

MARCH BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • Blueberry Muffin
4 • Multigrain Cheerios (df)	5 • HOT French Toast Sticks (vg)	6 • Berry Apple Crisp Bar with Fruit	7 • HOT Cornbread with Egg Omelet (vg)	8 • Mini Lemon Muffin & String Cheese (vg)
11 • Yogurt with Cinnamon Grahams	12 • Whole Grain Cinnamon Chex	13 • French Toast Muffin	14 • Yogurt with Educational Snacks	15 No School
18 • Cheerios (df)	19 • HOT French Toast Sticks (vg)	20 • Blueberry Burst Muffin	21 • Yogurt with HONEY Grahams	22 • Mini Lemon Muffin with String Cheese (vg)
25 • Corn Chex (df)	26 • Cinnamon Crumble	27 • Yogurt with Educational Snacks	28 • HOT Pancakes with Syrup (vg)	29 • Blueberry Muffin

CELEBRATE NATIONAL SCHOOL BREAKFAST WEEK!



DID YOU KNOW?

Studies show that students who eat breakfast have improved attention and memory, which leads to higher reading and math scores!

Breakfast: choice of 1% or fat-free milk; fresh served daily except when juice is offered.

MARCH LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 <ul style="list-style-type: none"> • Cheesy Chicken Quesadilla ○ Steamed Corn 	5 <ul style="list-style-type: none"> • BBQ Beef Flatbread Melt ○ Seasoned Green Beans 	6 <ul style="list-style-type: none"> • Chicken Tamale (df) ○ Seasoned Black Beans and Corn 	7 <ul style="list-style-type: none"> • Pepper Jack Cheeseburger ○ Green Peas ○ and Tomatoes 	8 <ul style="list-style-type: none"> • Cheese Pizza with a Whole Grain Crust (vg) ○ Sweet Potatoes
11 <ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger ○ Seasoned Green Beans 	12 <ul style="list-style-type: none"> • Cheese Pizza ○ Glazed Carrots 	13 <ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice ○ Steamed Corn ○ Pinto Beans 	14 <ul style="list-style-type: none"> • Cheesy Chicken Quesadilla ○ Chopped Lettuce and Tomatoes 	15 <p>No School</p>
18 <ul style="list-style-type: none"> • Pepperoni Pizza ○ Seasoned Green Beans 	19 <ul style="list-style-type: none"> • Pizza Burger Bagel Melt ○ Steamed Corn 	20 <ul style="list-style-type: none"> • Cheesy Chicken Quesadilla ○ Steamed Corn ○ Seasoned Black Beans 	21 <ul style="list-style-type: none"> • Italian Calzoni (vg) ○ Chopped Lettuce and Tomato 	22 <ul style="list-style-type: none"> • Five Cheese Lasagna (vg) ○ Sweet Potatoes
25 <ul style="list-style-type: none"> • Cheesy Pizza Bite Meal ○ Island Glazed Carrots 	26 <ul style="list-style-type: none"> • Cheesy Chicken Quesadilla ○ Seasoned Green Beans 	27 <ul style="list-style-type: none"> • Chicken Taco Trio ○ Steamed Corn ○ Pinto Beans 	28 <ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice ○ Chopped Lettuce and Tomato 	29 <ul style="list-style-type: none"> • Crispy Chicken Sandwich ○ Green Peas

WHAT'S NEW?

In honor of National School Breakfast Week (March 4-8), we've created a new version of everyone's favorite – **Breakfast for Lunch!**



Don't miss out on whole-grain pancakes served with a mini cheese omelet and maple turkey sausages – **available on date!**

Lunch: choice of 1% or fat-free milk; fresh available daily.

Dairy-free (df) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • Cheesy Pizza Bite Meal (vg) • Flame Broiled Beef Cheeseburger ○ Green Peas
4 • The Revolution Hot Dog (df) • Egg Salad Sandwich (vg) ○ Steamed Corn	5 • BBQ Beef Flatbread Melt • Cheese Pizza Panada Pie (vg) ○ Salad Bar	6 • Turkey and Cheddar Sandwich • Southwest Veggie Wrap (vg) ○ Edamame & Steamed Corn	7 • Pepper Jack Cheeseburger • Sunny Sandwich Kit (vg) ○ Chopped Lettuce and Sliced Tomatoes with RANCH	8 • Oven Roasted Chicken Sandwich (df) • Hummus Dippers ○ Sweet Potatoes
11 • The Revolution Hot Dog (df) • Cheesy Pizza Bite Meal (vg) ○ Seasoned Green Beans	12 • Cheese Pizza • Cheddar Cheese Sandwich (vg) ○ Salad Bar	13 • BBQ Chicken with Cheesy Rice • Rainbow Veggie Pizza (vg) ○ Pinto Beans & Steamed Corn	14 • Pancakes w/ Maple Turkey Sausage & Omelet • Egg Salad Sandwich (vg) (df) ○ Chopped Lettuce and Sliced Tomatoes with RANCH	15 No School
18 • Pepperoni Pizza • Cheddar Cheese Sandwich (vg) • Seasoned Green Beans	19 • Turkey and Cheese Flatbread Sandwich • Sunny Sandwich Kit (vg) ○ Salad Bar	20 • Chicken Salad Sandwich w/ Carrots (df) • Southwest Veggie Wrap (vg) ○ Seasoned Black Beans ○ Steamed Corn	21 • Turkey and Cheddar • Italian Calzoni (vg) ○ Chopped Lettuce and Sliced Tomatoes with RANCH	22 • Hawaiian Meatballs with Island Style Rice • Egg Salad Sandwich (vg) (df) ○ Sweet Potatoes
25 • The Revolution Hot Dog (df) • Cheesy Pizza Bite Meal (vg) ○ Island Glazed Carrots	26 • Cheesy Chicken Quesadilla • Egg Salad Sandwich (vg) (df) ○ Salad Bar	27 • Chicken Taco Trio • Creamy Pasta Alfredo (vg) ○ Garbanzo, Edamame, & Shredded Carrots	28 • Buffalo Chicken Pizza • Veggie Chef's Salad (vg) ○ Chopped Lettuce and Sliced Tomatoes with RANCH	29 • Crispy Chicken Sandwich (df) • Sunny Sandwich Kit (vg) ○ Green Peas

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