COURSE DESCRIPTIONS:

Contemporary Health:
Contemporary Health is a nine week course in which emphasis is placed on personal, social, and mental health in today’s society. It includes instruction on human growth and development, disease prevention and control, substance abuse and prevention, community and environmental health, nutrition and wellness, and safety and first aid. This course meets graduation requirements for health.

Textbook: Comprehensive Health, Goodheart-Willcox Publisher (classroom set only)
Google Classroom Code: pw9vbc

Resource Management:
Resource Management is a nine week course that addresses the identification and management of personal resources and family finances to meet the needs and wants of individuals and families throughout the family life cycle, considering a broad range of economic, social, cultural, technological, environmental, and maintenance factors.

Textbook: Foundations of Personal Finance, Goodheart-Willcox Publisher (classroom set only)
Google Classroom Code: zmpw07

Family Dynamics:
Family Dynamics is a nine week course that develops skills related to personal, family, and social issues. It includes instruction in dimensions of adolescent development, family decisions and responsibilities, social decisions and responsibilities, and management of family systems in today’s society.

Textbook: Interpersonal Relationships, Goodheart-Willcox Publisher (classroom set only)
Google Classroom Code: 7yn8oe

*Corresponding class objectives can be found on the attached Student Competency Profile.