


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 <p>Labor Day</p>	<p>3</p> <p>140 Apple Cinnamon Tamal</p> <p>5 Frosted Flakes w Graham Crackers</p> <p>150 Pepperjack Cheeseburger with Tater Tots (1c)</p> <p>5 Garden Burger with Tater Tots (1c)</p> <p>5 Grilled Veggie & Beans Sandwich on a Hoagie Roll with Green Salad (1 1/2c) & Italian Dressing</p> <p>15 Santa Fe Chicken Salad with a Wheat Dinner Roll</p>	<p>4</p> <p>140 Reduced Sugar Trix & WG Crackers</p> <p>5 Sunbutter & Jelly Sandwich on Wheat</p> <p>150 Beef Lasagna with Steamed Broccoli & Carrots (1c)</p> <p>5 Three Cheese Lasagna with Steamed Broccoli & Carrots (1c)</p> <p>5 Greek Salad with Garbanzo Beans (1/2c)</p> <p>5 (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)</p> <p>15 Caesar Chicken Salad with a Wheat Dinner Roll</p>	<p>5</p> <p>140 Bagel with Cream Cheese</p> <p>5 Multi Grain Cheerios w Graham Crackers</p> <p>150 Chicken Tamal with Pinto Beans (1c)</p> <p>5 Cheese Tamal with Pinto Beans (1c)</p> <p>5 Fresh Veggie & Bean Tortilla Wrap with Carrot Sticks (1c) & Italian Dressing</p> <p>15 Greek Chicken Salad with a Wheat Dinner Roll</p>	<p>6</p> <p>140 Mexican Concha</p> <p>5 English Muffin w/Jelly (2)</p> <p>150 Chicken Teriyaki with Brown Rice Pilaf (1c) & Steamed Carrots (1c)</p> <p>5 Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Carrots (1c)</p> <p>5 Penne Pasta (1c) & Marinara Sauce (1/2c) with Grilled Tofu (1/2c), Green Salad (1c) & Italian Dressing</p> <p>15 Chinese Chicken Salad with a Wheat Dinner Roll</p>
	<p>9</p> <p>140 Chocolate Crescent</p> <p>5 Bagel w/ Jelly (2)</p> <p>150 Orange Chicken with Brown Rice Pilaf (1c) & Mixed Vegetables (1c)</p> <p>5 Penne Pasta (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Mixed Vegetables (1c)</p> <p>5 Grilled Vegetable Fajitas (1/2c) w/Tofu (1/2c) w/Corn Tortillas (2) & Refried Beans (1/2c)</p> <p>15 Chef Turkey & Ham Salad with a Wheat Dinner Roll</p>	<p>10</p> <p>140 Bean & Cheese Burrito</p> <p>5 Frosted Flakes w Graham Crackers</p> <p>160 Honey BBQ Chicken Wings with Dinner Roll & Mashed Potatoes (1c)</p> <p>5 Veggie Burger Sliders (2) with Mashed Potatoes (1c)</p> <p>5 Pinto Beans (1/2c) Nachos (2oz) & Green Salad (2c) & Italian Dressing</p> <p>15 Santa Fe Chicken Salad with a Wheat Dinner Roll</p>	<p>11</p> <p>140 Reduced Sugar Cinnamon Toast Crunch & WG Crackers</p> <p>5 Sunbutter & Jelly Sandwich on Wheat</p> <p>170 Pepperoni Pizza with Green Salad (2c)</p> <p>5 Cheese Pizza with Green Salad (2c)</p> <p>5 Sante Fe Salad with Black Beans (1/2c) (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)</p> <p>15 Caesar Chicken Salad with a Wheat Dinner Roll</p>	<p>12</p> <p>140 Pancakes (2) with Syrup</p> <p>5 Multi Grain Cheerios w Graham Crackers</p> <p>150 Beef & Cheese Nachos with Pinto Beans (1c)</p> <p>5 Chili Cheese Flaquito with Pinto Beans (1c)</p> <p>5 Bean (1/2c) Torta with & Carrot Sticks (1c) & Italian Dressing</p> <p>15 Greek Chicken Salad with a Wheat Dinner Roll</p>	<p>13</p> <p>150 Coffee Cake & String Cheese</p> <p>5 English Muffin w/Jelly (2)</p> <p>160 Double Dog Chicken Hot Dogs with Sweet Potato (1c)</p> <p>5 Garden Burger with Sweet Potato (1c)</p> <p>5 Tofu Taco Salad (3/4c) (No Cheese/Meat) w/ Spanish Brown Rice (1c) & Refried Beans (3/4c)</p> <p>15 Chinese Chicken Salad with a Wheat Dinner Roll</p>
