

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**
**3**

 Pepperoni Pizza or  
Cheese Pizza  
Caesar Salad  
Grapes

**4**

Salad Bar

 Baked Potato w/the Fixins  
or Sub Sandwiches  
Strawberries

**5**

Salad Bar

 Pork Roast  
Mashed Potatoes  
Butternut Squash  
Cantaloupe

**6**

Salad Bar

 Cattlemen's Chili & Corn  
Bread  
Coleslaw  
Watermelon

**7**

Salad Bar

 Frito Boat or Tamale  
Spanish Rice  
Green Salad  
Honeydew

**10**

Salad Bar

 Grilled Chicken Sandwich  
Pasta Salad  
Watermelon

**11**

Salad Bar

 Lasagna  
Roasted Green Beans  
Grapes

**12**

Salad Bar

 Minestrone Soup & Grilled  
Cheese  
Spinach Salad  
Cantaloupe

**13**

Salad Bar

 Pulled Pork  
Coleslaw  
Potato Wedges  
Honeydew

**14**

Salad Bar

 Bean Burritos or Beef/Bean  
Burrito  
Chips and Salsa  
Corn on the Cob  
Watermelon

**17**

 Chicken Burgers  
Baked Beans  
Honeydew

**18**

Salad Bar

 Meatball Sub or Corn Dog  
Seasoned French Fries  
Broccoli Salad  
Grapes

**19**

Salad Bar

 Chicken Strips  
Mashed Potato Bowl  
Caesar Salad  
Cantaloupe

**20**

Salad Bar

Cheeseburgers

**21**
**HOME COMING**

 Tacos  
Refried Beans  
Cornfetti  
Honeydew

**24**

Salad Bar

 Spaghetti & Garlic Bread  
Zucchini  
Caesar Salad  
Cantaloupe

**25**

Salad Bar

 Southwest Chicken Wrap  
Carrot and Celery Sticks  
Pears

**26**

Salad Bar

 Ham & Cheese Panini Or  
Pepperoni Chicken Panini  
Spinach Salad  
Grapes

**27**

Salad Bar

 Nachos Supreme  
Black Bean Salad  
Spanish Rice  
Watermelon

**28**


Applications are available for the Free and Reduced Breakfast and Lunch Program. Applications may be picked up in the school office or are available to fill out online on the district website.

**Breakfast Price:** Paid \$2.25 Reduced \$0.30

**Lunch Price:** Paid \$3.00 Reduced \$0.40

Contact the Food Service Department to resolve any issues with your child's lunch account at 707-725-4461 ext. 3095 or e-mail Regina Salmon: rsalmon@fuhsdistrict.net