: 208-453-5151*  
Services offered to clients who need help during a recovery process. Classes offered for taking next steps, stress management and tobacco cessation.  
[www.canyonwellness.org](http://www.canyonwellness.org)

**Carol Collins Counseling**

1909 S 10<sup>th</sup> Ave  
Caldwell ID 83605  
*Ph: 208-454-3825*  
Individual therapy, family therapy, marriage counseling  
Private insurance only.

**CenterPointe, Inc.**

915 Park Center Way, Ste 7  
Nampa, ID 83651  
*Ph: 208-442-7791*

Mon- Thur 9:00am-6:00pm  
Fri 8:00am-5:00pm  
Medicaid/ private pay/ Blue Cross. Individual therapy, family therapy, CBRS, med management. Ages 4-18.  
[www.centerpointeinc.com](http://www.centerpointeinc.com)

**Children's Therapy Place**

5640 E. Franklin Rd, Ste 180  
Nampa, ID 83687  
*Ph: 208-323-8888*  
Speech/language therapy, occupational therapy, physical therapy, teletherapy, developmental therapy, service coordination, academic tutoring.  
Hours vary per appointment.  
Medicaid/Tri-Care/Private Insurance.  
<http://childrenstherapyplace.com/>

**Dennis Augustus Counseling**

17329 Colt Dr  
Caldwell, ID 83607  
*Ph: 208-459-8088*  
Mon- Fri 8:00am-8:00pm  
Crime victim comp/private insurance/EAP.  
Abuse recovery, drug and alcohol counseling, mental health (anxiety, depression), marriage counseling, stress management.

**Diane Kruse**

1214 12<sup>th</sup> Ave S  
Nampa, ID, 83651  
*Ph: 208-466-2666*  
Mon- Thur  
Crime victim comp/  
EAP/private insurance.  
Mental health counseling for adults.

**Empowering Choices Counseling**

104 9<sup>th</sup> Ave S, Ste B1  
Nampa, ID 83651  
*Ph: 208-803-0883*  
Tele-therapy available for anybody residing in Idaho. Accept major insurance companies, EAP, Medicaid, and self-pay. Individual counseling for mental health & addiction issues. Provide DUI evaluations and GAIN assessments.

**Family Counseling of Nampa-E. Fred Snow**

1214 12<sup>th</sup> Ave S  
Nampa, ID 83651  
*Ph: 208-468-0902*  
EAP/ private insurance.  
Family and marriage counseling.

**Family Medicine Health Center**

215 E Hawaii Ave Floor 1  
Nampa ID 83686  
Medicaid, Medicare, sliding fee program. Beginning of life through end of life care. Women's health, chronic disease management, Hep C, HIV, mental health services, and more. Community health workers and certified enrollment counselors.  
<http://www.fmridaho.org.patients>

**Families ETC (Education, Training, and Counseling)**

516 Holly St 3<sup>rd</sup> Floor  
Nampa, ID 83686  
A counseling clinic that provides low cost individual, child/adolescent, couple and family counseling. We do not bill insurance; our services are low cost and provided on

a sliding scale between \$10 - \$60 per session. Appts are available Mon – Thurs between 9AM – 9PM. Ph: 208-467-8837. Visit [www.familiesetcnampa.com](http://www.familiesetcnampa.com)

**Four Rivers Mental Health**

1605 Kimball Ave  
Caldwell, ID 83605  
Ph: 208-454-2766  
Mon-Thur 9:00am-3:00pm  
Eating disorders, drug and alcohol counseling, mental health. Bilingual.  
Medicaid/Blue Shield/private pay. [www.fourriversmh.com](http://www.fourriversmh.com)

**Healing Scars Counseling Center**

324 Caldwell Blvd, Ste G  
Nampa, ID, 83651  
Ph: 208-467-9044  
Private insurance/Crime victim comp/EAP.  
Bilingual.

**Healthy Transitions for Girls, LLC**

1015 Caldwell Blvd #18  
Nampa, ID 83651  
Ph: 541-417-0837  
[peggy@healthytransitionsforgirls.com](mailto:peggy@healthytransitionsforgirls.com)  
Group and Individual counseling for girls and woman. A 12-week, strength-based prevention program to help girls develop positive body image in the critical window of ages 8 to 14 when their bodies are changing.  
[www.healthytransitionsforgirls.com](http://www.healthytransitionsforgirls.com)

**Hudson Counseling**

1909 S 10<sup>th</sup> Ave

Caldwell, ID 83605  
Ph: 208-228-0301  
Mon-Thur 10:00am-7:00pm  
Private insurance/EAP.  
Anxiety, depression, individual and couples' therapy for teenagers and adults

**Human Supports of Idaho, Inc.**

314 Badiola St  
Caldwell, ID 83605  
Ph: 208-454-8389  
CBRS, case management, individual counseling, family and child counseling, group therapy, peer support, med mgmt., SUD services (outpatient and intensive outpatient) and payee service. Most insurances accepted including Medicaid and Medicare; some sliding fee and pro bono services available.  
[www.humansupports.com](http://www.humansupports.com)

**Idaho Behavioral Health**

524 South 9th St, Ste 103  
Caldwell, ID 83605  
Ph: 208-454-2144  
CBRS, case management, counseling, group therapy, psychological testing, med management. Telehealth services provided to rural areas. Medicaid/Private Insurance/sliding fee.  
[www.idahobehavior.com](http://www.idahobehavior.com)

**Idaho Behavioral Health-Nampa**

1811 E Karcher Rd  
Nampa ID 83687  
Ph: 208-505-4419

**Idaho Youth Ranch Family Services**

7025 W Emerald  
Boise, ID 83704  
Ph: 208-972-0863  
Provides outpatient individual, group and family therapies to kids and families struggling with trauma.

**Life Counseling Center**

112 12<sup>th</sup> Ave Rd  
Nampa, ID 83686  
Ph: 208-465-5433  
Mon- Thur 9:00am-6:00pm  
Fri 8:00am-5:00pm  
Private insurance/Medicaid/EAP.  
Family and couples counseling, individual therapy, med management.

**Lifeways in Caldwell**

2609 S 10<sup>th</sup> Ave, Ste 102  
Caldwell ID 83605  
Ph: 208 454-2766  
Services include mental health assessments, SUD/DUI evaluations; GAIN assessments, SUD/MRT groups, individual, child, family & couple's therapy, Play therapy, substance use disorder evaluation, classes & victim impact panels, EMDR, psychiatric medication subscribing, case management, telehealth, SOAR-SSI/SSDI outreach access and recovery  
[www.lifeways.org](http://www.lifeways.org)

**Lifeways in Nampa**

824 S Diamond St  
Nampa ID 83686  
Ph: 208 546-3046  
[www.lifeways.org](http://www.lifeways.org)



**Mana Resources**

923 Grant St  
Caldwell, ID 83605  
*Ph: 208-585-3375*  
Counseling services to children, youth, adults, couples and families. Medicaid/Private Insurance.  
[www.manaohana.org](http://www.manaohana.org)

**Montgomery Counseling Center**

323 12<sup>th</sup> Ave  
Nampa, ID, 83686  
*Ph: 208-463-0212*  
Mon- Fri 8:00am-5:00 pm  
Individual therapy, couples and family counseling, GAIN Assessments.  
Private insurance/EAP/Medicaid.  
[www.montgomerycounselingcenter.com](http://www.montgomerycounselingcenter.com)

**Mountain States Chemical Dependency & Counseling Services, Inc.**

1305 2nd St S, Ste 201  
Nampa, ID 83651  
*Ph: 208-463-0202*  
Mon-Thur 9:00am- 5:00pm  
Alcohol/drug education, relapse prevention, DUI class, anger management, recovery groups, individual counseling services.

**Nampa Family Justice Center**

1305 3<sup>rd</sup> St S  
Nampa, ID 83686  
*Ph: 208-475-5702*  
Crisis counseling, domestic violence, sexual abuse, family therapy, individual therapy, group therapy, parenting, play therapy.  
Private insurance/Medicaid/ Crime victim comp.

[www.nampafamilyjusticecenter.org](http://www.nampafamilyjusticecenter.org)

**A New Leaf**

2548 N Stokesberry Pl  
Meridian, ID 83646  
*Ph: 208-939-3888*  
Habilitative intervention supports, therapy, med management, and residential habilitation.  
[www.anewleaf.info/](http://www.anewleaf.info/)

**Nurturing Hope & Healing, LLC**

1105 2<sup>nd</sup> Street South, Suite 100  
Nampa ID 83651  
*Ph: 208-922-7554*  
Rebekah Rene Stearns, MA, LPC. Provides individual and couples counseling. Sliding fee scale available.  
[www.nurturinghopeandhealingcounseling.org](http://www.nurturinghopeandhealingcounseling.org)

**Pioneer Health Resources-Nampa**

204 10th Ave S  
Nampa, ID 83651  
*Ph: 208- 466-2229*  
Mon-Fri 8:00am-5:00pm  
Open later for group programs.  
CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees.  
[www.pioneerhealthresources.com](http://www.pioneerhealthresources.com)

**Pioneer Health Resources-Caldwell**

1305 S Kimball

Caldwell, ID 83605  
*Ph: 208- 459-1039*  
Mon-Fri 8:00am-5:00pm  
Open later for group programs. CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees.  
[www.pioneerhealthresources.com](http://www.pioneerhealthresources.com)

**Recovery 4 Life – Behavioral Health**

709 Dearborn St  
Caldwell, ID 83605  
*Ph: 208-376-7083*  
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell.  
[www.recovery4lifedaho.com](http://www.recovery4lifedaho.com)

**Refuge Counseling Center-Nampa**

4144 E Amity Ave  
Nampa, ID 83687  
*Ph: 208-465-4985*  
Individual counseling, couples/marital counseling, family counseling, premarital counseling, referral and consultation services.



EAP/sliding scale/  
partnerships whereas  
churches and ministries may  
help with cost.

<http://refugecounseling.com/>

**Refuge Counseling Center-  
Meridian**

3023 E Copper Point Ste 105  
Meridian, ID 83642  
Ph: 208-465-4985

Individual counseling,  
couples/marital counseling,  
family counseling, premarital  
counseling, referral and  
consultation services.

EAP/sliding scale/  
partnerships whereas  
churches and ministries may  
help with cost.

<http://refugecounseling.com/>

**Region III Mental Health**

3402 Franklin Rd  
Caldwell ID 83605  
Ph: 208-459-0092

Adult and Children's services  
– crisis services, medication  
management, and individual  
counseling. Sliding Fee.

**Serenity Now Counseling  
Services**

430 W Iowa Ave Ste B  
Nampa, ID 83686  
Ph: 208-867-9329

Accepts sliding scale and  
insurance.

