



# Breakfast Menu

## November, 2018

### More info...

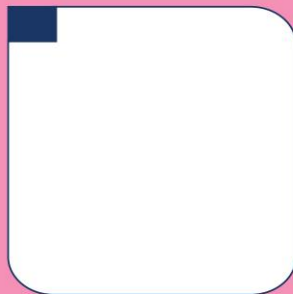
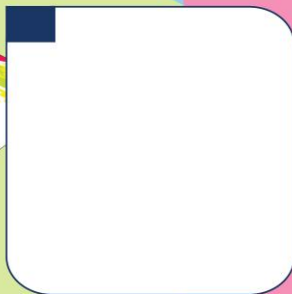
Students must select a minimum of 3 food items to make a meal.

### Choice of Milk:

1% Fat Free or  
Fat Free Chocolate Milk

### More info...

A parent/guardian of any student with a food allergy should feel free to contact the Food Service Director at: (708)-484-5773



**01**  
Yogurt  
Graham Snack  
Fruit Juice  
Fresh Banana

**02**  
Cinnamon Chex  
String Cheese  
Apple Juice  
Craisins

**05**  
No School

**06**  
No School

**07**  
NG Bar  
Cheese Stick  
Orange Juice  
Fresh Pear

**08**  
Yogurt  
Graham Snack  
Fruit Juice  
Fresh Banana

**09**  
Muffin  
String Cheese  
Apple Juice  
Craisins

**12**  
Frosted Mini  
Wheat  
String Cheese  
Fruit Juice  
Fresh Apple

**13**  
Mini Strawberry  
Cheese Bagel  
Apple Juice  
Fresh Banana

**14**  
NG Bar  
String Cheese  
Orange Juice  
Fresh Pear

**15**  
Bagel  
Cream Cheese  
Fruit Juice  
Fresh Banana

**16**  
NG Bar  
String Cheese  
Apple Juice  
Craisins

**19**  
Cinnamon Chex  
String Cheese  
Fruit Juice  
Fresh Apple

**20**  
Cinnamon Bagel  
w/ Cream Cheese  
Fruit Juice  
Fresh Banana

**21**  
Thanksgiving  
Holiday

**22**  
Thanksgiving  
Holiday

**23**  
Thanksgiving  
Holiday

**26**  
Frosted Mini  
Wheat  
String Cheese  
Fruit Juice  
Fresh Apple

**27**  
Mini Cinnamon  
Creamy Bagel  
Apple Juice  
Fresh Banana

**28**  
Muffin  
String Cheese  
Orange Juice  
Fresh Pear

**29**  
NG Bar  
Fruit Juice  
Fresh Banana

**30**  
Muffin  
String Cheese  
Apple Juice  
Craisins



This institution is an equal opportunity provider.