

MAY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<ul style="list-style-type: none"> <li>• Yogurt</li> <li>• Educational Snacks</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Pineapple Juice</li> </ul>	<ul style="list-style-type: none"> <li>• HOT Classic Egg and Cheese Brekwich (English Muffin)</li> <li>• Fresh Fruits</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Yogurt</li> <li>• HONEY Grahams</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Orange Juice</li> </ul>
<ul style="list-style-type: none"> <li>• Zee Zees Berry Apple Crisp Bar</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Orange Juice</li> </ul>	<ul style="list-style-type: none"> <li>• HOT Turkey, Cheddar Cheese, and Omelet Gordita</li> <li>• Fresh Fruits</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Blueberry Burst Whole Grain Bagel Cream Cheese</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Pineapple Juice</li> </ul>	<ul style="list-style-type: none"> <li>• HOT Pancakes w/ Syrup</li> <li>• Fresh Fruits</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Mini Apple Cinnamon Muffin</li> <li>• String Cheese</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Orange Juice</li> </ul>
<ul style="list-style-type: none"> <li>• Yogurt</li> <li>• Educational Snacks</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Orange Juice</li> </ul>	<ul style="list-style-type: none"> <li>• HOT French Toast Sticks</li> <li>• Fresh Fruits</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Zee Zees Berry Apple Crisp Bar</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Pineapple Juice</li> </ul>	<ul style="list-style-type: none"> <li>• HOT Omelet w/ Cheese</li> <li>• Whole Grain Roll</li> <li>• Fresh Fruits</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Yogurt</li> <li>• HONEY Grahams</li> <li>• Fresh Fruits</li> <li>• Choice of Milk</li> <li>• Orange Juice</li> </ul>
<ul style="list-style-type: none"> <li>• Multigrain Cheerios</li> <li>• Giant Cinnamon Goldfish Grahams</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Orange Juice</li> </ul>	<ul style="list-style-type: none"> <li>• HOT Rise &amp; Shine Breakfast Burrito (Egg &amp; Cheese)</li> <li>• Fresh Fruits</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• String Cheese</li> <li>• Cinnamon Grahams</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Pineapple Juice</li> </ul>	<ul style="list-style-type: none"> <li>• HOT Pancake Bowl Peach</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Zee Zees Berry Apple Crisp Bar</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Orange Juice</li> </ul>
	<ul style="list-style-type: none"> <li>• Cinnamon Chex</li> <li>• Educational Snacks</li> <li>• Fresh Fruits</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Banana Muffin</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Pineapple Juice</li> </ul>	<ul style="list-style-type: none"> <li>• Biscuit &amp; Country Gravy</li> <li>• Fresh Fruits</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Mini French Toast Muffin</li> <li>• String Cheese</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>• Orange Juice</li> </ul>

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

**Breakfast:** choice of 1% or fat-free milk; two pieces of fresh fruit served daily except when fruit juice is offered

MAY Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <ul style="list-style-type: none"> <li>• BBQ Chicken Drumstick w/ Cheesy Rice</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Edamame</li> </ul>	<p>2</p> <ul style="list-style-type: none"> <li>• Pasta w/ Zesty Beef</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Island Glazed Carrots</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>• Creamy Chicken &amp; Biscuit</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Chopped Lettuce and Sliced Tomatoes w/ RANCH</li> </ul>
<p>6</p> <ul style="list-style-type: none"> <li>• The Revolution Hot Dog (DF)</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Seasoned Green Beans</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>• Chicken Bites</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Baby Carrots w/ RANCH</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>• Sweet &amp; Tangy Grilled Chicken Bites (DF)</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Pinto Beans</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>• Cheesy Chicken Quesadilla</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Seasoned Carrot, Corn, &amp; Peas</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>• Crispy Chicken Sandwich (DF)</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Chopped Lettuce and Sliced Tomatoes</li> </ul>
<p>13</p> <ul style="list-style-type: none"> <li>• Pepperoni Pizza</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Seasoned Green Beans</li> </ul>	<p>14</p> <ul style="list-style-type: none"> <li>• Flame Broiled Beef Cheeseburger</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Steamed Corn</li> </ul>	<p>15</p> <ul style="list-style-type: none"> <li>• Classic Chicken Parm Pasta</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Seasoned Black Beans</li> <li>○ Grape Tomatoes</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>• Penne Pesto Salad with Chicken</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Broccoli w/ RANCH</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>• Classic Spaghetti and Meatballs (DF)</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Island Glazed Carrots</li> </ul>
<p>20</p> <ul style="list-style-type: none"> <li>• Crispy Chicken Sandwich (DF)</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Glazed Carrots</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>• Popcorn Chicken Bites w/ BBQ Beans &amp; Corn</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Green Peas</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>• Chicken Taco Trio</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Chili Citrus Black Beans &amp; Corn</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>• Flame Broiled Beef Cheeseburger</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Chopped Lettuce and Sliced Tomatoes w/ RANCH</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>• Hot Meatball Sub</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Cucumber &amp; Tomato Salad</li> </ul>
<p>27</p> 	<p>28</p> <ul style="list-style-type: none"> <li>• Breakfast for Lunch: Pancakes w/ Maple Turkey Sausage &amp; Omelet</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Seasoned Green Beans</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>• Penne Pasta w/ Meat Sauce (DF)</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Steamed Corn</li> </ul>	<p>30</p> <ul style="list-style-type: none"> <li>• Baked Mac &amp; Cheese with Chicken Bites</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Chopped Lettuce and Sliced Tomatoes w/ RANCH</li> </ul>	<p>31</p> <ul style="list-style-type: none"> <li>• Pepperoni Pizza</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Steamed Carrots</li> </ul>

WHAT'S NEW?

Just in time for Spring! Our new **Penne Pesto Salad with Chicken** is bursting with bold, fresh flavors!



You'll love our penne pasta tossed in pesto sauce topped with diced chicken, basil pesto sauce and shredded parmesan cheese. Available **on 5/16!**

**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

○ **Vegetable of the day**