

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W1D1	CINNIS MINI	240	5	0	0	1.44	20	7	2	40	2	0	300	0
W1D1	FRUIT PUNCH	52.9101	0	0	3.1746	0	0	0	0	12.3457	0	0	8.8183	0
W1D1	FRESH APPLE RED DELICIOUS	90	0	50	4.7999	0.18	9.9999	0	0	23.8	3.4001	0	0.9999	0
W1D1	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W1D1	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
		<b>Calories</b>	<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Iron</b>	<b>Calcium</b>	<b>Total Fat</b>	<b>Sat Fat</b>	<b>Carbs</b>	<b>Fiber</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Trans Fat</b>
W1D2	PANCAKE SAUSAGE ON STICK	210	7	0	1.2	1.44	20	12	3	20	0	20	390	0
W1D2	FRESH BANANA	110	1.0001	0	9	0.36	0	0	0	29	4	0	0	0
W1D2	ORANGE JUICE	50	1	0	36	0	0	0	0	12.9999	0	0	10	0
W1D2	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W1D2	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
		<b>Calories</b>	<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Iron</b>	<b>Calcium</b>	<b>Total Fat</b>	<b>Sat Fat</b>	<b>Carbs</b>	<b>Fiber</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Trans Fat</b>
W1D3	Chicken Sausage Pancake Sand	130	9	0	0	0.72	0	3	1	17	2	0	320	0
W1D3	GRAPE JUICE	80	0.8818	0	0	0	0	0	0	15.8731	0	0	15	0
W1D3	STRAWBERRY CUPS	90	0.9999	0	66	0.3599	20	0	0	22	2	0	0	0
W1D3	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W1D3	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
		<b>Calories</b>	<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Iron</b>	<b>Calcium</b>	<b>Total Fat</b>	<b>Sat Fat</b>	<b>Carbs</b>	<b>Fiber</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Trans Fat</b>
W1D4	WAFFLE (GINNYS)	290	4	500	0	1.44	0	14	6	37	2	15	160	0
W1D4	APPLE JUICE	60.0001	0	0	0	0.36	100	0	0	14	0	0	10	0
W1D4	PEACH CUPS	80	1	300	162	0.36	0	0	0	19	1	0	0	0
W1D4	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W1D4	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
		<b>Calories</b>	<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Iron</b>	<b>Calcium</b>	<b>Total Fat</b>	<b>Sat Fat</b>	<b>Carbs</b>	<b>Fiber</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Trans Fat</b>
W1D5	EGGO PANCAKE CONFETTI	220	4	1000	0	3.6	60	7	1	38	4	10	300	0
W1D5	EGGO PANCAKE MAPLE	210	4	500	0	2.7	60	6	1	35	4	10	320	0
W1D5	EGGO PANCAKE BLUEBERRY	210	4	500	0	2.7	60	6	1	35	4	10	310	0
W1D5	ORANGE JUICE	50	1	0	36	0	0	0	0	12.9999	0	0	10	0
W1D5	APPLESAUCE UNSWEET CUPS	41.8033	0	0	0	0	0	0	0	11.4754	0.8197	0	1.6393	0
W1D5	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W1D5	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
		<b>Calories</b>	<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Iron</b>	<b>Calcium</b>	<b>Total Fat</b>	<b>Sat Fat</b>	<b>Carbs</b>	<b>Fiber</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Trans Fat</b>
W2D1	POPTART FUDGE FROSTED	180	3	500	0	1.8	100	3	1	38	3	0	190	0
W2D1	GRAPE JUICE	80	0.8818	0	0	0	0	0	0	15.8731	0	0	15	0
W2D1	MIXED BERRY CUPS	90	0	0	0	0	0	0	0	20	2	0	0	0
W2D1	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W2D1	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
		<b>Calories</b>	<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Iron</b>	<b>Calcium</b>	<b>Total Fat</b>	<b>Sat Fat</b>	<b>Carbs</b>	<b>Fiber</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Trans Fat</b>
W2D2	Mini Beef Sausage Sandwich	170	9	0	9	1.8	40	6	2	20	2	20	350	0
W2D2	APPLE JUICE	60.0001	0	0	0	0.36	100	0	0	14	0	0	10	0
W2D2	STRAWBERRY CUPS	90	0.9999	0	66	0.3599	20	0	0	22	2	0	0	0
W2D2	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W2D2	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
		<b>Calories</b>	<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Iron</b>	<b>Calcium</b>	<b>Total Fat</b>	<b>Sat Fat</b>	<b>Carbs</b>	<b>Fiber</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Trans Fat</b>
W2D3	Brkft Cinnamon Roll IW BIC	190	4	2000	4.8	1.44	20	6	1	33	4	0	180	0
W2D3	FRESH APPLE RED DELICIOUS	90	0	50	4.7999	0.18	9.9999	0	0	23.8	3.4001	0	0.9999	0
W2D3	ORANGE JUICE	50	1	0	36	0	0	0	0	12.9999	0	0	10	0
W2D3	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W2D3	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholestrol	Sodium	Trans Fat
W2D4	EGGO PANCAKE CONFETTI	220	4	1000	0	3.6	60	7	1	38	4	10	300	0
W2D4	EGGO PANCAKE MAPLE	210	4	500	0	2.7	60	6	1	35	4	10	320	0
W2D4	EGGO PANCAKE BLUEBERRY	210	4	500	0	2.7	60	6	1	35	4	10	310	0
W2D4	FRUIT PUNCH	52.9101	0	0	3.1746	0	0	0	0	12.3457	0	0	8.8183	0
W2D4	APPLESAUCE UNSWEET CUPS	41.8033	0	0	0	0	0	0	0	11.4754	0.8197	0	1.6393	0
W2D4	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W2D4	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholestrol	Sodium	Trans Fat
W2D5	PILLSBURY FILLED CRESCENT CHOC	230	6	0	0	1.44	20	8	1.5	37	2	0	270	0
W2D5	ORANGE JUICE	50	1	0	36	0	0	0	0	12.9999	0	0	10	0
W2D5	FRESH BANANA	110	1.0001	0	9	0.36	0	0	0	29	4	0	0	0
W2D5	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W2D5	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0