	<p>16</p> <p>150 Mexican Concha</p> <p>5 Bagel w/ Jelly (2)</p> <p>150 Chicken Fettuccine (1c) Alfredo with Mixed Vegetables (1c)</p> <p>5 Fettuccine (1c) Alfredo with Shredded Cheese (2oz) & Mixed Vegetables (1c)</p> <p>5 2 Veggie & Bean (1/2c) Tacos (No Cheese/Meat) w/Corn Salad (Oil & Vinegar) (3/4c)</p> <p>15 Chef Turkey & Ham Salad with a Wheat Dinner Roll</p>	<p>17</p> <p>150 Egg & Cheese Taco</p> <p>5 Frosted Flakes w Graham Crackers</p> <p>150 Beef Taquitos (2) with Whole Kernel Corn (1c)</p> <p>5 Bean & Cheese Burrito with Whole Kernel Corn (1c)</p> <p>5 Beans Chili (No Meat/Cheese) (3/4c) w/Dinner Roll (2oz) & Carrot Sticks (1c) w/Italian Dressing</p> <p>15 Santa Fe Chicken Salad with a Wheat Dinner Roll</p>	<p>18</p> <p>150 Lucky Charms & WG Crackers</p> <p>5 Sunbutter & Jelly Sandwich on Wheat</p> <p>150 Orange Chicken with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)</p> <p>5 Orange Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)</p> <p>5 Chinese Salad (No Chicken) w/ Dinner Roll (2oz) & Bean Salad (Oil & Vinegar) (1/2c)</p> <p>15 Caesar Chicken Salad with a Wheat Dinner Roll</p>	<p>19</p> <p>140 Cinnamon French Toast w/Syrup</p> <p>5 Multi Grain Cheerios w Graham Crackers</p> <p>150 Red Chicken & Cheese Enchiladas with Pinto Beans (3/4c)</p> <p>5 Red Cheese Enchiladas with Pinto Beans (3/4c)</p> <p>5 Refried Beans & Rice Burrito & Green Salad (2c) w/Italian Dressing</p> <p>15 Greek Chicken Salad with a Wheat Dinner Roll</p>	<p>20</p> <p>140 WG Apple Cinnamon Donut</p> <p>5 English Muffin w/Jelly (2)</p> <p>150 Chicken Chow Mein (1c) with Steamed Carrots (1c)</p> <p>5 Teriyaki Tofu (1/2c) Chow Mein (1c) & Steamed Carrots (1c)</p> <p>5 Pineapple Tofu (1/2c) w/Mixed Vegetables (1c) & Brown Rice Pilaf (1c)</p> <p>15 Chinese Chicken Salad with a Wheat Dinner Roll</p>
	<p>23</p> <p>140 String Cheese & Graham Crackers</p> <p>5 Bagel w/ Jelly (2)</p> <p>150 Spaghetti (1c) & Meatballs with Mixed Vegetables (1c)</p> <p>5 Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Mixed Vegetables (1c)</p> <p>5 Chow Mein (1c) w/Tofu (1/2c) & Mixed Vegetables (1c)</p> <p>15 Chef Turkey & Ham Salad with a Wheat Dinner Roll</p>	<p>24</p> <p>140 Apple Muffin & WG Crackers</p> <p>5 Frosted Flakes w Graham Crackers</p> <p>150 Chicken & Waffles with Mashed Potatoes (1c)</p> <p>5 Garden Burger with Mashed Potatoes (1c)</p> <p>5 Grilled Veggie & Beans Sandwich on a Hoagie Roll with Green Salad (1 1/2c) & Italian Dressing</p> <p>15 Santa Fe Chicken Salad with a Wheat Dinner Roll</p>	<p>25</p> <p>150 Multi Grain Cheerios & WG Crackers</p> <p>5 Sunbutter & Jelly Sandwich on Wheat</p> <p>180 Pepperoni Pizza with Green Salad (2c)</p> <p>5 Cheese Pizza with Green Salad (2c)</p> <p>5 Greek Salad with Garbanzo Beans (1/2c)</p> <p>5 (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)</p> <p>15 Caesar Chicken Salad with a Wheat Dinner Roll</p>	<p>26</p> <p>140 Mini Bagel with Sunbutter</p> <p>5 Multi Grain Cheerios w Graham Crackers</p> <p>150 Chicken Taquitos with Pinto Beans (1c)</p> <p>5 Shredded Cheese (2oz) Nachos (2oz) with Pinto Beans (1c)</p> <p>5 Fresh Veggie & Bean Tortilla Wrap with Carrot Sticks (1c) & Italian Dressing</p> <p>15 Greek Chicken Salad with a Wheat Dinner Roll</p>	<p>27</p> <p>150 Mini Cinnamon Rolls</p> <p>5 English Muffin w/Jelly (2)</p> <p>170 Breaded Chicken Patty Sandwich with Sweet Potato (1c)</p> <p>5 Bean & Cheese Burrito with Carrot Sticks (1c) & Ranch</p> <p>5 Penne Pasta (1c) & Marinara Sauce (1/2c) with Grilled Tofu (1/2c), Green Salad (1c) & Italian Dressing</p> <p>15 Chinese Chicken Salad with a Wheat Dinner Roll</p>
	<p>30</p> <p>140 Mini Bagels w/Cinnamon Cream Cheese</p> <p>5 Bagel w/ Jelly (2)</p> <p>150 Mongolian Beef with Brown Rice Pilaf (1c) & Mixed Vegetables (1c)</p> <p>5 Creamy Chipotle Penne Pasta (1c) with Shredded Cheese (2oz) & Mixed Vegetables (1c)</p> <p>5 Grilled Vegetable Fajitas (1/2c) w/Tofu (1/2c) w/Corn Tortillas (2) & Refried Beans (1/2c)</p> <p>15 Chef Turkey & Ham Salad with a Wheat Dinner Roll</p>	<p>1</p> <p>150 Egg & Cheese Burrito</p> <p>5 Frosted Flakes w Graham Crackers</p> <p>150 Chicken Parmesan Sandwich with Tater Tots (1c)</p> <p>5 Veggie Burger Sliders (2) with Tater Tots (1c)</p> <p>5 Pinto Beans (1/2c) Nachos (2oz) & Green Salad (2c) & Italian Dressing</p> <p>15 Santa Fe Chicken Salad with a Wheat Dinner Roll</p>	<p>2</p> <p>150 Coco Puffs & WG Crackers</p> <p>5 Sunbutter & Jelly Sandwich on Wheat</p> <p>150 Chicken Teriyaki with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)</p> <p>5 Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)</p> <p>5 Sante Fe Salad with Black Beans (1/2c) (No Chicken/Cheese/Ranch) w/Corn Salad (1/2c) & Dinner Roll (2oz)</p> <p>15 Caesar Chicken Salad with a Wheat Dinner Roll</p>	<p>3</p> <p>150 Pancakes with Syrup</p> <p>5 Multi Grain Cheerios w Graham Crackers</p> <p>150 Southwestern Chicken Bowl with Spanish Brown Rice (1c), Pinto Beans (1/2c) & Whole Kernel Corn (1/2c)</p> <p>5 Chili Cheese Flaquito with Pinto Beans (1c)</p> <p>5 Bean (1/2c) Torta with & Carrot Sticks (1c) & Italian Dressing</p> <p>15 Greek Chicken Salad with a Wheat Dinner Roll</p>	<p>4</p> <p>150 Coffee Cake & String Cheese</p> <p>5 English Muffin w/Jelly (2)</p> <p>150 Hawaiian Chicken with Brown Rice Pilaf (1c) & Steamed Carrots (1c)</p> <p>5 Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Steamed Carrots (3/4c)</p> <p>5 Tofu Taco Salad (3/4c) (No Cheese/Meat) w/ Spanish Brown Rice (1c) & Refried Beans (3/4c)</p> <p>15 Chinese Chicken Salad with a Wheat Dinner Roll</p>

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1/2 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1% Non-fat/Non-fat Choc)



School Notes: PRE PACK FOR NOW - WILL SWITCH TO FAMILY-STYLE ONCE 2ND SERVER STARTS// JUICE ON TUESDAYS AND THURSDAYS// DO NOT SEND RAISINS



“Eat Right, Be Bright!”