[www.serenitynowes.com](http://www.serenitynowes.com)

**Shannon Sorini, LCSW**

1909 10<sup>th</sup> Ave  
Caldwell, ID 83605  
Ph: 208-409-7286

Individual therapy, family  
therapy, trauma-focused for  
children and adults.

Crime victim comp/private  
insurance/EAP.

[www.shannonsorini.com](http://www.shannonsorini.com)

**S.T.A.R.R. Family Behavioral  
Health**

1108 W Finch Dr  
Nampa ID  
Ph: 208-466-3900  
8100 W Emerald St, Ste 150  
Boise ID

Ph: 208-908-6399  
Mental health evaluations,  
individual counseling, family  
counseling, play therapy,  
early childhood trauma,  
couples/mental counseling,  
addiction therapy, trauma-  
focused for children and  
adult, domestic violence  
children and adults, parenting  
ed, CBRS, case mgmt., med  
mgmt., children's respite  
care, crisis response, referral  
and consultation services.  
Medicaid/Medicare, all major  
insurances; sliding scale.

[www.starrfbh.com](http://www.starrfbh.com)

**Stellar Mental Health &  
Mediation**

3904 E Flamingo  
Nampa, ID 83687  
Ph: 208-639-1514  
Counseling, CBRS, case  
management, payee services,  
groups, mediation, parenting  
coordination.

[www.stellaridah.com](http://www.stellaridah.com)

**Still Waters Behavioral  
Health**

305 Cornell St  
Middleton, ID 83644  
Ph: 208-614-0550  
Individual counseling for  
adults, adolescents, children,  
couples counseling, family

counseling, premarital  
counseling. EAPs/sliding scale  
based on income. Evening  
appointments available. Visit  
[www.stillwatersbh.com](http://www.stillwatersbh.com)

**Strive Counseling**

5700 E Franklin Rd, Ste 220E  
Nampa, ID 83687

Ph: 208-936-1097

Mon- Fri 8:00am-6:00pm  
Individual therapy, couple  
and family counseling,  
domestic violence victim  
therapy, sexual abuse victim  
therapy, trauma, stress,  
parenting.

Private insurance/EAP/sliding  
scale/Medicare.

**Terry Reilly Nampa 1<sup>st</sup> Clinic  
– Medical, Dental, Behavioral  
Health, and Urgent Care**

207 1<sup>st</sup> Street S

Nampa, ID 83651

Ph: 208-466-7869

Services: Behavioral health  
assessments, individual,  
couples and family  
counseling, support and  
therapy groups, case  
management, psychiatric  
medication management.  
We accept private insurance,  
Medicaid, Medicare, and  
sliding fee scale based on  
income.

[www.trhs.org](http://www.trhs.org)

**Terry Reilly Nampa 16<sup>th</sup> Clinic**

223 16<sup>th</sup> Avenue N

Nampa ID 83687

Ph: 208-318-2100

**Terry Reilly Arlington Clinic**

2005 Arlington Ave

Caldwell ID 83605

Ph: 208-459-1025

**Terry Reilly Middleton Clinic**

201 S Paradise Ave  
Middleton ID 83644  
Ph: 208-585-0048

**Terry Reilly Melba Clinic**

150 2<sup>nd</sup> St  
Melba ID 83641  
Ph: 208-495-1011

**TRHS- SANE Solutions**

**Victim Treatment**

211 16<sup>th</sup> Ave N  
Nampa, ID, 83687  
Ph: 208-467-7654  
Services: Survivors counseling, child abuse counseling, personal safety classes, protective parenting classes, family counseling. insurance/Medicaid/sliding scale/EAP. Bilingual.

**TRHS- SANE Solutions**

**Offenders Treatment**

1504 3<sup>rd</sup> Street N  
Nampa ID 83687  
Ph: 208-345-1170  
Services: Offenders counseling, group counseling, juvenile sex offender risk assessment, batterers treatment. insurance/Medicaid/sliding scale/EAP. Bilingual.

**Webb Psychological Clinic Institute**

408 22<sup>nd</sup> Ave S  
Nampa, ID 83651  
Ph: 208-466-8267  
Mon-Fri 9:00am-5:00pm  
Individual therapy (children and adult), marriage and family therapy, psychological assessments.

Crime victim comp/private insurance/EAP.

**Wholeness Counseling & Trauma Healing**

1015 Caldwell Blvd  
Nampa, ID 83651  
Ph: 208-353-4173  
Mon-Fri 10:00am-7:00pm;  
Sat by appointment  
PTSD, sexual abuse, domestic violence, grief, adults, couples, family, Christian counseling. Ages 16+ only. Private insurance/private pay/EAP.  
[www.mikaylaforrest.com](http://www.mikaylaforrest.com)

**CRISIS  
RESOURCES &  
HOTLINES**

**A New Beginning Pregnancy Help**

8660 W. Emerald St., Suite 142  
Boise, ID 83704  
Ph: 208-985-5617  
Free pregnancy tests and free options counseling. Community resource referrals.  
[admin@adoptanewbeginning.org](mailto:admin@adoptanewbeginning.org)  
[www.adoptanewbeginning.org/pregnancy](http://www.adoptanewbeginning.org/pregnancy)

**Advocates Against Family Violence-Hope's Door**

1508 Hope Ln, Ste 102  
Caldwell, ID 83605  
Ph: 208-459-4779  
24/7 Crisis Hotline Toll Free: 1-877-459-4779  
Domestic violence and sexual assault shelter, sexual assault response team, court

advocacy, groups/classes, counseling, safe and sober housing, childcare center, teen outreach program, rural outreach program.  
[www.aafvhope.org](http://www.aafvhope.org)

**Boys Town-National Hotline-Suicide & Crisis**

Ph: 1-800-448-1833  
Toll Free: 1-800-448-3000  
24-hour, nationwide, short-term crisis intervention hotline. Main focus is children and families, but serves anyone with any problem. Will provide referral to local agencies in the United States, Canada, Guam, and The Virgin Islands. 402-498-1300.  
[www.boystown.org](http://www.boystown.org)

**Covenant House Nineline**

Toll Free: 1-800-999-9999  
24/7. Provides crisis intervention to homeless, runaway, and other troubled youth and their families throughout the United States. All calls are serviced regardless of age and situation.  
<https://teenlineonline.org/yy/covenant-house-nineline/>

**Idaho CareLine**

Ph: 2-1-1 or 800-926-2588  
A free, statewide comprehensive community information and referral service.

**Idaho Domestic Violence Hotline**

Ph: 1-800-669-3176  
Provides information and assistance to victims of domestic violence.

**Idaho Suicide Prevention  
Hotline & Veterans Crisis  
Line**

*Ph: 800-273-TALK (8255)*  
A toll-free, confidential  
service available 24/7.

**Mothers Against Drunk  
Driving (MADD)**

*Ph: 877-623-3435*  
A national, toll-free 24/hr.  
hotline for victims of drunk  
driving.

**National Hotline on Domestic  
Violence**

*Ph: 800-799-7233*  
A toll-free service that  
provides information and  
assistance to victims of  
abuse.

**National Sexual Assault  
Hotline:**

*Ph: 1-800-656-HOPE (4673)*  
A toll-free, confidential  
service available 24/7 for  
victims of sexual assault.

**Parents of Murdered  
Children (POMC)**

*Ph: 888-818-POMC (7662)*  
A national organization to  
assist those who have lost a  
loved one.

**Women and Children's  
Alliance**

24-hour Domestic Violence  
Hotline *Ph: 208-343-7025*  
24-hour Rape Crisis Hotline  
*Ph: 208-345-7273*  
Provides comprehensive  
supportive services to women  
and children victimized by  
physical and sexual violence.

## **DENTAL**

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**Terry Reilly Canyon Dental**

11136 Moss Ln  
Nampa, ID 83651  
*Ph: 208-466-0515*  
Dental exams and cleaning, X-  
ray, fillings, crowns and  
bridges, dentures and  
partials, extractions, including  
wisdom teeth, root canal  
therapy, minor oral surgery,  
diabetes oral health care, pre-  
natal oral health care,  
pediatric oral health care.  
We accept private insurance,  
CHIP, Medicaid, and offer a  
sliding fee scale based on  
income.

**Terry Reilly Homedale Dental**

8 N. 2nd St W  
Homedale, ID 83628  
*Ph: 208-337-6101*  
Dental exams and cleaning, x-  
ray, fillings, crowns and  
bridges, dentures and  
partials, extractions, including  
wisdom teeth, root canal  
therapy, minor oral surgery,  
diabetes oral health care, and  
pre-natal oral health care.  
We accept private insurance,  
CHIP, Medicaid, and offer a  
sliding fee scale based on  
income.

**Terry Reilly Melba Clinic**

150 2<sup>nd</sup> St  
Melba, ID 83641  
*Ph: 208-495-1011*  
Dental exams and cleaning, x-  
ray, fillings, crowns and  
bridges, dentures and  
partials, extractions, including  
wisdom teeth, root canal  
therapy, minor oral surgery,  
diabetes oral health care, and

prenatal oral health care.  
We accept private insurance,  
CHIP, Medicaid, and offer a  
sliding fee scale based on  
income.

**Terry Reilly Nampa 1<sup>st</sup> Clinic**

207 1<sup>st</sup> Street S  
Nampa ID 83651  
*Ph: 208-466-7869*  
Dental exams and cleaning, x-  
ray, fillings, crowns and  
bridges, dentures and  
partials, extractions, including  
wisdom teeth, root canal  
therapy, minor oral surgery,  
diabetes oral health care, and  
pre-natal oral health care.  
Limited incomes may qualify  
for reduced fees.

**Terry Reilly Dental-  
Middleton**

201 Paradise Ave  
Middleton, ID 83644  
*Ph: 208 585-0048*  
Dental exams and cleaning, x-  
ray, fillings, crowns and  
bridges, dentures and  
partials, extractions, including  
wisdom teeth, root canal  
therapy, minor oral surgery,  
diabetes oral health care, and  
pre-natal oral health care.  
Limited incomes may qualify  
for reduced fees.

**Valley Family Health Care-  
Payette Medical and Dental  
Clinics**

1441 NE 10th Ave  
Payette, ID 83661  
*Ph: 208-642-9376*  
Provides assistance and  
allows low income access to  
overall dental and health  
care.

## EDUCATION

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### **Adult Education:**

#### **CWI Community College**

Through the Adult Campus on Caldwell BLVD – Organized through Department of Health and Welfare

Contact your local office. Program through Workforce Investment Act, (WIA).

