


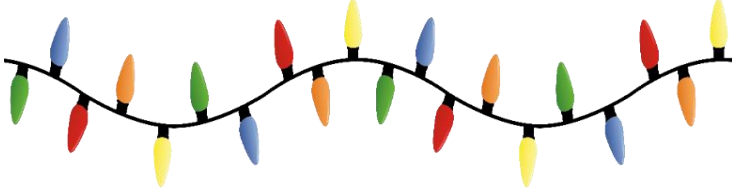

DECEMBER 2018 - NC High / Discovery High - Breakfast / Lunch Menu

NEWTON-CONOVER CITY SCHOOLS

Students are offered 5 components which make a regular lunch. Students may decline up to two component, however one of their choices must be a vegetable or a fruit to be considered a regular lunch. **Students taking only 1 or 2 items, or taking 3 items without a vegetable or fruit will be charged a la carte prices.**

Available Daily at Breakfast - × Poptarts × Fruit & Yogurt Parfaits × Muffins × Assorted Cereal × Toast w/Jelly × Juice × Fruit ×milk ×

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast Chicken Biscuit 35 Lunch Soft Tacos 25 Buffalo Ckn Flatbread Pizza 31 Carrot Chips w/Dip 6 Seasoned Corn 21 Mixed Fruit 19 Banana 24	4 National Cookie Day! Breakfast Cinnamon Roll 53 Lunch  Turkey Tetrizzini w/roll 73 Teriyaki Beef w/rice & roll Roasted Baby Carrots 7 Seasoned Green Beans 6 Raisins 34 Applesauce 15	5 Breakfast SSG Breakfast Pizza 24 Lunch Cr. Chicken Salad w/Brdstick 42 Hot Dog 30 Potato Wedges Baked Beans 39 Sliced Peaches 14 Pineapple Tidbits 21	6 Breakfast Fr. Tst Sticks w/syrup 52 Lunch Southwest Beef Fiestada 43 Spicy Chicken Sandwich 43 Steamed Broccoli 5 Pinto Beans 15 Apple Crisp 57 Fruit Punch 14	7 Breakfast Sausage & Chz Croissant 28 Lunch Domino's Pizza 29 Grilled Cheese Sandwich 30 Glazed Carrots 17 Chicken Tortilla Soup Sliced Pears 14 Apple Juice 14
10 Breakfast Pork Biscuit 36 Lunch Spaghetti w/Brdstick 69 Ckn & Chz Quesadilla 34 Veggie Ranch Salad 3 Steamed Green Peas 22 Baked Apples 28 Mixed Fruit 19	11 Breakfast Cinnabar 45 Lunch Buffalo Chicken Salad 43 Glazed Ham & Chz Croissant 35 Glazed Sweet Potatoes 45 Seasoned Corn 21 Sliced Peaches 14 Apple Juice 14	12 Breakfast Breakfast Pizza 26 Lunch Breakfast for Lunch 28 Deli Sandwich 30 Potato Triangle 12 Gold Rush Juice Box 10 Fresh Grapes 9 Sliced Pears 14	13 Breakfast Dutch Waffle 51 Lunch  Country Style Steak w/roll 22 Chicken Alfredo w/roll 56 Lima Beans 18 Mashed Potatoes 15 Mandarin Oranges 26 Snowman Fruit Freeze 19	14 Breakfast Pancake & Sausage Sandwich 23 Lunch Pepperoni Pizza 30 Teriyaki Ckn w/rice & roll 64 Broccoli Soup 43 Glazed Carrots 21 Applesauce 15 Fruit Punch 14
Breakfast Prices 2018-2019 Grades K to 12 - \$1.25 Reduced Rate - \$0.00 Entrée Only - \$1.00 Milk Only - \$0.50	Lunch Prices 2018-2019 Grades 6 to 12 - \$2.75 Reduced Rate - \$0.40 Entrée Only - \$1.75 to \$2.00 Milk Only - \$0.50		Cost of Meals for December 2018 - (13 days) Breakfast Grades K to 12 - \$16.25 Reduced Rate - \$0.00 Lunch Grades 6 to 12 - \$35.75 Reduced Rate - \$5.20	

<p>17</p> <p>Breakfast Flapstick w/syrup 37</p> <p>Lunch Lasagna w/breadstick 56 Chicken Fillet Sandwich 43 Carrot Chips w/dip 10 Pinto Beans 15 Frozen Fruit Cup 19/21 Applesauce 15</p>	<p>18</p> <p>Breakfast WG Breakfast Donut 41</p> <p>Lunch Hamburger 29 Buffalo Chicken Wrap 32 Baked Beans 39 Spiral Fries 17 Mixed Fruit 19 Baked Apples 28</p>	<p>19</p> <p>Breakfast Fr. Tst Sticks w/syrup 52</p> <p>Lunch Pepperoni Pizza 30 Manager's Choice Entrée Steamed Broccoli 5 Glazed Carrots 17 Fruit Punch 14 Sliced Pears 14</p>	<p>20</p> <p>WORKDAY NO SCHOOL</p>	<p>21</p> <p>ANNUAL LEAVE NO SCHOOL</p>
<p>24</p> <p>HOLIDAY NO SCHOOL</p>	<p>25</p> <p>HOLIDAY NO SCHOOL</p>	<p>26</p> <p>HOLIDAY NO SCHOOL</p>	<p>27</p> <p>ANNUAL LEAVE NO SCHOOL</p>	<p>28</p> <p>ANNUAL LEAVE NO SCHOOL</p>
				
<p>31</p> <p>ANNUAL LEAVE NO SCHOOL</p>			<p><i>Days to Remember!</i></p>	
<p><u>Tuesday, Dec 4th</u> - National Cookie Day!</p> 				
<p>Menus, Nutrition, and Allergen Information can be found on our system website: www.newton-conover.org - Menus are subject to change - Notice is given when possible</p>				
<p>USDA is an equal opportunity provider and employer'</p>				