

November 1st Thursday Presented by Kent Toussaint Teen Therapy Who is this Crazy Person Masquerading as My T(w)een Parent Center Room 2 8:30 a.m.

November 5th Monday Yoga Body & Brain Parent Center Room 2 8:30 a.m.

November 7th Wednesday Presented by L.A. Parent Elena Epstein Sex, Drugs, and Alcohol

Parent Center Room 2a (Smaller Room) 8:30 a.m.

November 13th Tuesday *FACTOR Graduation* (MPR) 6:00 p.m. – 7:30 p.m.

November 15th Thursday Presented by Johanna Fannon College Planning Experts
Planning for College Success
Learn how to ger <u>FREE</u> money for college
Parent Center Room 2 8:30 a.m. - 9:30 a.m.

November 26th Monday Yoga Body & Brain Parent Center Room 2 8:30 a.m. Last Class of the Series

November 27th Tuesday Presented by Mindful Parenting Pepperdine Community
Counseling Center, Encino
Focus on acceptance, compassion, and living in the moment
Parent Center Room 2 8:30 a.m. - 9:30 a.m.