#### **Stevens-Henager College**

16819 N Marketplace Blvd  
Nampa, ID 83687

Ph: 208-466-2251

<https://www.stevenshenager.edu/locations/nampa>

#### **Trio**

322 E Front St, Ste 190  
Boise, ID 83702

Ph: 866-624-9925  
or 208-364-9925

<https://educationalopportunitycenter.wordpress.com/>

#### **Treasure Valley West #710**

1018 W. Sanetta St  
Nampa, ID 83651

Ph: 208-465-8414

#### **Western Idaho Community Action Partnership - WICAP**

Ph: 208-454-0675

Toll Free: 1-877-270-9086

Employment and training services. [www.wicap.org](http://www.wicap.org)

\*Most online charter schools offer a program for free GED

## SCHOOL PROGRAMS &

## SCHOOL SUPPLIES

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#### **Computers for Kids, Inc.**

8540 W Elisa St  
Boise ID, 83709

Ph: 208-345-0346

9:00am-4:00pm

Distributes refurbished computers to underprivileged Idaho children for their home use. [www.cfkid.org](http://www.cfkid.org)

#### **Nampa School District 131**

446 Lake Lowell  
MV Office

Ph: 208-468-4601 Ext. 1161

Contact: Steffanie Altenbern  
[saltenbern@nsd131.org](mailto:saltenbern@nsd131.org) or  
Mirella Garcia.

Provide resources and support for homeless students.

#### **Big Brothers Big Sisters of Southwest Idaho**

110 N 27th St  
Boise, ID 83702

Ph: 208-377-2552

One-to-one mentoring relationships intended to help children reach their full potential. Vision is a successful mentoring relationship for all children who need and want one, contributing to brighter futures, better schools, and stronger communities for all. Serving all of southwest ID. [www.bbbsidaho.org](http://www.bbbsidaho.org)

#### **Caldwell School District - Early Childhood Intervention Program**

1502 Fillmore St

Caldwell, ID 83605

Ph: 208-455-3300

Program for developmentally delayed children 3 to 4 years old. Testing available. Contact local school district.

[www.sd132.k12.id.us](http://www.sd132.k12.id.us)

#### **Community Council of Idaho- Head Start**

22730 Farmway Rd, Ste 112  
Caldwell, ID 83605

Ph: 208-459-6536

Toll Free: 1-800-787-7863

Migrant & seasonal worker year round head start program. ESL classes also available for parents of students. Some additional resources available.

[http://communitycouncilofidaho.org/head\\_start](http://communitycouncilofidaho.org/head_start)

#### **Computer Lab-South Middle School, Nampa**

229 W Greenhurst Rd  
Nampa, ID 83686

Ph: 208- 468-4740

Mon/Tues/ Thur nights

5:30pm-7:30pm during the school year, excluding non-school days. Computer lab is open to the public. The lab will also have a printer available that charges 10 cents per one-sided copy (cash or coin only).

[www.south.nsd131.org/](http://www.south.nsd131.org/)

#### **Advocates Against Family Violence - Hope Ln. Learning Center**

1508 Hope Ln

Caldwell, ID 83605

Ph: 208-459-6330

Daycare/preschool Located in Caldwell. Located Near Van Buren Elementary and Head

Start Bus Stops. Offers preschool, meals, arts and crafts weekly, after school program ICCP accepted.

**Tutoring at Farmway**

22730 Farmway Rd  
Caldwell, ID 83605  
Ph: 208-455-3300

Tutoring for migrant children who need assistance with learning English and with school work.

Mon-Fri 3:45pm-4:45pm

**The Mentoring Network, Inc.**

Nampa, ID 83653  
Ph: 208-880-1690

School based individual mentoring for grades 1-8 provided on a weekly basis by trained volunteers. In the Nampa & Caldwell school districts. Supervision and support provided by program director.

[www.MentoringNetworkID.org](http://www.MentoringNetworkID.org)

**Online School Options:**

**Another Choice Virtual Charter School**

1014 W Hemingway Blvd  
Nampa, ID 83651  
Ph: 208-475-4255

Free online schooling, grades K-12. Visit website for additional information.

[www.anotherchoicecharter.org](http://www.anotherchoicecharter.org)

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**AFTER SCHOOL PROGRAMS:**

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**Treasure Valley YMCA**

3720 S Indiana Ave  
Caldwell, ID 83605

Ph: 208-454-9622

Financial reduced prices based on home income levels/family size. There is also an after school/homework help program found on the website with direct busing from the schools.

<http://www.ymcatvidaho.org/membership/financial-assistance/>

**Nampa Recreational Facility**

131 Constitution Way  
Nampa, ID 83686

Ph: 208-468-5777

They sponsor several families each month with requirements for monthly attendance. Contact the membership coordinator for additional information. Sign up is required prior to a certain day each month for monthly evaluation.

**Boys and Girls Club Nampa**

316 Stampede Dr  
Nampa, ID 83687

Ph: 208-461-7203

Cost is \$20 a year. Busing can occur directly from school but then parents must pick up children on time. Limited space available.

**Caldwell School District**

21<sup>st</sup> Century after school  
Director: Kathleen Vadapalli  
Ph: 466-6586 Ext. 209

Homework help for clients with difficulty learning. Salvation Army after school program. Can also purchase monthly memberships.

For grant applications email [kvadapalli@caldwellschools.org](mailto:kvadapalli@caldwellschools.org)

**Salvation Army-Nampa**

403 12th Ave S  
Nampa, ID 83651

Ph: 208-467-6586

After school program M-F 3pm-6pm, it's low cost and ICCP is accepted. Contact Jennifer Hatch. We have a summer day camp program open from 7am-6pm M-F starting the week after school lets out and ending the week before school begins.

[www.nampa.salvationarmy.org](http://www.nampa.salvationarmy.org)

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**EMPLOYMENT & CASUAL LABOR**

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**Administrative and Light Industrial**

101 S Capitol Blvd, Ste 501  
Boise, ID 83702

Ph: 208-375-9930

Temporary work hire, short and long term, clerical, accounting, light industrial available. Must complete application, safety test, pre-employment drug screen & background check. Must provide 2 work references & i.d. that proves legally able to work in the U.S. Paid weekly. Usually \$8 - \$14 per hour. Must speak basic English.

<http://www.volt.com/>

**Community Council of Idaho**

317 Happy Day  
Caldwell, ID 83607

Ph: 208-454-8604

Free services provided to migrant or farm working families and individuals that need help integrating into the

working field. Services include education and training based on skills needed to gain employment.

[www.communitycouncilofidaho.org](http://www.communitycouncilofidaho.org)

**Idaho Department of Labor-Caldwell-WIA**

4514 Thomas Jefferson St  
Caldwell, ID

*Ph: 208-364-7781*

Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth.

[www.labor.idaho.gov](http://www.labor.idaho.gov)

**Idaho Department of Labor-Boise-WIA**

317 W Main St  
Boise, ID 83735

*Ph: 208-332-3575*

Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth.

[www.labor.idaho.gov](http://www.labor.idaho.gov)

**Elwood Staffing-Boise**

8708 Fairview Ave  
Boise, ID 83704

*Ph: 208-327-1000*

Helps find employment in warehouses, manufacturing/production, construction, clerical, etc.

[www.elwoodjobs.com](http://www.elwoodjobs.com)

**Elwood Staffing-Nampa**

2585 Caldwell Blvd, Ste 103  
Nampa, ID 83651

*Ph: 208-468-7899*

Helps find employment in warehouses, manufacturing/production, construction, clerical, etc.

[www.elwoodjobs.com](http://www.elwoodjobs.com)

**Intelligent Employment Solutions**

732 Caldwell Blvd, Ste C  
Nampa, ID 83651

*Ph: 208-463-9228*

Provides help finding a job in the community.

<http://www.iescustomstaffing.com/>

**Hopes Door Shelter**

702 E Chicago St  
Caldwell, ID 83605

*Ph: 208-459-6279*

Helps women find job openings, create resumes & cover letters. Service specialist helps with dress for success referrals meal planning for work. Services are free. <https://aafvhope.org/>

**Labor Finders**

Resources based online—no office in local area.

*Ph: 208-442-7713*

<http://laborfinders.com>

**Labor Ready Temporary Service**

10 W Franklin Rd  
Meridian, ID 83642

*Ph: 208-331-3606*

After application process is complete, employee is asked to come into office at 6:00am if desiring employment.

Mon-Fri 6:00am-5:30pm, Sat 7:00am-10:00am and 5:00pm-6:00pm, Sun closed.

Application time & dates may vary-please call office for current application times.

Applicant will need 2 forms of i.d. such as a state photo i.d., social security card, certified birth certificate, or passport.

Spanish interpreters available.

<http://www.laborready.com/>

**Pro People Staffing Services**

703 2nd St S

Nampa ID

*Ph: 208-463-8552*

Temporary employment.

Applications taken Mon-Fri 9:00am-2:00pm.

Need 1-2 hours to complete application or online. Dress nicely for interview process.

Free training & skills testing.

Temp to hire based on work.

Pay averages \$8-\$10 per hour.

<http://propeoplestaffing.com>

**Elmwood Staffing**

2585 Caldwell Blvd, Ste 103  
Nampa, ID 83651

*Ph: 208-468-7899 (Nampa)*

*Ph: 208-327-1000 (Boise)*

Clerical, skilled trades, production & technical work, and labor work available.

Temp to hire based on work.

Pay averages \$8-10/hour.

**Treasure Valley West #710**

1018 W. Sanetta St  
Nampa, ID 83651

*Ph: 208-465-8414*

Services provided for those with adults disabilities to enhance their living through employment and community enrichment. This is program is state and federally funded.

[www.vr.idaho.gov](http://www.vr.idaho.gov)



**Witco**

3919 E Ustick Rd  
Caldwell, ID 83605  
*Ph: 208-454-3051*

Services for children and adults with disabilities to increase their potential for independent living, including teaching skills and job coaching. Services can be provided for those with array of insurances as well as Medicaid, Medicare, and Blue Cross.

[www.witcoinc.net](http://www.witcoinc.net)

**Working Solutions (Easter Seals)**

1613 Park Centre Way  
Nampa, ID 83651  
*Ph: 208-466-2671*

For those referred by the Idaho Department of Health and Welfare. Services provided are for adults who need help with job preparation including job orientated classes, workforce development, and resources to obtain a job (i.e. clothing and transportation).

[www.easterseals.com](http://www.easterseals.com)

## **FINANCIAL & UTILITY ASSISTANCE**

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**Heat/Electric:  
Navigators-with children only**

823 Park Centre Way  
Nampa, ID 83651  
*Ph: 1-800-926-2588*

Must contact through 211 by requesting a call back from the navigators.

