

HUNTINGTON BEACH UNION HIGH SCHOOL  
DISTRICT

# PARENT UNIVERSITY



**September 17**

**Getting Started: Parent Portal Practice**

Presenter: Chris Long,  
HBUHSD, Ed. Tech  
Coordinator

**December 10**

**Parenting your Adolescent: Small Acts, Big Impacts**

Presenter: Robyne Moses, Director of  
Mental Health Services, HBUHSD

**2018-2019  
District  
Office-Board  
Room  
6:30PM**

**October 15**

**Clearing the Air:  
Vaping Prevention for  
Parents**

Presenters: Stephanie  
Lambert, Prevention  
Coordinator, Orange  
County Department of  
Education, and Michelle  
Pendergast, School  
Psychologist, HBHS

**January 14**

**Teen Suicide: Prevention and How to Help**

Presenters: Kayla Perkoski and Kylie  
Bernstein, Wellness Specialists, HBUHSD

**April 8**

**Education  
Based Student  
Athletics**

Presenter: Jim  
Perry, Director  
of Athletics,  
HBUHSD

**November 5**

**Mindfulness**

Presenters: Cynthia  
Olaya and Connie  
Maddox, School  
Psychologists, FVHS

**February 4**

**Empowering your Teen(s) to Reach Their Potential**

Presenters: Tim Baker and Linda  
Temple, School Psychologists, EHS

**May 6**

**Adolescents Drug Use:  
The Effects of the Mind  
and Body**

Presenters: Kayla Perkoski  
and Kylie Bernstein,  
Wellness Specialists,  
HBUHSD

**March 4**

**Power of Parents**

Presenter: Melissa Estelle, Mothers  
Against Drunk Driving, Orange County



More information: [www.hbuhsd.edu/parentuniversity](http://www.hbuhsd.edu/parentuniversity)