

Lunch orders must be placed through Lunch Direct by Wednesday for the following week.

# JANUARY 2019

## WESTLAKE PREP

Lunches Provided By:  
Roadrunner Foods  
(p) 281-565-7902  
(f) 281-565-7904  
RoadrunnerFoodService.com

Monday

Tuesday

Wednesday

Thursday

Friday

1

NO SCHOOL  
HAPPY HOLIDAYS

2

NO SCHOOL  
HAPPY HOLIDAYS

3

NO SCHOOL  
HAPPY HOLIDAYS

4

NO SCHOOL  
HAPPY HOLIDAYS

7

NO SCHOOL  
HAPPY HOLIDAYS

8

Parmesan Crusted Tilapia over Steamed White Rice  
Sweet Peas  
Toasted Pita Bread  
Seasonal Fresh Fruit  
V: Grilled Cheese

9

Penne Pasta w/ Beef Bolognese & Fresh Parmesan  
Mixed Veggies  
Wheat Roll  
Seasonal Fresh Fruit  
V: Penne Pasta w/ Marinara Sauce

10

Oven Baked Chicken legs  
Stuffing  
California Veggie Blend  
Seasonal Fresh Fruit  
V: Cheese Broccoli & Rice Casserole

11

Pizza

14

Fettucine Alfredo w/ Grilled Chicken  
Oven Roasted Baby Carrots  
Wheat Roll  
Seasonal Fresh Fruit  
V: Fettucine Alfredo

15

Ground Beef Sloppy Joes  
Shoe String Fries  
Green Beans  
Seasonal Fresh Fruit

16

Chicken & Cheese Quesadillas  
Spanish Rice  
Refried Beans  
Seasonal Fresh Fruit

17

Turkey & Cheddar Hoagies  
Italian Pasta Salad w/ Fresh Tomatoes,  
Celery and Parmesan  
Seasonal Fresh Fruit

18

Pizza

21

NO SCHOOL  
MARTIN LUTHER KING  
HOLIDAY

22

Mac & Cheese w/ Grilled Chicken  
Crinkle Cut Carrots  
Wheat Roll  
Seasonal Fresh Fruit  
V: Macaroni & Cheese

23

Beef Cheeseburger on a Whole Wheat Bun  
Sweet Potato Fries  
Mixed Veggies  
Seasonal Fresh Fruit  
V: Veggie Burger

24

Oven Baked Chicken Tenders  
Potatoes Au Gratin  
Sweet Peas  
Seasonal Fresh Fruit  
V: Veggie Nuggets

25

Pizza

28

Buttermilk Pancakes w/ Syrup  
Hash Browns  
Turkey Sausage Patty  
Seasonal Fresh Fruit  
V: Veggie Sausage Patty

29

Chicken Fajita Tacos  
Spanish Rice  
Pinto & Black Bean Mix  
Seasonal Fresh Fruit  
V: Cheese Quesadilla

30

Spaghetti w/ Beef Meatballs  
Parmesan Crusted Cauliflower  
Wheat Roll  
Seasonal Fresh Fruit  
V: Spaghetti w/ Marinara Sauce

31

BBQ Baked Chicken legs  
Mac & Cheese  
Sweet Peas  
Seasonal Fresh Fruit  
V: Cheese Broccoli & Rice Casserole

**SIGN UP NOW TO ORDER SCHOOL LUNCHES!**

[WWW.LUNCHDIRECT.COM](http://WWW.LUNCHDIRECT.COM)

SCHOOL CODE:233000