**St. Vincent DePaul**

2920 E Railroad St  
Nampa ID  
*Ph: 208-442-4452*  
Tues/Thur 3:00pm-5:00pm

**Salvation Army-Nampa**

403 12th Ave S  
Nampa, ID 83651  
*Ph: 208-467-6586*  
[www.nampa.salvationarmy.org](http://www.nampa.salvationarmy.org)

**Salvation Army-Caldwell**

1015 East Chicago St  
Caldwell, ID 83605  
*Ph: 208-467-6586*  
[www.nampa.salvationarmy.org](http://www.nampa.salvationarmy.org)

**Western Idaho Community Action Partnership - WICAP**

502 Main St  
Caldwell, ID 83605  
*Ph: 208-454-0675*  
*Toll free: 1-877-270-9086*  
Provides energy assistance when funding is available.  
Mon-Fri 8:00am-5:00pm, closed 12:00-1:00pm  
Service available once per year, or if emergency shut off when medical equipment present  
[www.wicap.org](http://www.wicap.org)

**Phone:**

**Assurance Telephone Lifeline**  
*Ph: 888-321-5880*

**Idaho Telecommunications Service Assistance Program**

Contact local DH&W—  
<http://healthandwelfare.idaho.gov/ContactUs/Region3/tabid/227/Default.aspx>

**Miscellaneous:**

**St. Clare's Outreach Program**

3719 E Cleveland Blvd  
Caldwell, ID 83605  
*Ph: 208-454-2132*  
Wed 2:00pm-4:00pm  
Utility assistance; must bring photo ID and utility bill.  
Caldwell residents only.

**Our Lady of the Valley Outreach**

3719 E Cleveland Blvd  
Caldwell, ID 83605  
*Ph: 208 454-2132*  
Located inside St. Vincent De Paul. Wed 2:00pm-4:00pm  
Must go in person; no assistance over the phone.  
Maximum of \$50 to be used towards power, heating, and prescriptions paid directly to utility company or pharmacy.  
Must have i.d. with matching address as bill.

**Nampa Family Justice Center-Elder Abuse**

1305 3rd St S  
Nampa, ID 83651  
*Ph: 208-475-5702*  
Must be 50 years of age or older, have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver, or trusted other.

## **FOOD PANTRIES**

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**Caldwell:**  
**St. Clare's Food Bank**



3719 E Cleveland Blvd  
Caldwell, ID 83605  
*Ph: 208-454-2132*  
Located inside St. Vincent De Paul. Wed 2:00pm-5:00pm

**CCOA**

304 N Kimball  
Caldwell, ID 83605  
*Ph: 208-459-0063*

**New Life Celebration Church**

1201 Arthur St  
Caldwell, ID 83605  
*Ph: 208-454-1758*

**The Salvation Army**

1015 East Chicago St  
Caldwell, ID 83605  
*Ph: 208-459-2011*  
Tues/Wed/Thur 1:00pm-3:30pm

**World Harvest Food Pantry**

803 Main St  
Caldwell, ID 83605  
*Ph: 208-284-4411*  
Open the Third Saturday of every month 10am- noon

**Oasis**

615 16<sup>th</sup> Ave S  
Caldwell, ID 83605  
*Ph: 208-459-6000*  
Wed 12:00pm-2:00pm with lunch, Thur 4:00-6:00pm

**Seventh Day Adventist**

**Community Services-  
Caldwell**

2216 East Linden St  
Caldwell, ID 83605  
*Ph: 208-454-3549*  
Mon 10:00am-12:30pm, Tues 3:30pm-6:00pm  
Closed on major holidays.

**Western Idaho Community  
Action Partnership-WICAP**

502 Main St  
Caldwell, ID 83605  
*Ph: 208-454-0675*  
*Toll free: 1-877-270-9086*  
Mon-Fri 8:00am-5:00pm,  
Closed 12:00-1:00pm  
Food Pantry hours  
Mon/Tues/Fri 8:00am-5:00pm, Closed 12:00-1:00pm  
Can use once per month.  
[www.wicap.org](http://www.wicap.org)

**Greenleaf, Middleton:  
Greenleaf Friends Church**

20535 Academy Rd  
Greenleaf, ID 83626  
*Ph: 208-459-3896*

**Middleton Food bank**

6 E 1<sup>st</sup> St N  
Middleton, ID 83644  
*Ph: 208-585-6634*  
Mon/Wed/Fri 12:30pm-1:30pm. Must call for appointment.

**Nampa:**

**Harvest Life Church**

11437 Orchard Ave  
Nampa, ID 83651  
*Ph: 208-465-7327*  
Wed 7:00pm, Sun 8:45am, 10:30am, 12:30pm  
Must attend a service before food is given.

**Nampa Spanish Seventh Day  
Church**

323 11<sup>th</sup> Ave S  
Nampa, ID 83651  
*Ph: 208-921-3027*  
Tues/Thur 1:00-4:00pm

**Nazarene Care House**

1524 6<sup>th</sup> St S  
Nampa, ID 83651

*Ph: 208-466-3549*  
Tuesdays, Thursdays, and Sat 12:30pm - 4:00pm

**Seventh-day Adventist  
Community Services**

1515 Chicola  
Nampa ID, 83651  
*Ph: 208-461-1651*  
Wed 12:00pm-4:00pm

**St. Vincent DePaul**

2920 E Railroad St  
Nampa, ID 83687  
*Ph: 208-442-4452*  
Tues/Thur 3:00pm-5:00pm

**Storehouse Outreach**

303 10<sup>th</sup> Ave N  
Nampa, ID 83687  
*Ph: 208-570-9729*  
Home Delivery for shut-ins and seniors.

**12 Baskets Food Pantry**

11220 Lone Star Rd  
Nampa, ID 83651  
*Ph: 208-546-5896*  
Mon/Fri 12:00pm-2:00pm  
<http://foodbank.vcfnapa.com/>

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## HOUSING ASSISTANCE

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**Advocates Against Family  
Violence**

1508 Hope Ln  
Caldwell, ID 83605  
*Ph: 208-459-6330*

**Autumn Gold**

813 E Fargo Ave  
Nampa, ID 83687  
*Ph: 208-461-7789*

Help with housing programs including down payments and closing costs.

<http://www.autumngold.org/>

**Boise VA Medical Center Homeless Veterans Program**

Provides services to Veterans who are homeless or almost homeless.

Ph: 208-422-1039

**Caldwell Housing Authority**

22730 Farmway Rd  
Caldwell, ID 83607

Ph: 208-459-2232

<http://chaidaho.org/>

**The Jesse Tree of Idaho**

16 12<sup>th</sup> Ave So, Ste 114

Nampa, ID 83651

Ph: 208-941-3188

Hours: 10am to 2pm Fridays

**SICHA**

377 Cornell St

Middleton, ID 83644

Ph: 208-585-9325

<http://www.sicha.org/Public/HousingAuthorityRentals/>

**Nampa Housing Authority**

211 19th Ave N

Nampa, ID 83687

Ph: 208-466-2601

<http://nampahousing.com/>

**The Salvation Army Community Family Shelter**

1412 4<sup>th</sup> St S

Nampa, ID 83651

Ph: 208-467-6586

We are open M-F 8am-1pm for showers and laundry at our shelter facility and open for Emergency housing during winter months (Dec-Feb).

Must go through approval process for admittance.

[www.nampa.salvationarmy.org](http://www.nampa.salvationarmy.org)

**Salvation Army-Nampa**

403 12th Ave S

Nampa, ID 83651

Ph: 208-467-6586

School supplies: We sign up kids beginning of August who are in need of school supplies to start school. Dates may vary.

[www.nampa.salvationarmy.org](http://www.nampa.salvationarmy.org)

**Salvation Army-Caldwell**

1023 E Chicago St

Caldwell, ID 83605

Ph: 208-459-2011

<http://www.salvationarmy.org/>

**Navigator-Health & Welfare (if children present):**

823 Park Centre Way

Nampa, ID 83651

Ph: 1-800-926-2588

Must contact through 211 care line.

<http://healthandwelfare.idaho.gov/ContactUs/Region3/NampaOffice/tabid/715/Default.aspx>

**Idaho Inc:**

4110 Eaton Way

Caldwell, ID 83607

Ph: 208-455-9463

**Caldwell/Vallivue/ Nampa Resource Coordinator-**

**Homeless Liaison:**

5207 S Montana Ave

Caldwell, ID 83607

Ph: 208-454-0445

Contact the district office for contact information.

**C.A.T.C.H. of Canyon County**

16 12<sup>th</sup> Ave, Ste 114

Nampa, ID 83651

Ph: 208-442-5300

A referral must be generated from a caseworker at one of the shelters; direct contact is not possible.

<http://www.catchprogram.org/>

Email: [info@catchprogram.org](mailto:info@catchprogram.org)

**Mana Resources**

923 Grant St

Caldwell, ID 83605

Ph: 208-585-3375

Housing, employment assistance, and IL skills.

Training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.

[www.manoahana.org](http://www.manoahana.org)

**PATH-Project for Assistance in Transition from Homelessness**

Ph: 208-608-3766

or 208-336-5533 Ext. 276

Assistance to individuals who are currently homeless or at risk for becoming homeless.

<https://www.benefits.gov/benefits/benefit-details/728>

**Idaho Department of Health and Welfare Website**

Located on the Idaho Department of Health and Welfare website, under the providers tabs there is lists created by the department that allow one to see what kind of different housing options are available in the community.

<http://www.healthandwelfare.idaho.gov/Providers/tabid/284/Default.aspx>

**Living Independence**

**Network Corp**

1609 S Kimball Ste. 201  
Caldwell, ID 83605  
Ph: 208-454-5511

Referral service for disabled,  
connecting people to  
independence.

[canyoninfo@lincidaho.org](mailto:canyoninfo@lincidaho.org)  
[info@lincidaho.org](mailto:info@lincidaho.org)

## **LEGAL ASSISTANCE**

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**Advocates for the Disabled**

222 8th Ave S  
Nampa, ID 83651  
Ph: 208-461-4210

By appointment only.  
<http://www.shelldisability.com/>

**Area Agency on Aging**

125 E. 50<sup>th</sup> St  
Garden City, ID  
Ph: 208-991-5629  
<https://aging.idaho.gov/>

**Canyon County Courthouse-  
Court Assistance Office**

1115 Albany St, Ste 334  
Caldwell, ID 83605  
Ph: 208-454-7455  
Mon/Wed/Thur/Fri  
9:00am-3:30pm  
Closed 12:00-1:00pm  
Legal Forms Workshop  
Every Tues @ Canyon County  
Courthouse, 9:30am-4:00pm  
Call for more information and  
registration.  
Email: [cao@canyonco.org](mailto:cao@canyonco.org)  
[www.courtselfhelp.idaho.gov](http://www.courtselfhelp.idaho.gov)

**CASA**

120 S 9th Ave

Caldwell, ID 83605  
Ph: 208-454-9167 Ext. 1012

Volunteers are appointed by  
the courts to advocate and  
represent abused and  
neglected children in the  
court system.

<http://www.strongandsafe.org/>

**Concordia University Housing  
Clinic**

Ph: 208-639-5422

Concordia Law's Housing  
Clinic takes new clients from  
September-November and  
February-April. Call or email  
to sign up.

