



Our Lady of Refuge Catholic Church

*June 16, 2019
Trinity Sunday*

5195 Stearns Street Long Beach, CA 90815

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Fr. Gerard O'Brien,
Administrator Pro Tem

Msgr. William J. O'Keefe,
Pastor Emeritus

Roger & Mary Ellen Faubert,
Deacon Couple

Our Lady of Refuge School

School Office: 562-597-0819
School Website: www.olrs.org
Mrs. Holmquist, Principal

Office of Religious Education

562-597-3102
Email: sre@start.olrs.org
Anna Marie Sharkany, Director

Mass Schedule

SATURDAY:

8:00 am, 5:30 pm (Vigil)

SUNDAY:

8:00 am, 9:30 am,
11:30 am, & 5:30 pm

WEEKDAYS:

8:00 am

HOLY DAYS:

5:30 pm (Vigil), 8:15 am, 7:00 pm

Reconciliation

Saturdays 4:00-5:00 pm

Adoration

First Wednesday of Month 7 pm

Baptisms

By Appointment -
please call the Church Office

Weddings

6 months in advance -
please call the Church Office

Novena

Wednesdays after 8:00 am Mass

Rosary

Weekdays before 8:00 am Mass

The Most

Holy Trinity

June 16, 2019



GLORY TO THE FATHER,
THE SON, AND HOLY SPIRIT;
TO GOD WHO IS, WHO WAS,
AND WHO IS TO COME.

June 16, 2019 - Solemnity of the Most Holy Trinity

Greetings my brothers and sisters in Christ,

Today is the Feast of the Most Holy Trinity, one of the core beliefs of our catholic faith - three divine persons in one. Of course, it's a powerful mystery of our faith, but we accept it knowing that the all powerful God gifted it to us for a deeper reason.

The Trinity highlights the relationship between the Father, Son and Holy Spirit, all complementing one another in a divine relationship which we receive constantly in our lives every time we invoke a blessing or receive a blessing.

Every time we bless ourselves, we invoke the name of the Trinity upon us to protect us, and guide us in the way of the Lord. I think everyone loves a blessing. As a priest, I am asked constantly for blessings involving God's holy presence upon all sorts of objects, people, and things.

We are very privileged as Catholics that we publically bless ourselves at Mass, in our homes, whenever we pray by using the sign of the cross; the bearing of the cross of Christ on our bodies as a triune God - Father, Son and Holy Spirit. What a blessing that is!

There is a great tradition in Ireland on St. Patrick's Day to wear fresh bunches of shamrocks on our clothes as a sign of our faith in the Trinity. As many of you know, St. Patrick taught the people about the Trinity with the three leafed shamrock which grows wild in Ireland, three little leaves all connected to one stem.

This is one of the great symbols of Ireland; it goes way back to the wisdom and simplicity of Patrick as he shared the Good News of Jesus Christ to the Irish.

From a very early age, my mother taught me so much about the importance of a blessing in the name of the Lord. In our home, just inside the front door, my mother has a holy water font. Whenever we would enter or leave, we would bless ourselves. This is just a simple blessing, but what it does, is invoke upon us the protection of God wherever we go.

It's important for you, on this very special day, to realize every time you bless yourself or when you receive a blessing, that it is holy, it's from God, it is a sacred moment. How often we take for granted all the blessings we receive, but maybe today is a wake up call for all of us to marvel on that simple blessing of God upon us.

So why not, on this Feast of the Most Holy Trinity, give thanks to God for all the wonderful blessings you have received. We constantly petition God for one thing or another, but how about today, give thanks to God for your faith, for your spouse, your family, your job, your children, your life.

Why not start sharing blessings with others as my mother would constantly share blessings with all of us by a simple, "God bless you".

I love to receive a blessing in God's name, it lifts my spirits, it challenges me to focus on the faith I profess, it strengthens me to endure with hope.

The simple act of blessing yourself is the Trinity—Father, Son and Holy Spirit—upon you; embrace it, love it, and be it to one another!

Many many thanks to our 60th anniversary committee for all your hard work in making last Sunday's celebration, tremendous. Everybody was so happy, the Spirit of the parish was alive and all were spirited as a result. Both Fr. Bill and Fr. Al personally thanked me for all your good work in the name of the Lord.

