

Counseling at Waimea Elementary School

MEET THE COUNSELORS

Miss Meghan will be our Counselor for Grades K, 2, and 4.

Miss Erin will be our Counselor for Grades 1, 3, and 5.



Miss Erin (left) and Miss Meghan (right)

We “moved up” with our students from last year, so we can continue to build the connections formed last year, and to provide better continuity of support as students move through WES.

WHAT WE DO

We support students in a variety of ways. We provide individual and group counseling to meet a variety of needs such as emotion management, social skills development (including conflict resolution), coping with grief or loss, building self-esteem, and coping with changes or challenges in a student’s home life. Counseling is a way to help students develop skills to support their learning and well-being in school.

In addition to scheduled counseling sessions, we are available to help any students who are having a hard day or could just use someone to talk to.

We also help develop and maintain school-wide systems of support and intervention

that address the needs of our students, helping them acquire the skills needed to be successful in school and life.

We feel it is important to try to build relationships with all students, not just those receiving counseling services. We have gotten familiar with many of our students from supporting in classrooms and assisting with school-wide initiatives. Students can also redeem positive behavior points for lunch with us. It allows them to get to know us, as well as opportunities to share victories, get support with minor concerns (like friendship conflicts), and practice social skills with peers.

As much as possible, we try to focus on prevention and early intervention in supporting students.

HOW TO GET SUPPORT

A student may be referred to counseling from a teacher, staff member, or from you as a parent/guardian. We also utilize a behavior screener with teachers to help identify students who would benefit from early support. If your student is recommended for counseling, you will be contacted for consent before any regular counseling would begin. To make a request for counseling support for your child, please give us a call, e-mail, or stop by our offices

Meghan: 887-7636 ext. 237

mbrady@waimea.k12.hi.us

Erin: 887-7636 ext. 225

ehenderson@waimea.k12.hi.us

Please let us know how we can support your child in having a great school year!