[lawclinic@cu-portland.edu](mailto:lawclinic@cu-portland.edu)  
<http://law.cu-portland.edu/community-engagement/housing-clinic-legal-representation>

**Concordia University St. Law  
Clinic**

Boise Public Library  
715 S Capitol Blvd  
Boise, ID 83702

Ph: 208-972-8200

The 2<sup>nd</sup> and 4<sup>th</sup> Mon every  
month 4:30-6:00pm

<http://law.cu-portland.edu/academics/experiential-learning/clinics>

**Idaho State Bar Association  
& Idaho Law Foundation**

Attorney Referral Service

Ph: 208-334-4500

A referral is free. The  
attorneys in the Lawyer  
Referral Service have agreed  
to charge \$35 for an initial 30-  
minute consultation.

[https://isb.idaho.gov/general/fin\\_dattorney.html](https://isb.idaho.gov/general/fin_dattorney.html)

**Intermountain Fair Housing  
Council**

5460 W Franklin Rd  
Boise, ID 83705

Ph: 208-383-0695

<http://www.ifhcidaho.org/>

**Nampa Family Justice  
Center- victims of abuse**

1305 3<sup>rd</sup> St

Nampa, ID 83651

Ph: 208-475-5702

<http://www.nampafamilyjusticecenter.org/190/Family-Justice-Center>

**Legal Aid**

1104 Blaine

Caldwell, ID 83606

Ph: 877-500-2980

or 208-454-2591

[www.idaholegalaid.org](http://www.idaholegalaid.org)

**Port of Hope**

508 E Florida Ave

Nampa, ID 83686

Ph: 208-463-0118

<http://www.courtselfhelp.idaho.gov/>

**State Attorney General**

**Criminal Victim Witness**

**Coordinator**

Ph: 208-334-4547

or 888-334-4547

[victimcoordinator@ag.idaho.gov](mailto:victimcoordinator@ag.idaho.gov)

<http://www.ag.idaho.gov/victim>

[Assistance/victimAssistance index.html](http://www.ag.idaho.gov/victimAssistance/index.html)

**University of Idaho Tax Clinic**

Ph: 208-364-4074

If you would like more  
information about the Tax  
Clinic, or if you would like the  
Tax Clinic to consider  
representing you in a  
controversy with the IRS,  
please contact Barbara Lock  
in Boise. [block@uidaho.edu](mailto:block@uidaho.edu)

<https://www.uidaho.edu/law/academics/practical-skills/clinics/low-income-tax>

## **MEDICAL ASSISTANCE**

### **Canyon County Community Clinic**

524 Cleveland Blvd, Ste 110  
Caldwell, ID 83605

*Ph: 208-455-1143*

Clinic offered to those on a non-emergency basis with current medical conditions. Clients that are eligible for service have no insurance, meet income guidelines, and must be a Canyon County resident.

<http://www.canyon-clinic.org/>

### **Canyon County Indigent Fund**

Canyon County Courthouse  
1115 Albany St  
Caldwell, ID 83605

*Ph: 208-454-7419*

### **Family Medicine Health Center**

215 E Hawaii Ave  
Nampa, ID 83686  
Medicaid, Medicare, sliding fee, private ins. Beginning of life through and end of life care. Women's Health, Chronic Disease

Management, Hep C, HIV, mental health and more. Community Health Worker and Certified Enrollment Counselors.

*Ph: 208-514-2529*

<https://www.fmridaho.org/patients/>

### **Genesis Community Health**

215 W 35th St  
Garden City, ID 83714

*Ph: 208-384-5200*

Idaho Crime Victims Compensation Program  
208-334-6080 or toll-free statewide at 800-950-2110. Provides financial assistance to crime victims who are injured as the result of criminally injurious conduct. Boise and surrounding area.

<http://genesiscommunityhealth.com/>

### **Nampa Family Justice Center-Elder Abuse**

Address: 1305 3rd St So  
Nampa, ID 83651

*Ph: 208-475-5702*

Must be 50 years of age or older; have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver or trusted other. Emergency funding for prescription medication assistance, eye glass assistance, transportation assistance, referrals for counseling, support groups and possible legal aid to support establishing safety.

<http://www.nampafamilyjusticecenter.org/899/Elder-Abuse-What-is-it-How-Can-I-Help>

### **Nampa School District 131**

MV Office  
446 Lake Lowell

*Ph: 208-468-4601 Ext. 1161*

Contact Person: Steffanie Altenbern  
[saltenbern@nsd131.org](mailto:saltenbern@nsd131.org) or Mirella Garcia.

Provide resources and support for homeless students.

<http://www.nsd131.org/>

### **Our Lady of the Valley Outreach**

3719 E Cleveland Blvd  
Caldwell, ID 83605

*Ph: 208-454-2132*

Located inside St. Vincent DePaul. Maximum of \$50 to be used towards prescriptions paid directly to the pharmacy.

Wed 2:00pm-4:00pm

Must go in person; no assistance over the phone.

### **Southwest District Health-Communicable Disease Prevention**

13307 Miami Ln  
Caldwell, ID 83605

*Ph: 208-455-5362*

Surveillance, investigation, and counseling to control the spread of disease. Provides reporting according to Idaho code. <http://www.swdh.org/>

### **Southwest District Health-HIV/AIDS-Sexually Transmitted Disease Services**

13307 Miami Ln  
Caldwell, ID 83605

*Ph: 208-455-5345*

Testing, counseling, and education to prevent the spread of disease.

STD/HIV/AIDS Prevention.

<http://www.swdh.org/clinical-services.asp>

### **Terry Reilly Nampa 1<sup>st</sup> Clinic**

207 1<sup>st</sup> Street S

Nampa ID 83651

*Ph: 208-466-7869*

Services: Urgent Care (Nampa 1<sup>st</sup> Only), child & adolescent health, adult & senior health, women's health, prenatal & OB care, immunizations, chronic & disease management, pharmacy, laboratory, x-ray.

**Terry Reilly Nampa 16<sup>th</sup> Clinic**

223 16<sup>th</sup> Avenue N  
Nampa, ID 83687  
Ph: 208-318-2100

**Terry Reilly Arlington Clinic**

2005 Arlington Ave  
Caldwell ID 83605  
Ph: 208-459-1025

**Terry Reilly Middleton Clinic**

201 S Paradise Ave  
Middleton ID 83644  
Ph: 208-585-0048

**Terry Reilly Melba Clinic**

150 2<sup>nd</sup> St  
Melba ID 83641  
Ph: 208-495-1011

## **MEDICAL RESOURCES**

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**Treasure Valley Wheelchair Resources**

DAV  
500 W Fort St.  
Boise, ID 83705  
Ph: 208-429-2140  
Older Veterans Assistance Program (OVAP)

DME Loaners  
2906 S 10<sup>th</sup> Street  
Caldwell, ID 83605  
Ph: 208-316-1529 for Mike  
Ph: 208-965-5654 for Jack

Brothers Mike and Jack Rogers repair and loan durable medical equipment.

Gordon Souza with Vietnam Veterans of America  
Ph: 208-459-2134  
Email: [gordysouza@gmail.com](mailto:gordysouza@gmail.com)  
Repairs and provides motorized and manual wheelchairs in the Caldwell area.

Hands of Hope NW  
1201 S. Powerline Road  
Nampa, ID 83651  
Ph: 208-461-1473  
Loan durable medical equipment to area residents after surgery or to the elderly.

Heroes on Wheels  
134 E. Main Street  
Rexburg, ID 83340  
Ph: 208-359-6249  
Providing Veteran mobility one chair at a time

Idaho Assistive Technology  
322 E. Front Street  
Boise ID 83704  
Ph: 208-364-4564  
Loaning and receiving donations of used medical equipment.

Knights of Columbus – Nampa Council  
Ph: 208-871-2480 for Joseph Dunn  
Repair and loan of wheelchairs.

LINC (Living Independence Network Corp)  
1878 W. Overland Rd  
Boise, ID 83706  
Ph: 208-336-3335  
703 S. Kimball Ave  
Caldwell, ID 83605  
208-454-5511  
1182 Eastland Drive N.  
Twin Falls, ID 83301

Ph: 208-733-1712  
Offering tools and advocacy to support people maintaining independent living.

Veterans Mobility Corporation  
2052 Jennie Lee Drive, Suite 1  
Idaho Falls, ID 83274  
Ph: 208-541-4809  
Provides veterans and their spouses or children with motorized wheelchairs at no cost

Vets for Success Thrift Store  
10321 Fairview Ave  
Boise, ID 83704  
Ph: 208-322 6536  
Provides durable medical equipment and household goods for Veterans in need.

St Vincent de Paul Thrift Store  
4308 W. State St  
Boise, ID 83705  
Ph: 208-853-4921  
Will loan wheel chairs and other durable medical equipment.

## **PREGNANCY, PARENTING, & FAMILY**

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**A New Beginning Adoption Agency & Pregnancy Help**  
8660 W. Emerald St, Suite 142  
Boise, ID 83704  
Ph: 208-939-3665  
Free tests and free pregnancy options counseling, open and semi-open adoption planning, assistance with medical, legal



and living expenses. On-going counseling with licensed professional counselor after pregnancy, online support group, mentorship, monthly support group events around the Treasure Valley and annual events. Community resource referrals.

Email:

[admin@adoptanewbeginning.org](mailto:admin@adoptanewbeginning.org)  
[www.adoptanewbeginning.org/pregnancy](http://www.adoptanewbeginning.org/pregnancy)

**Baby Haven - Salvation Army Caldwell**

1015 E Chicago  
Caldwell, ID 83605  
Ph: 208-459-2011

Income based program for families who are either expecting a child or have a child under 24 months old. Resources for infants including formula, diapers, clothing, etc. after achieving certain goals. Educational opportunities for various topics, including nutrition and budgeting. English/Spanish.  
<http://caldwell.salvationarmy.org/caldwell/baby-haven/>

<https://www.stlukesonline.org/communities-and-locations/find-classes-and-events>

**Boise Parks and Recreation**

150 N Capitol Blvd  
Boise, ID 83702  
Ph: 208-384-4422  
Boise Parks and Recreation provides activities and classes for youth and adults in a variety of topics. Price varies

but scholarships are available for those who qualify.

