

EDINBURG CONSOLIDATED INDEPENDENT SCHOOL DISTRICT

**EMERGENCY CARE PLAN
FOR ASTHMA**

Guidance for Non-licensed School Personnel

Asthma is a chronic disease of the airway which can be life threatening. Asthma episodes / attacks occur when the air passages become narrowed or blocked. Asthma episodes can be triggered by a variety of causes including respiratory infections, common irritants such as smoke, pollen, dust or perfume and physical activity.

PREVENTIVE MEASURES:

- Medication to be taken / administered as directed by the doctor
- Teacher will notify substitute teachers that the student has asthma and the time/circumstances for medication administration.
- Teacher will notify nurse in advance of upcoming field trips and make arrangements with the nurse for taking and administering the emergency asthma medication.
- If possible, avoid the use or exposure of any known triggers

IF YOU SEE ANY OF THESE:

- Student Complains of Shortness of Breath
- Wheezing
- Persistent Coughing
- Tightness in the chest

DO THIS:

- ** Student Needs Their Asthma Medication
- Call the nurse/office for assistance.
- Sit student up in comfortable position
- Stay with student - **do not leave alone**
- Encourage drinking water to thin mucus

**** Assist the student in every way to ensure he / she receives their asthma medication****

SEVERE SYMPTOMS

IF YOU SEE ANY OF THESE:

- Difficulty talking due to shortness of breath
- Student becomes very anxious
- Using neck muscles when breathing
- Gasping for air
- Pale or bluish tint around the mouth/face

DO THIS:

- Call or have someone **Call 911**
- Call the nurse/office for assistance.
- ** Student Needs Their Asthma Medication

Contact parent as soon as possible.