



# **Hey Center Unified Families!**

## **Mark Your Calendars!**

America's Most Practical and Entertaining Parenting Seminar

### **PARENTING THE LOVE AND LOGIC WAY®**

Designed by the Love and Logic® Institute, Inc. [www.LoveandLogic.com](http://www.LoveandLogic.com)

Would you like to feel more confident as a parent?

Would you like to have more fun parenting?

Would you like to feel more relaxed at the end of the day?

From Toddlers to Teens, join us for answers to questions like:

- ♥ "How do I get them out of bed in time for school?"
- ♥ "How can I stop my children from bickering and fighting?"
- ♥ "How do I get my children to help with the chores without an argument?"
- ♥ "How can I get my teenage daughter to come home at the agreed-upon time?"
- ♥ "Is there a way to discipline my toddler in public without creating a scene?"
- ♥ "How do I get my child to stop spitting his peas and whining at dinner?"

***And many other day-to-day frustrations!***

**If you left the "owner's manual at the hospital, this seminar is for you!!**

**Learn practical skills that can be used immediately!**

**Dates:** 6 Thursday evenings – January 17, 24, 31, February 7, 14, 28 (no class Feb 21st)

**Time:** 6 pm to 8:15 pm

**LOCATION:** WILSON C RILES MIDDLE SCHOOL \* 4747 PFE RD, ROSEVILLE, CA 95747 \* (916) 787-8100

**Cost:** FREE to Center Unified Families due to a generous sponsorship by the Sac County Office of Education. \$20 Materials/Workbook fee due at first class.

**Seating is limited. Please pre-register to assure space and materials:**

<https://events.eventzilla.net/e/coming-soon-to-center-unified-families-start-the-new-year-right-parenting-the-love-and-logic-way-2138703920>

This is an "adults only" workshop series. Please arrange in advance for your own childcare.

For questions or to schedule a *Becoming a Love and Logic Parent®* seminar for your organization, contact the instructor directly: [LisaCoates@hotmail.com](mailto:LisaCoates@hotmail.com)