<http://parks.cityofboise.org/>

**Casey Family Program**

6441 Emerald St  
Boise, ID 83704  
Ph: 208-377-1771  
Toll free: 888-581-3275  
Services and Support to Kinship Families-Relatives other than the parents Who Are Caring for Children under Age 18. Services available in Nampa, Caldwell, Greenleaf, Wilder, Homedale and Marsing. Assistance with Legal, Financial, Mental Health, and Educational Needs for the child/children being cared for. Information, education, and resources available for Kinship Family members. English/Spanish.  
<https://www.casey.org/idaho/>

**Catholic Charities of Idaho**

847 Park Center Way, Ste 7  
Nampa, ID 83651  
Ph: 208-466-4442  
Counseling, mental health, crisis, pregnancy and/or single parent support, parenting education, youth and school retention programs, immigration legal assistance, Hispanic outreach services, and domestic violence immigration program. Also a domestic violence immigration program. English/Spanish.  
<http://ccidaho.org/what-we-do/>

**Emmett Family Services**

2031 E Quail Run  
Emmett ID 83617  
Ph: 208-365-2525

**Hopes Door Shelter**

Caldwell, ID 83605  
Ph: 208-459-6279  
Services vary based upon needs but services are offered to women and children who are battered and/or sexually abused. Education, basic necessities, vouchers, and referrals to other resources are provided by a service specialist. Services are free.  
<https://aafvhope.org/>

**Idaho Parents Unlimited**

4619 Emerald St  
Boise, ID 83706  
Ph: 208-342-5884  
Service provided to parents and children with disabilities through education, therapy, counseling, job development, and rehabilitation services.  
[www.ipulidaho.org](http://www.ipulidaho.org)

**La Leche League**

Ph: 1-877-452-532  
Services provided from mothers and for mothers with support, encouragement and information for breast feeding. [www.llusa.org](http://www.llusa.org)

**Lifeline Pregnancy Care Center**

1323 12th Ave So  
Nampa, ID 83651  
Ph: 208-466-4000  
Free pregnancy testing and counseling. Baby and maternity clothes, other baby items. Referrals For adoption, medical care, and social services. Abortion recovery assistance and abstinence programs. Emotional support and friendship in time of

need. All services are free and confidential. 24 Hour Care-line. *TEXT-208-615-1053*

[www.lifelinepcc.org](http://www.lifelinepcc.org)

**Mana Resources**

923 Grant St  
Caldwell, ID 83605  
*Ph: 208-585-3375*

Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.

[www.manoohana.org](http://www.manoohana.org)

**Payette Family Services**

501 N 16<sup>th</sup> St, Ste 108  
Payette ID 83661  
*Ph: 208-642-6160*

**PATHS Program**

9167 W State St  
Garden City, ID  
*Ph: 208-473- 2191*

Services provided for higher needs foster children. Create and prepare foster families for children that will be placed in the home. Services provided are behavioral health, adoption, and family based services. Services are provided on a referrals basis from Department of Health and Welfare, Department of Juvenile Corrections, and Casey Family, as well as private pay. [www.pathinc.org](http://www.pathinc.org)

**St. Luke's Children's Programs**

*Ph: 208-381-1719*

Car seat, pack n' play, and bike helmet assistance to families in need. We ask for a small money donation for car seats if able and no donation is needed for Pack N' Plays or helmets.

Email: [bryanj@slhs.org](mailto:bryanj@slhs.org)

**St. Luke's-Birth, Parenting, and Community Education**

*Ph: 208-381-1510*

Classes offered for many different areas of life from birthing, parenting, adolescent, babysitting, dating, puberty, and other classes offered to those in the community. Classes do vary on fees but there is a scholarship available for all classes. Different classes are available at different times. A list of classes being offered and fees can be found on the website.

**Terry Reilly Nampa 1<sup>st</sup> Clinic – Medical, Dental, Behavioral Health and Urgent Care**

207 1<sup>st</sup> St So  
Nampa ID 83651  
*Ph: 208-466-7869*

**Terry Reilly Nampa 16<sup>th</sup> Clinic**

223 16<sup>th</sup> Ave N  
Nampa ID 83867  
*Ph: 208-467-7654*

**Terry Reilly Arlington Clinic**

2005 Arlington Ave  
Caldwell ID 83605  
*Ph: 208-459-1025*

**Terry Reilly Middleton Clinic**

201 S Paradise Ave  
Middleton, ID 83644  
*Ph: 208-585-0048*

**Terry Reilly Melba Clinic**

150 2<sup>nd</sup> St  
Melba ID 83641  
*Ph: 208-495-1011*

**YMCA**

1050 W State St  
Boise, ID 83702  
*Ph: 208-344-5501*

The YMCA is an organization created to help youth, individuals, and families with development, healthy living, and social responsibility. Services are provided through membership. Financial aid is available. Locations include Boise, Meridian and Caldwell. <http://www.ymcatvidaho.org/>

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## YOUTH SERVICES

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**Big Brothers/Big Sisters**

110 N 27<sup>th</sup> St  
Boise, ID 83702  
*Ph: 208-337-2552*  
Free services provided to youth. The youth are mentored to help influence healthy lives. <http://www.bbbsidaho.org/>

**Boys and Girls Club**

316 Stampede Dr  
Nampa, ID 83687  
*Ph: 208-461-7203*  
Boys and Girls club provides support and services to the youth to help them reach their full potential as a productive, caring and responsible citizens. <http://bgcnampa.org/>



**Parenting with Love and Limits**

450 W State St  
Caldwell, ID 83605  
*Ph: 208-455-7016*  
Program through the Idaho Department of Health and Welfare that helps children from 10-17 years of age and their parent learn how to maintain a healthy relationship.  
<https://www.gopll.com>

**YMCA-Treasure Valley**

3720 S Indiana Ave.  
Caldwell, ID 83605  
*Ph: 208-454-9622*  
Services that develop youth, promote healthy living, and inspire social responsibility. Youth activities are for kids ages 6- 15.  
<http://www.ymcatvidaho.org/>

**SHELTERS & SHOWERS**

**Men Only**

**Lighthouse Shelter**

304 16<sup>th</sup> Ave N  
Nampa, ID 83687  
*Ph: 208-461-5030*  
No reservations.  
[www.boiserm.org/facilities/lighthouse/](http://www.boiserm.org/facilities/lighthouse/)

**River of Life Shelter**

575 S 13<sup>th</sup> St  
Boise, ID 83701  
*Ph: 208-389-9840*  
No reservations.  
<https://boiserm.org/facilities/river-of-life/>

**Hays House**

7221 Poplar  
Boise, ID 83704  
*Ph: 208-322-6687*  
Offers short-term residential care for homeless youth 9 – 17 and respite care for youth in crisis.

**Hopes Door**

Caldwell, ID 83605  
*Ph: 208-459-6330*  
For women and children victims of domestic violence. 24-hour crisis line available: 208-459-4779  
<https://aafvhope.org/resources/hopes-door-shelter/>

**Valley Shelter**

869 W Corporate Ln  
Nampa, ID 83651  
*Ph: 208-475-0725*  
<https://boiserm.org/facilities/valley/>

**Family**

**Hay's House-out of control children**

7221 Poplar St  
Boise, ID 83704  
*Ph: 208-322-6687*

**Emergency**

**Advocates Against Family**

**Violence-Hope's Door**

Caldwell, ID  
*Ph: 208-459-4779*  
24/7 crisis hotline, domestic violence and sexual assault shelter, safe and sober housing, childcare center, teen outreach program, and rural outreach program.  
[www.aafvhope.org](http://www.aafvhope.org)

**Nampa Family Justice Center-Elder Abuse**

1305 3rd St So

Nampa, ID 83651  
*Ph: 208-475-5702*

For victims 50 years and older who have experienced abuse, neglect, or exploitation at the hands of an intimate partner, spouse, family member, caregiver, or trusted other.  
<http://www.nampafamilyjusticecenter.org/899/Elder-Abuse-What-is-it-How-Can-I-Help>

**Navigators-with children**

823 Park Centre Way  
Nampa, ID 83651  
*Ph: 1-800-926-2588*  
Must contact through 211 by requesting a call back from the navigators

**SUBSTANCE ABUSE DISORDER TREATMENT**

**2<sup>nd</sup> Chances**

1214 Logan  
Caldwell, ID 83605  
*Ph: 208-455-8399*  
Offers adult male safe and sober housing. Accepts self-pay and insurance.

**Acacia Wellness Center**

217 W Georgia Ave  
Nampa, ID 83686  
*Ph: 208-498-1760*  
Crisis: 208-914-3053  
Mon 9:00am-8:00pm (6-8pm for walk-ins)  
Tue 9:00am-6:00pm  
Closed Tues/Thur from 11:00am-1:00pm  
Wed 9:00am-7:00pm  
Thurs 9:00am-6:00pm

Friday 9:00am-5pm  
Private pay/ Medicaid/private insurance/sliding scale.  
Mental health, CBRS, case management, med management, peer support, substance abuse groups, and individual therapy.  
[www.aciaciawellness.org](http://www.aciaciawellness.org)

**Access Behavioral Health**

3307 Caldwell Blvd  
Nampa, ID 83651  
*Ph: 208-466-4637*  
Offers outpatient substance abuse treatment, case management, life skills, and alcohol/drug testing. Accepts state funding; Medicaid, Medicare, insurance and voc rehab Adults and adolescents.  
<http://accessbhs.com/>

**All Seasons Mental Health**

1007 W Orchard Rd  
Nampa, ID  
*Ph: 208-461-2838*  
Offers outpatient substance abuse treatment, case management, and alcohol/drug testing. Accepts state funding and Medicaid. Adults.  
[asmh.org/](http://asmh.org/)

**Ambitions of Idaho**

1031 W Sanetta St  
Nampa, ID 83651  
*Ph: 208-466-7443*  
524 Cleveland Blvd  
Caldwell ID 83605  
*Ph: 208-454-2996*  
Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, private pay,

Medicare, and other insurance. Adults and adolescents.

**Ascent Behavioral Health**

366 SW 5th Ave, Ste 100  
Meridian, ID 83642  
*Ph: 208-898-9755*  
*Text: 208-352-6563*  
Hours: Mon-Fri 9:00am-6:00pm  
<http://www.ascentbhs.org>

**A Fresh Start Recovery Services**

1123 Blaine St  
Caldwell, ID 83605  
*Ph: 208-459-9222*  
Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, and transportation. Accepts state funding, Medicaid, private insurance and self-pay. Adults.  
<http://www.freshstartrecoveryervices.com/>

**Bell Counseling-Caldwell**

2719 S Kimball Ave  
Caldwell, ID 83605  
*Ph: 208-459-6557*  
Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay. Adults and adolescents.

**Bell Counseling-White Sage**

1208 E Linden  
Caldwell, ID 83605  
*Ph: 208-454-1744*

Offers adolescent residential treatment. Accepts state funding and private pay. Adolescent males only.

**Bell Counseling-Payette**

235 S Main St  
Payette, ID 83661  
*Ph: 208-642-7364*  
Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay. Adults and adolescents.

