



Elementary SD 159

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
7	8	9	10	11
Blueberry Pomegranate Oat Bar Applesauce Cup 100% Fruit Juice	Pancakes Fresh Fruit 100% Fruit Juice	Yogurt String Cheese Fresh Fruit 100% Fruit Juice	Berry French Toast Fresh Fruit 100% Fruit Juice	Bagel & Cream Cheese Fresh Fruit 100% Fruit Juice
14	15	16	17	18
Multi Grain Cheerio Bar Fresh Fruit 100% Fruit Juice	Mini Cinnis Applesauce Cups 100% Fruit Juice	Apple Oat Bar Fresh Fruit 100% Fruit Juice	Honey Bun Fresh Fruit 100% Fruit Juice	Strawberry Oat Bar Fresh Fruit 100% Fruit Juice
21	22	23	24	25
Holiday No School	Strawberry Pancakes Applesauce Cups 100% Fruit Juice	Chocolate Chip Oat Bar Vanilla Graham Bear 100% Fruit Juice	Super Donut Fresh Fruit 100% Fruit Juice	Apple Oat Bar Raisins 100% Fruit Juice
28	29	30	31	
Cinnamon Pop Tart Vanilla Graham Bear 100% Fruit Juice	Banana Muffin Fresh Fruit 100% Fruit Juice	Yogurt String Cheese 100% Fruit Juice	French Toast Fresh Fruit 100 % Fruit Juice	

Breakfast
(Milk included with meal)
\$1.30

Milk
\$0.50

Questions about the menu?
Mykela Collins
mkyler@dist159.com
708-283-9733

For more information or to "Ask the Dietitian", check out our website!




Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork

Menu changes are occasionally necessary. Notice will be given when possible.

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