

# McComb High School Lunch

## January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p> <p>Mandarin Chick Bowl w/Roll Grilled Chicken Sandwich Turkey &amp; Cheese Grab n Go Chef Salad Sweet Potato Fries Mixed Vegetables Garden Salad Pineapple Tidbits Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>8</p> <p>Red Beans w/Cornbread Philly Chicken Sandwich Turkey &amp; Cheese Grab n Go Chef Salad Sw Potato Casserole Southern Greens Garden Salad Chilled Peaches Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>9</p> <p>Pepperoni Pizza Hot Dog Turkey &amp; Cheese Grab n Go Chef Salad Crunchy Sweet Potato Cheesy Broccoli Cucumber Salad Pear and Kiwi Medley Fresh Fruit Assorted Fruit Juices Blueberry Crisp</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>10</p> <p>Oven Bkd Chicken w/Roll Hamburger w/ Trimmings Turkey &amp; Cheese Grab n Go Chef Salad Potato Ole Baked Beans Vegetable Soup Applesauce Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>11</p> <p>BBQ Chicken Sandwich Manager's Choice Turkey &amp; Cheese Grab n Go Chef Salad French Fries Whole Kernel Corn Fruit Cocktail Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>
<p>14</p> <p>Spaghetti &amp; Meatballs w/Garlic Bread Grilled Chicken Salad Turkey &amp; Cheese Grab n Go Grilled Chicken Salad Potato Ole Green Beans Garden Salad Pineapple Tidbits Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>15</p> <p>Chili w/roll Philly Cheese Steak Turkey &amp; Cheese Grab n Go Grilled Chicken Salad Mashed Sweet Potatoes Whole Kernel Corn TC's Salad Chilled Peaches Fresh Fruit Assorted Fruit Juices Saltine Crackers</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>16</p> <p>Buffalo Chicken w/ Roll BBQ Rib Sandwich Turkey &amp; Cheese Grab n Go Grilled Chicken Salad Crunchy Sweet Potato Baked Beans Mixed Vegetables Applesauce Fresh Fruit Assorted Fruit Juices Blueberry Crisp</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>17</p> <p>Gumbo w/Crackers Hamburger w/ Trimmings Chick Salad on Croissant Grilled Chicken Salad Sweet Potato Divine Cheesy Broccoli Cucumber Salad Pear and Kiwi Medley Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>18</p> <p>Fish Sandwich Manager's Choice Chick Salad on Croissant Grilled Chicken Salad Roasted Potato Wedges Green Peas Banana Berry Blend Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>
<p>21</p> <p style="text-align: center;">MLK Holiday</p>	<p>22</p> <p>John Wayne Dip w/Chips &amp; Spanish Rice Grilled Chicken Sandwich Turkey &amp; Cheese Grab n Go Chicken Tenders Salad Sweet Potato Fries Steamed Broccoli Garden Salad Chilled Peaches Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>23</p> <p>Chicken Tenders w/Garlic Toast Philly Cheese Steak Turkey &amp; Cheese Grab n Go Chicken Tenders Salad Crunchy Sweet Potato Baked Beans TC's Salad Blueberry Cup Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>24</p> <p>Cheesy Chicken w/ Fiesta Cornbread Hamburger w/ Trimmings Turkey &amp; Cheese Grab n Go Chicken Tenders Salad Mashed Sweet Potatoes Southern Greens Cucumber Sticks W/Dip Applesauce Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>25</p> <p>Crispy Chicken Sandwich Manager's Choice Turkey &amp; Cheese Grab n Go Chicken Tenders Salad Roasted Potato Wedges Green Peas Fruit Cocktail Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>
<p>28</p> <p>Mandarin Chick Bowl w/Roll Grilled Chicken Sandwich Turkey &amp; Cheese Grab n Go Chef Salad Sweet Potato Fries Mixed Vegetables Garden Salad Pineapple Tidbits Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>29</p> <p>Red Beans w/Cornbread Philly Chicken Sandwich Turkey &amp; Cheese Grab n Go Chef Salad Sw Potato Casserole Southern Greens Garden Salad Chilled Peaches Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>30</p> <p>Pepperoni Pizza Hot Dog Turkey &amp; Cheese Grab n Go Chef Salad Green Beans Cheesy Broccoli Cucumber Salad Pear and Kiwi Medley Fresh Fruit Assorted Fruit Juices Blueberry Crisp</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>31</p> <p>Oven Bkd Chicken w/Roll Hamburger w/ Trimmings Chick Salad on Croissant Chef Salad Crunchy Sweet Potato Baked Beans Vegetable Soup Applesauce Fresh Fruit Assorted Fruit Juices</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	

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