**Center for Behavioral Health**

92 S Cole  
Boise, ID  
*Ph: 208-376-5021*  
2275 S Eagle #190  
Meridian ID  
*Ph: 208-288-0649*  
Mon-Fri 5:00am- 12:30pm  
Sat 6am – 8am Private Pay  
Methadone & Suboxone clinic for opiate use disorder, outpatient treatment for other addictions, domestic violence offender intervention program, anger management, anti-theft  
[www.centerforbehaviorhealth.com](http://www.centerforbehaviorhealth.com)

**Community Services Counseling**

974 Corporate Ln, Ste 102  
Nampa, ID 83651  
*Ph: 208-442-0024*  
Offers outpatient substance abuse treatment and case management. Accepts state funding. Adults.  
<http://www.cscid.org/>

**Cook & Tafoya Fisher Behavioral Health**

16 12<sup>th</sup> St So, Ste 103  
Nampa, ID 83651  
Ph: 208-461-3720

Offers outpatient substance abuse treatment and life skills. Accepts state funding. Adults and adolescents.

**Easter Seals-Goodwill Behavioral Health**

510 Arthur St  
Caldwell, ID 83605  
Ph: 208-454-8555

Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, and self-pay. Adults and adolescents.

<http://www.easterseals.com/esg/our-programs/medical-rehabilitation/adult-behavioral-health.html?referrer=https://www.google.com/>

**Family Services Counseling Center**

704 Albany St  
Caldwell, ID 83605  
Ph: 208-454-5133

Offers outpatient substance abuse treatment, case management, alcohol/drug testing, transportation, and child care (with parent on site). Accepts state funding, Medicaid, and self-pay. Adults and adolescents.

**AAFV Hopes Door**

720 N 16<sup>th</sup> Ave  
Caldwell, ID 83605  
Ph: 208-459-6279

Offers safe and sober housing. Accepts self-pay and

state funding. Adult females and adolescents.

<https://aafvhope.org/resources/counseling/>

**Human Supports of Idaho, Inc.**

314 Badiola St  
Caldwell ID 83605  
Ph: 208-454-8389  
4477 W Emerald Suite C100  
Boise ID 83706  
Ph: 208-321-0160

CBRS, case management, individual counseling, family and child counseling, group therapy, peer support, med mgmt., SUD services (outpatient and intensive outpatient) and payee service. Most insurances accepted including Medicaid and Medicare; some sliding fee and pro bono services available.

[www.humansupports.com](http://www.humansupports.com)

**Life Counseling**

112 12th Ave  
Nampa, ID 83686  
Ph: 208-465-5433

Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, private insurance, self-pay, Medicaid, and Medicare. Adults and adolescents.

<http://www.lccidaho.com/>

**Lifeways Recovery Center**

702 Sunset Dr  
Ontario, OR 97914  
Ph: 541-889-2490

Offers adult residential substance abuse treatment. Accepts state funding, Oregon health plan (OHP),

Medicaid, Medicare, self-pay, and insurance. Adults.

<http://www.lifeways.org/locations/lifeways-recovery-center/>

**Lighthouse Rescue Mission-The New Life Program**

304 16<sup>th</sup> Ave N  
Nampa, ID 83687  
Ph: 208-461-5030

Offers faith based drug and alcohol discipleship recovery program for one to two years. Free to participate.

<https://boiserm.org/services/addiction-recovery/>

**Montgomery Counseling**

323 12<sup>th</sup> Ave  
Nampa, ID 83686  
Ph: 208-463-0212

Offers outpatient substance abuse treatment. Accepts state funding, EAP, insurance, Medicaid, and self-pay. Adults and adolescents.

<http://www.montgomerycounselingcenter.com/>

**Mountain States Chemical Dependency and Counseling Services, Inc.**

1305 2<sup>nd</sup> St S, Ste 201  
Nampa, ID 83686  
Ph: 208-463-0202

Offers outpatient substance abuse treatment, case management, alcohol/drug testing, and life skills. Accepts state funding, Medicaid, and self-pay. Adults.

**Peak Recovery**

2423 S Georgia Ave  
Caldwell, ID 83605  
Ph: 208-455-1788

Offers outpatient substance abuse treatment, case management, and alcohol/drug testing. Accepts state funding, Medicaid, private insurance, and self-pay. Adults and adolescents.  
<http://www.peakrecoveryllc.com/>

**Professional Counseling and Recovery Support**

2 N Main St  
Payette, ID 83661  
*Ph: 208-230-2989*  
Offers outpatient early intervention. Accepts self-pay. Adults.

**Port of Hope Center**

508 E Florida  
Nampa, ID 83686  
*Ph: 208-463-0118*  
Offers detox and residential and outpatient substance abuse treatment. Case management, life skills, and alcohol/drug testing. Accepts state funding, self-pay, and Medicaid. Adults.  
[www.portofhopecenters.org](http://www.portofhopecenters.org)

**Recovery 4 Life**

709 Dearborn St  
Caldwell, ID 83605  
*Ph: 208-376-7083*  
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance

EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell.  
[www.recovery4lifeidaho.com](http://www.recovery4lifeidaho.com)

**Rising Sun Sober Living**

516 S 6<sup>th</sup> Ave  
Caldwell, ID 83605  
*Ph: 208-898-4668*  
Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult males.  
[info@risingsunsoberliving.com](mailto:info@risingsunsoberliving.com)  
[www.risingsunsoberliving.com](http://www.risingsunsoberliving.com)

**Rising Sun Sober Living**

704 Belmont Ave  
Caldwell, ID 83605  
*Ph: 208-898-4668*

**Rising Sun Sober Living**

1704 Dearborn St  
Caldwell, ID 83605  
*Ph: 208-898-4668*

**Rising Sun Sober Living**

609 E Denver St  
Caldwell, ID 83605  
*Ph: 208-898-4668*

**Rising Sun Sober Living**

523 Everett St  
Caldwell, ID 83605  
*Ph: 208-898-4668*

**Rising Sun Sober Living**

1214 E Logan St  
Caldwell ID 83605  
*Ph: 208-898-4668*

**Rising Sun Sober Living- Ash St**

310 W Ash St  
Caldwell, ID 83605

*Ph: 208-898-4668*  
Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult females.  
[www.risingsunsoberliving.com/](http://www.risingsunsoberliving.com/)

**SHIP**

510 Elmwood Dr  
Nampa, ID 83687  
*Ph: 208-297-8889*  
Offers adult safe and sober housing, life skills, and alcohol/drug testing. Accepts state funding and self-pay. Adults.  
<http://shipinc.org/>

**Victory over Sin**

**IMSI Hope Community Phase**

**II**  
963 S Orchard Ste 101 Boise  
ID Tues – Wed @ 7pm *Ph: 208-629-8861*  
[www.imsihopecommunityphaseii.com](http://www.imsihopecommunityphaseii.com)

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## RECOVERY MEETINGS

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**Parma Wed Night Group- The Lodge**

Corner of 2<sup>nd</sup> and E Grove Ave. (HWY 20/26/95)  
Alcoholics Anonymous class offered every Wed at 7:00pm

**Salvation Army-Nampa**

403 12th Ave S  
Nampa, ID 83651  
*Ph: 208-467-6586*  
AA meeting is held in our building every Friday at 8pm, open to anyone.  
[www.nampa.salvationarmy.org](http://www.nampa.salvationarmy.org)

## SUPPORT GROUPS

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### **A New Beginning Wellness Center**

8660 W Emerald St, Suite 142  
Boise, ID 83704  
Ph: 208-939-3965  
Foster Care/Foster-Adopt Support Group. Foster Care/Adoptive Parent support group meets monthly and Birth Mother Support group – Connections. For women who have chosen an adoption plan for their babies or children. Online support group, monthly meetings throughout the Treasure Valley and annual events. Mentorship and compassionate support.  
[admin@adoptanewbeginning.org](mailto:admin@adoptanewbeginning.org)

### **Boise Moms Group**

Ph: 208-991-0534  
Support group created for moms in Boise and surrounding areas. The group is to offer mother to mother support. Annual fee of \$10.  
<http://boisemomsgroup.my-free.website/>

### **Compassus Hospice**

Bereavement/Grief Support Group  
680 S Progress Ave  
Meridian, ID 83642  
Ph: 208-895-8686  
Thursdays 1:00 pm  
Bereavement Coordinator:  
Jay Ralphs

### **Hopes Door Shelter**

Caldwell, ID 83605  
Ph: 208-459-6279  
Hopes door offers a variety of support groups for women including self-esteem, parenting and family (Spanish and English), personal finances, and golden voice (50+). Women only, except for men's safety planning support group. Services are free.  
<https://aafvhope.org/resources/adult-education/>

### **Idaho Youth M.O.V.E**

1703 3<sup>rd</sup> St  
Nampa, ID, 83687  
Ph: 208-433-8845  
Idaho Youth M.O.V.E is a support group for adolescents who have mental health issues.  
<http://idahofederation.org/idahoyouthmove/>

### **NAMI Connection**

4696 W Overland, Ste 272  
Boise, ID 83705  
Ph: 208-376-4304  
<http://www.namiboise.org/support.html>

### **NAMI Family and Friends Support Group (Boise)\***

El-Ada Program Building  
2250 S Vista Ave  
Boise, ID 83705  
1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>. Wed of each month. The 4<sup>th</sup> Wed. will be an Education night. 7:00 pm-8:30 pm  
<http://www.namiboise.org/support.html>

### **NAMI Family and Friends Support Group (Nampa)**

First United Methodist Church  
2717 12<sup>th</sup> Ave  
Nampa, ID 8368  
Ph: 208-376-4304  
Thur 6:30pm-8:00pm  
<http://www.namiboise.org/support.html>

### **NAMI Connection Recovery Support Groups-Boise-Open to all with mental illness**

VA Medical Center  
500 West Fort St. Bldg. 114  
Ph: 208-376-4304  
Tues 1:00 pm-2:30 pm  
<http://www.namiboise.org/support.html>

### **Omega Health Services**

5985 W State St  
Boise, ID 83703  
<http://omegahealthservices.com>

### **DBSA Support Groups-Depression and Bipolar Support Alliance-takes all mental illnesses**

Ph: 208-949-6759  
Contact: Diana Howard  
Email:  
[dbsatreasurevalley@yahoo.com](mailto:dbsatreasurevalley@yahoo.com)  
<http://www.dbsalliance.org/>

### **Idaho Federation of Families for Children's Mental Health**

704 N 7th St  
Boise, ID 83702  
Ph: 208-433-8845  
Email:  
[cshotton@idahofederation.org](mailto:cshotton@idahofederation.org)  
<http://idahofederation.org/>

### **St. Luke's Living Through Cancer Support Group**

St. Luke's MSTI  
308 E Hawaii Ave  
Nampa, ID 83686  
Ph: 208-463-6009  
This ongoing support program



welcomes people with cancer and their loved ones. Share your challenges and discuss topics that influence health and well-being. Every Thur.

