




Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target	
 <p>Daylight saving time 2019 begins 2:00 AM on Sunday, March 10</p>					1	
					Chicken Sandwich	Calories...749
					BBQ Pork Sandwich	Cholesterol...73 mg
					French Fries	Sodium.1504 mg
					Dill Spear	Sugar 34.9 g
					Baked Beans	Carbohydrates 102.2 g
					Peaches	
					Juice	
4	5	6	7	8		
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	Pizza	Calories...647	
Cheeseburger	Pizza	Chicken Spicy Sandwich	Pork Roast w/Gravy	Corndog	Cholesterol...62 mg	
French Fries	Potato Rounds	French Fries	Rice/Tomatoes	Baked Beans	Sodium. 960 mg	
Lettuce & Tomato	Green Beans	Lettuce & Tomato	Turnips	French Fries	Sugar 31.8 g	
Fruit Cocktail	Rip Tide Slushie	Fresh Fruit	Cornbread	Peaches	Carbohydrates 90.8 g	
Applesauce cup	Fresh Fruit	Mandarin Oranges	Fresh Fruit	Juice		
		Rice Krispie	Spiced Apples	Cup Cake		
11	12	13	14	15		
Pizza		Chicken Teriyaki Nuggets	Oven Baked Chicken	Chicken Sandwich	Calories...958	
Chicken Chunks		Fish	Salisbury Steak	BBQ Pork Sandwich	Cholesterol...101 mg	
Macaroni & Cheese	Manager Choice	Scalloped Potato	Mashed Potatoes w/Gravy	Chips	Sodium.2083 mg	
Roll		Steamed Broccoli & Cheese	Lima Beans	Dill Spear	Sugar 42.5 g	
Peas		Roll	Strawberry Cup	Baked Beans	Carbohydrates126.9 g	
Carrots		Fresh Fruit	Fresh Fruit	Pudding		
Fruit Cocktail		Peaches	Roll	Peaches/Juice		
18	19	20	21	22		
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	Pizza	Calories...647	
Cheeseburger	Pizza	Chicken Spicy Sandwich	Pork Roast w/Gravy	Corndog	Cholesterol...62 mg	
French Fries	Potato Rounds	French Fries	Rice/Tomatoes	Baked Beans	Sodium. 960 mg	
Lettuce & Tomato	Green Beans	Lettuce & Tomato	Turnips	French Fries	Sugar 31.8 g	
Fruit Cocktail	Rip Tide Slushie	Fresh Fruit	Cornbread	Peaches	Carbohydrates 90.8 g	
Applesauce cup	Fresh Fruit	Mandarin Oranges	Fresh Fruit	Juice		
		Rice Krispie	Spiced Apples	Cup Cake		
25	26	27	28	29		
Pizza	Spaghetti		Oven Baked Chicken	Chicken Sandwich		
Chicken Chunks	Pizza		Salisbury Steak	BBQ Pork Sandwich	Calories...988	
Mac & Cheese	Lettuce & Tomato		Mashed Potatoes w/Gravy	Chips	Cholesterol...106 mg	
Roll	Corn	Manager Choice	Lima Beans	Dill Spear	Sodium. 2057 mg	
Peas	Breadstick		Strawberry Cup	Baked Beans	Sugar 40.6 g	
Carrots	Pears		Fresh Fruit	Pudding	Carbohydrates127.9g	
Applesauce cup	Fresh Fruit		Roll	Peaches/Juice		
Fruit Cocktail						
Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.						
Georgia Grown	Menu subject to change based on availability. Offered Daily 3rd main choice				Locally Grown	

