



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.

GO CATS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target	
 <p>Daylight saving time 2019 begins 2:00 AM on Sunday, March 10</p>					1	
					Chicken Sandwich	Calories...645
					BBQ Pork Sandwich	Cholesterol...66 mg
					French Fries	Sodium.1256 mg
					Dill Spear	Sugar 37.4 g
					Baked Beans	Carbohydrates 88.6 g
				Peaches		
				Juice		
4	5	6	7	8		
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	Pizza	Calories...710	
Cheeseburger	Pizza	Hot Dog & Bun	Pork Roast w/Gravy	Corndog	Cholesterol...66 mg	
French Fries	Potato Rounds	French Fries	Rice/Tomatoes	Baked Beans	Sodium. 1256 mg	
Lettuce & Tomato	Green Beans	Lettuce & Tomato	Turnips	French Fries	Sugar 37.4 g	
Fruit Cocktail	Rip Tide Slushie	Fresh Fruit	Cornbread	Peaches	Carbohydrates 88.6 g	
Applesauce cup	Fresh Fruit	Mandarin Oranges	Fresh Fruit	Juice		
		Rice Krispie	Spiced Apples	Cup Cake		
11	12	13	14	15		
Pizza		Chicken Teriyaki Nuggets	Oven Baked Chicken	Chicken Sandwich	Calories...810	
Chicken Chunks/Roll		Fish	Salisbury Steak	BBQ Pork Sandwich	Cholesterol...107 mg	
Macaroni & Cheese	Manager Choice	Scalloped Potato	Mashed Potatoes w/Gravy	Chips	Sodium 1882 mg	
Peas		Steamed Broccoli & Cheese	Lima Beans	Dill Spear	Sugar 42.3 g	
Carrots		Roll	Strawberry Cup	Baked Beans	Carbohydrates100.3 g	
Applesauce		Fresh Fruit	Fresh Fruit	Pudding		
Fruit Cocktail		Peaches	Roll	Peaches/Juice		
18	19	20	21	22		
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	Pizza	Calories...846	
Cheeseburger	Pizza	Hot Dog & Bun	Pork Roast w/Gravy	Corndog	Cholesterol...92 mg	
French Fries	Potato Rounds	French Fries	Rice/Tomatoes	Baked Beans	Sodium. 1617 mg	
Lettuce & Tomato	Green Beans	Lettuce & Tomato	Turnips	French Fries	Sugar 39.8 g	
Fruit Cocktail	Rip Tide Slushie	Fresh Fruit	Cornbread	Peaches	Carbohydrates108.4 g	
Applesauce cup	Fresh Fruit	Mandarin Oranges	Fresh Fruit	Juice		
		Rice Krispie	Spiced Apples	Cup Cake		
25	26	27	28	29		
Pizza	Spaghetti		Oven Baked Chicken	Chicken Sandwich		
Chicken Chunks/Roll	Pizza		Salisbury Steak	BBQ Pork Sandwich	Calories...821	

Macaroni & Cheese	Lettuce & Tomato	Manager Choice	Mashed Potatoes w/Gravy	Chips	Cholesterol...109 mg
Peas	Corn		Lima Beans	Dill Spear	Sodium. 1830 mg
Carrots	Breadstick		Strawberry Cup	Baked Beans	Sugar 40.3 g
Applesauce	Pears		Fresh Fruit	Pudding	Carbohydrates 99.8g
Fruit Cocktail	Fresh Fruit		Roll	Peaches/ Juice	
Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.					
Georgia Grown	Menu subject to change based on availability.				Locally Grown