



Tennis 2019

Boys Tennis Team Practice



Varsity and JV

Practice as follows:

Monday through Friday

January 7-January 11

3:00-5:00 pm

NHS Tennis Courts

(This is the last week of winter break)



Regular practice for JV and Varsity will be:

Monday through Friday, 3:00-5:00 pm, starting January 14
(First day back to school after winter break)

Fridays will be **open play** for
boys **and** girls with all clearance packets completed.

- ◆ Please make sure you have your Physical and Family ID completed to practice.
- ◆ Please wear shorts with pockets.
- ◆ Shoes must be tennis shoes with a court shoe that is non-marking soles.
- ◆ Rackets are available.

If you have any questions or need more information about tennis practice, lessons or volunteering, contact

Coach Teresa Downey: 858-213-4902

or

Coach Dana: 805-720-1618