



## LANCASTER ISD SECONDARY BREAKFAST MENU FEBRUARY 2019

*Our Menus are aligned with the USDAs Healthier U.S. School Challenge*

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
February 4 <sup>th</sup> – 8 <sup>th</sup>	Cinnamon Roll  Fruit Smoothie	Sausage Breakfast Pizza  Fruit Smoothie	Chicken Biscuit  Fruit Smoothie	Breakfast Plate  Fruit Yogurt Parfait	Student Holiday- No School
February 11 <sup>th</sup> – 15 <sup>th</sup>	Breakfast Migas  Fruit & Yogurt Parfait	Breakfast Bites  Fruit & Yogurt Parfait	Build Your Own Breakfast Wrap  Fruit & Yogurt Parfait	Sausage & Egg Toast  Fruit & Yogurt Parfait	Sausage Breakfast Pizza  Fruit & Yogurt Parfait
February 18 <sup>th</sup> – 22 <sup>nd</sup>	President's Day- No School	Biscuit & Gravy  Fruit & Yogurt Parfait	Cinnamon Glazed French Toast  Fruit & Yogurt Parfait	Breakfast Plate  Fruit & Yogurt Parfait	Breakfast Kolache  Fruit & Yogurt Parfait
February 25 <sup>th</sup> – March 1 <sup>st</sup>	Cinnamon Roll  Fruit Smoothie	Sausage Breakfast Pizza  Fruit Smoothie	Chicken Biscuit  Fruit Smoothie	Breakfast Plate  Fruit Smoothie	Dutch Waffle  Fruit Smoothie

**We feature an inviting variety of fresh fruits every day. Locally grown items are offered whenever available. Low Fat Milk or Fat Free Milk is offered with all meals.**

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Washington, DC 20250-9410 or call (800)795-3272 (voice) or (202)720-6382 (TTY). USDA is an equal opportunity provider and employer.