On Monday, I attended the golf tournament and another great success. Many thanks to all the volunteers and those who participated especially Mike and Janis Krantz as the main organizers, thank you both for your dedicated service to the parish.

This past Wednesday we had the closing mass for our school community as summer vacation begins. May the good lord protect and bless all our school families and our faculty in this time of rest.

This weekend we kick off our e-giving program called Faith Direct. Our parish needs you to sign up online and help the parish grow financially. This program is used by 100's of Catholic parishes throughout the Country. Our neighboring parish of St. Joseph uses it and it has been successful there. I want the same here in our beautiful parish. Many of you pay your bills through credit card, and checking accounts, it's so easy, no checks no envelopes.

I have set up my own Faith Direct account it's simple Just Do It! This program will cut costs for our parish and also increase revenue, this is my goal as your shepherd. Please support me in this endeavor.

Welcome to any visitors here this weekend. Our parish welcomes you the blessing of the Trinity. May your time with us be uplifting and peaceful.

Love,

Fr. Gerard



Pope Francis @Pontifex

Holy Spirit, make us artisans of harmony, sowers of good, apostles of hope!

California State Bill SB 360

The Bishops of California are urging Catholics to oppose SB 360, a California Bill that seeks to force priests to disclose information heard in the Sacrament of Confession. We know that can never happen. Priests will never disclose what they hear in confession.

We are asking all Catholics to tell your state Assembly member that we oppose the government interfering in our right to practice our faith. You are asked to sign a letter opposing SB 360 unless it is amended.

Sign a letter opposing SB 360 at keeptheseal.com

I oppose **SB 360** and urge **CA Assemblymembers** to

#KeepTheSeal

Upcoming Events - Save the dates!

June 24 - Rel. Ed Summer Day Camp begins

June 24 - STEM Camp begins

July 4 - Fourth of July

July 5 - Feast of Our Lady of Refuge

August 21 - First Day of School

Religious Education Summer Day Camp

Sign ups for Summer Day Camp now Open! For children ages 3-12.

June 24-July 5, 2019 from 9am-1pm.

Featuring games, crafts, singing, Bible Stories, Saint of the Day. Teen and adult volunteers needed!

Forms are in the church vestibules or by calling RE Office 562-597-3102.



STEM Summer Camp

Our Lady of Refuge School will be hosting a Science, Technology, Engineering and Math (STEM) Camp for **ALL** students in grades 2-8 from June 24-July 3 from 1pm-4pm (directly following Religious Ed Summer Day Camp). Camp will feature robotics, computer coding, science experiments, hand on discovery, and a makerspace. For more information or to sign up please call the school office at 562-597-0819.

Student Corner

It is summer! School ended on Wednesday. We had a great year, especially the last week! On Friday 2nd grade led the school in the last First Friday Mass of the year. It was a lot of work but so much fun. We love having a job reading or singing at mass. We also got dressed up in our First Holy Communion outfits and took a class picture. On Monday we had a celebration of our First Communion and has a pretty cake. On Tuesday, we went on a field trip to the Aquarium with 5th grade. It was so much fun! We got to touch sharks and stingrays. Then we saw how seals and sea lions get exercise and the otters were so cute. Peace, Emily, 2nd grade



Emergency Plan Task Force

The parish is seeking anyone with experience to help set up an emergency plan for the parish, particularly at Sunday and weekday Mass. If you would like to help, please call Fr. Gerard at the rectory.

Our Lady of Refuge School Applications



Looking for academic excellence in a faith-filled environment? Applications for the 2019-2020 school year for grades TK-8th are now being accepted. OLR offers before and after school care, hot lunch program, extra-curricular activities, sports and a nationally recognized STEM program. Come see what makes OLR a great school in person, tours are available by appointment. Questions please contact the school office at (562) 597-0819 or visit www.olrs.org.

St. Vincent de Paul Update

In April and May, OLR Society of St Vincent de Paul participated in a District project called "Feeding Those Who Feed the World." We visited the central valley of California and distributed food, clothing, and household items to agricultural farm workers and their families. The people we served were experiencing many hardships, yet they were so grateful, patient, and full of joy. By your SVdP donations, you answered Jesus' call to participate in the Corporal Works of Mercy. "To feed the hungry, give drink to the thirsty, clothe the naked, shelter the homeless, and give alms to the poor." Your charitable donations enabled us to respond to the basic needs of humanity and extend God's compassion and mercy to those suffering. Thank you for continuing to support this ministry. Please know that you are with us on every visit and receive the grace of giving to our friends in need. May St Vincent de Paul bless you.