**Jefferson St. Counseling Co-Dependency Education and Support**

1517 W Jefferson St  
Boise, ID 83702

*Ph: 208-473-2283*

Support group for education and support through the recovery of codependency. Women are typically able to attend and men will be waitlisted. Support group meets weekly on Thur from 9:15am-10:45am and 5:00pm-6:30pm  
<http://jeffersonstreetcounseling.com/services/codependency/>

**The Compassionate Friends**

St. Luke's Hospital-West  
520 S Eagle Rd  
Boise, ID 83642

*Ph: 208-409-4660*

Support group offered to families after a child passes. The support group is held on the 2<sup>nd</sup> Thur of every month at 7:15pm. Group is free.  
<http://www.tcfboise.org/index.html>

**Alzheimer's Idaho, Inc.**

**Support Groups**

13601 W. McMillan Ste 249  
Boise, ID 83713

*Ph: 208-914-4719*

<http://www.alzid.org/support/>

**Overland Court Alzheimer's Support Group**

Overland Court Senior Living  
10172 Smoke Ranch Dr  
Boise, ID 83709

*Ph: 208-322-2900*

Contact person: Jenny

Email: [overlanddsm@isllc.com](mailto:overlanddsm@isllc.com)  
<http://overlandcourtseniorliving.com/support-group/>

**Emerson House-Families, Caregivers, & those Grieving**

8250 W Marigold  
Garden City, ID 83714

*Ph: 208-377-3177*

**Parents Anonymous-Support Group**

Parent-led group where parents and caregivers can freely share their questions, concerns, problems, and solutions about parenting in a safe, nonjudgmental, supportive atmosphere.

[http://www.strongandsafe.org/our-programs-\(2\)/parents-anonymous](http://www.strongandsafe.org/our-programs-(2)/parents-anonymous)

Meets at Caldwell Church of Christ, 4012 10<sup>th</sup> Ave. in Caldwell. Wed 5:00pm-7:00pm; Dinner and childcare are provided.

<http://www.caldwellcofc.org/outreach/>

**Suicide Prevention Action Network of Idaho**

Meridian City Hall  
33 E Broadway Ave  
Meridian, ID 83642

*Ph: 208-888-4433*

Meets 2<sup>nd</sup> Tues each month, 11:45am-1:00pm

<http://www.spanidaho.org/region-4-boise>

**St. Luke's Hospital-Meridian Downstairs, Paiute room**

520 S Eagle Rd  
Meridian, ID 83642

*Ph: 208-350-8856*

Meets 3<sup>rd</sup> Wed each month, 6:00pm-7:30pm

Contact: Rubie Gallegos  
<http://www.spanidaho.org/meridian-support-group>

**Kristi Hendry with NOMS-Not One More Suicide**

820 2nd St S

Nampa, ID 83651

*Ph: 208-695-9926*

Last Sun each month, 2:00pm-4:00pm

**Bereaved by Suicide Peer Support Group**

Elks Lodge

1116 1<sup>st</sup> St S

Nampa, ID 83651

*Ph: 208-272-8522*

or 208-272-3512

## **SENIOR SERVICES**

**Willow Park Senior Living**

2600 N. Milwaukee St  
Boise, ID 83704

*Ph: 208-373-1234*

**Meridian Senior Center**

1920 N Records Way  
Meridian, ID 83642

*Ph: 208-888-5555*

<http://www.meridianseniorscenter.com/>

**Spring Creek Meridian-**

175 E Calderwood Dr  
Meridian, ID 83642

*Ph: 208-884-6199*

<https://edgewoodseniorliving.com/community/spring-creek-in-meridian-id>

**Church of the Brethren  
Canyon County Alzheimer's &  
Dementia Support Group**  
11030 West Orchard Ave  
Nampa, ID 8365  
*Ph: 208-466-3321*

**Prestige Assisted Living-  
Autumn Wind**  
200 West Beech St  
Caldwell, ID 83605  
*Ph: 208-459-3335*  
[https://www.prestigecare.com/  
location/prestige-assisted-living-  
at-autumn-wind](https://www.prestigecare.com/location/prestige-assisted-living-at-autumn-wind)

## **TAX RESOURCES, BUDGETING, & DEBT COUNSELING**

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**Love, Inc.**  
16446 Franklin Rd  
Nampa, ID 83687  
*Ph: 208-466-7810 Ext. 5*  
<http://www.loveinctv.org/wp/>

**Debt Reduction Services**  
6213 N Cloverdale Ste 100  
Boise, ID 83713  
*Ph: 877-688-3328*  
[https://www.debtreductionservi-  
ces.org/](https://www.debtreductionservices.org/)

**AARP Tax Return Assistance-  
Begins February 1<sup>st</sup>.**  
*Toll free: 888-687-2277*  
AARP Foundation Tax-Aide is  
offered in conjunction with  
the IRS.  
[http://www.aarp.org/money/tax-  
es/aarp\\_taxaide/](http://www.aarp.org/money/taxes/aarp_taxaide/)

**IRS Tax Return-Caldwell  
Public Library: Feb-March**  
Caldwell Public Library  
1010 Dearborn St  
Caldwell, ID 83605  
*Ph: 208-459-3242*

**IRS Tax Return-Nampa Public  
Library: Feb-March**  
215 12th Ave S  
Nampa, ID 83651  
*Ph: 208-468-5800*

**Online Resources**  
Idaho State Tax Commission  
<https://tax.idaho.gov/i-1116.cfm>

**University of Idaho Law-  
Tax Clinic**  
*Ph: 208-364-4074*  
Contact: Barbara Lock  
[block@uidaho.edu](mailto:block@uidaho.edu)  
[https://www.uidaho.edu/law/ac-  
ademics/practical-  
skills/clinics/low-income-tax](https://www.uidaho.edu/law/academics/practical-skills/clinics/low-income-tax)

## **TRANSPORT**

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**Medicaid Transportation  
Management, Inc. (MTM)**  
3295 W Emerald Ste 108  
Boise, ID 83705  
Hours: 8am to 5pm, M-F  
*Ph: 877-503-1261*  
Idaho Medicaid only; must  
apply first.  
[https://www.mtm-  
inc.net/idaho/](https://www.mtm-inc.net/idaho/)

**El-Ada Outreach**  
2250 S Vista Ave  
Boise, ID 83705  
*Ph: 208-345-2820*  
Ada County. Income-based;  
must apply.  
<http://eladacap.org/>

**Metro Community Services**  
304 N Kimball Ave  
Caldwell, ID 83605  
*Ph: 208-459-0063*  
Transportation for those aged  
60+ and/or disabled in  
Canyon County to meet  
medical, nutritional,  
employment, education,  
social, and recreational  
needs. For those not  
requiring wheelchair  
accessibility, volunteer  
drivers are available for rides  
originating in Canyon County  
to medical appointments in  
the Treasure Valley. No  
charge, but donations  
accepted.  
[http://www.metrocommunityse-  
rvices.net/transportation](http://www.metrocommunityservices.net/transportation)

**St. Alphonsus Express**  
1512 12th Ave  
Nampa ID 83686  
*Ph: 208-463-5743*  
Any apt with 24-hr notice.  
Wheelchair accessible.  
Mon-Fri 8:00am-2:00pm  
[https://211idaho.communityvos.org/  
zf/profile/program/id/845313](https://211idaho.communityvos.org/zf/profile/program/id/845313)

**Go Ride Idaho-  
Volunteer Drivers Program**  
700 NE 2nd St, Ste 100  
Meridian, ID 83642  
*Ph: 208-846-8547*  
[http://www.gorideidaho.org/vol-  
unteer-programs.html](http://www.gorideidaho.org/volunteer-programs.html)

**Veterans Affairs Van**  
Boise VA Medical Center  
Boise, ID  
*Ph: 208-422-1039*  
Wheelchair accessible. VA &  
families only. Mon-Fri  
8:30am-4:30pm  
No appt. after 2:00pm



Must provide 48-hr notice  
<https://www.boise.va.gov/visitors/>

**Stone Bridge Transport**

5979 W Overland Rd  
Boise, ID 83709  
Ph: 208-344-9228  
Mon-Fri 8:00am-5:00pm  
Some weekends and after hours with 24-hr notice.  
First come first serve; do take appointments.  
<http://stonebridgecare.com/>

**Tropicare Transport**

7480 E Grey Lag Dr  
Nampa, ID 83687  
Ph: 208-467-CARE (2273)  
<http://tropicaretransportation.com/>

**Kool Ridez**

1803 Ellis Ave  
Caldwell, ID 83605  
Ph: 208-454-9982  
Taxi service.

**Treasure Valley Transit**

1136 W Finch Dr  
Nampa, ID 83651  
Ph: 208-463-9111  
Wheelchair accessible.

**Malheur Transit**

842 SE 1st Ave  
Ontario, OR 97914  
Ph: 541-881-0000  
Regional bus service, Mon-Fri.  
Wheelchair accessible. Call for pricing. Will transport to other states.  
<http://mcoacs.org/transportation/>

**Boise City Taxi**

110 E 35th St  
Boise, ID 83714

Ph: 208-377-3333  
AAA and senior citizen discounts.  
<http://www.boisecitytaxi.com/>

**Freedom Shuttle**

Ph: 208-866-3055  
Wheelchair accessible.  
<http://freedomshuttle.net/>

**Ada-Boi Critical Care Transfer**

3985 S Summerset Way  
Boise, ID 83709  
Ph: 208-362-2973  
Contact for availability.  
Serving all of Treasure Valley.

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## VISION

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**Lion's Club**

PO Box 606  
Nampa, ID 83651  
Ph: 208-615-4662  
<http://e-clubhouse.org/sites/nampa/>

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## EYE SURGERY & HEARING AIDS

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**Idaho/Eastern Oregon Lions Sight & Hearing Foundation, Inc.**

1090 N Cole Rd  
Boise, ID 83704  
Ph: 208-338-5466  
Toll free: 800-546-6889  
<https://www.idaholions.org>

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## MISC/OTHER

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**Genesis Service Dogs-Danielle Stem**

Meridian, ID

Ph: 208-761-4884  
<http://www.genesservicesdogs.com/>

**Juvenile Court Services-Community Service Program**

6300 Denton St  
Boise, ID 83704  
Ph: 208-287-6998  
Helps offenders repay their debt to the community and be accountable for their actions. Programs include TEAM, work and learn, transitional care, counseling, victim impact program, mediation, and employability.  
<https://adacounty.id.gov/Juvenile-Court>

**Nampa Police Department Prescription Disposal**

820 2<sup>nd</sup> St S  
Nampa ID 83651  
Ph: 208-466-5662  
Lobby is accessible 24/7 for unwanted prescriptions (excluding syringes)

**Meridian Police Department Prescription Disposal**

1401 E. Watertower St  
Meridian, ID 83642  
Ph: 208-888-6678  
The Meridian Police Department will help dispose of unwanted prescriptions excluding syringes any time during business hours.  
Mon-Fri 8:00 am-5:00 pm  
<http://www.meridiancity.org/police.aspx?id=10920>