As we celebrate the mystery of the Trinity, we also realize the mystery of how much God loves and cares for us each day. Believing in this our lives can then overflow in thanksgiving and praise. **Is there a family you know who needs assistance? Please call the rectory so OLR St. Vincent de Paul can help those who are suffering.**

Mass Intentions

Sunday, June 16 - *Most Holy Trinity*

8:00 am Fr. Paul Nguyen, OMV (INT)
 9:30 am Fr. Bill O'Keeffe (INT)
 11:30 am Leo Duke (RIP)
 5:30 pm Fr. Al Scott (INT)

Monday, June 17

8:00 am Linda Gillum (INT)

Tuesday, June 18

8:00 am Patrick Dolan (RIP)
 Jun Villaverde (RIP)

Wednesday, June 19 - *St. Romuald*

8:00 am Bernard Hann (INT)

Thursday, June 20

8:00 am OLR Parishioners

Friday, June 21 - *St. Aloysius Gonzaga*

8:00 am Gema Violeta Gregorio (INT)

Saturday, June 22 - *St. John Fisher, St. Thomas More & St. Paulinus of Nola*

8:00 am Daniel Vanzzini (INT)
 5:30 pm Deacon Roger Faubert (INT)

Please Pray for:

Those in our parish who are sick and cannot be here with us today and their relatives.

Polyana Carneiro,
 Raymundo Gomes
 Carneiro, Charlyn
 DeCoudres, Robert
 DeCoudres, Andrea Diego,
 Virginia Ellis, Deacon
 Roger Faubert, Marie Fox,
 Diane Halal, John King,
 Larry Larocco, Edna Lia,
 Verónica Lomeli, Brenda
 Meicht, Rodney Meyer,
 Lupe Montalvo, Diana
 Mortensen, Dick Nuttall,
 Ruth Nuttall, Daisy
 Ordoveza, Juliana Quickel,
 John Russell, Cathryn
 Smyth, Marco Solano,
 L. Tanguay, Scott & Lauren
 Williamson



Mass Intentions may be requested by calling the church office at (562)498-6641.

Priest Schedule

	June 16	June 23	June 30
5:30 pm Vigil	Fr. Bill	Fr. Gerard	Fr. Bill
8:00 am	Fr. Scott	Fr. Gerard	Fr. Scott
9:30 am	Fr. Gerard	Fr. Bill	Fr. Gerard
11:30 am	Fr. Raymond	Fr. Gerard	Fr. Gerard
5:30 pm	Fr. Gerard	Fr. Scott	Fr. Scott

The Pope's Monthly Intention for June 2019

The Mode of Life of Priests

That priests, through the modesty and humility of their lives, commit themselves actively to a solidarity with those who are most poor.



Refuge Young Adult Ministry

Join fellow young adults as we grow in faith and community!

We would love to see you at our next gathering!

All young adults ages 18-39 welcome!

www.refugeyam.org & refugeyam@gmail.com

Please submit all bulletin announcements by 4:00 PM on Mondays to olrbulletin@gmail.com



eGiving with Faith Direct

Many of you are aware and take advantage of the convenience of electronic giving to our parish and we are grateful for that. We believe it is time to upgrade to a more streamlined online provider for our eGiving needs through Faith Direct. For those of you who have yet to join us in giving online, I strongly encourage you to do so. Here's why: Faith Direct enables parishioners to make your Church contributions through either direct debit from your checking/savings account or through your credit/debit card. No more writing checks or searching for envelopes on the way out the door. Now you can apply the convenience of direct debit to your parish offerings in much the same way as you may now use it to make your mortgage, car or tuition payments. Faith Direct also offers you personalized offertory cards to replace your envelopes for the collection basket. Please join me in enrolling by responding to the mailing you will receive or visit faith.direct/CA966 to enroll securely online.

Next weekend, our parish is kicking off this new eGiving program called Faith Direct for Our Lady of Refuge. As your shepherd, I encourage you to please consider signing up and help us make our parish financially strong again.

In peace,
Fr Gerard

OLR Faith Direct E-Giving Team Members will be in the school cafeteria immediately after all Masses on June 15th and 16th to help anyone who would like computer help shifting their offertory over to the e-giving platform.

