




Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target	
				1		
 Daylight saving time 2019 begins 2:00 AM on Sunday, March 10					Corndog	Calories...758
					BBQ Sandwich	Cholesterol...56 mg
					Chicken Sandwich	Sodium.1324 mg
					Spicy Chicken Sandwich	Sugar 29.4 g
					Pizza	Carbohydrates 100.1 g
				Baked Beans		
				French Fries		
				Juice		
				Peaches		
4	5	6	7	8	Avg Nutrients Target	
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	Corndog	Calories...758	
Cheeseburger	Fish Sandwich	Chicken Sandwich	Pork Roast w/Gravy	BBQ Sandwich	Cholesterol...56 mg	
Chicken Sandwich	Chicken Sandwich	Spicy Chicken Sandwich	Cornbread	Chicken Sandwich	Sodium.1324 mg	
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Pizza	Chicken Sandwich	Spicy Chicken Sandwich	Sugar 29.4 g	
Pizza	Roll	French Fries	Chicken Chunks Buffalo	Pizza	Carbohydrates 100.1 g	
French Fries	Potato Rounds	Lettuce & Tomato	Pizza	Baked Beans		
Lettuce & Tomato	Green Beans	Corn	Rice/Tomatoes	French Fries		
Fruit Cocktail	Rip Tide Slushie	Mandarin Oranges	Turnips	Peaches		
Applesauce cup	Fresh Fruit	Fresh Fruit	Fresh Fruit	Juice		
		Rice Krispie	Spiced Apples	Cupcake		
11	12	13	14	15	Avg Nutrients Target	
Hamburger		Chicken Teriyaki Nuggets	Baked Chicken /Roll	Corndog	Calories...809	
Chicken Chunks		Country Fried Steak	Chicken Sandwich	BBQ Sandwich	Cholesterol...86 mg	
Chicken Sandwich	Manager Choice	Chicken Sandwich	Pizza	Chicken Sandwich	Sodium.1535 mg	
Pizza	on	Chicken Spicy Sandwich	Mashed Potatoes w/Gravy	Spicy Chicken Sandwich	Sugar 39.1 g	
Macaroni & Cheese	all Lines	Pizza	Lima Beans	Pizza	Carbohydrates 104.3 g	
Roll		Scalloped Potato	Fresh Fruit	Baked Beans		
Peas		Steamed Broccoli & Cheese	Strawberry Cup	Chips		
Carrots		Roll		Peaches		
Fruit Cocktail		Fresh Fruit		Juice		
Applesauce cup		Peaches		Pudding		
18	19	20	21	22	Avg Nutrients Target	
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	Corndog	Calories...659	
Cheeseburger	Fish Sandwich	Chicken Sandwich	Pork Roast w/Gravy	BBQ Sandwich	Cholesterol...59 mg	
Chicken Sandwich	Chicken Sandwich	Spicy Chicken Sandwich	Cornbread	Chicken Sandwich	Sodium.978 mg	
Spicy Chicken Sandwich	Chicken Chunks	Pizza	Chicken Sandwich	Spicy Chicken Sandwich	Sugar 32.2 g	
Pizza	Roll	French Fries	Chicken Chunks Buffalo	Pizza	Carbohydrates 93.2 g	
French Fries	Potato Rounds	Lettuce & Tomato	Pizza	Baked Beans		

Lettuce & Tomato	Green Beans	Corn	Rice/Tomatoes	French Fries	
Fruit Cocktail	Rip Tide Slushie	Manderin Oranges	Turnips	Peaches	
Applesauce cup	Fresh Fruit	Fresh Fruit	Fresh Fruit	Cupcake	
		Manderin Oranges	Spiced Apples		
		Strawberry Cupcake			
25	26	27	28	29	Avg Nutrients Target
Hamburger	Spaghetti		Baked Chicken /Roll	Corndog	Calories...809
Chicken Chunks	Breadstick		Salisbury Steak	BBQ Sandwich	Cholesterol...86 mg
Chicken Sandwich	Chicken Sandwich	Manager Choice	Chicken Sandwich	Chicken Sandwich	Sodium.1535 mg
Pizza	Spicy Chicken Sandwich	on	Pizza	Spicy Chicken Sandwich	Sugar 39.1 g
Macaroni & Cheese	Pizza	all Lines	Mashed Potatoes w/Gravy	Pizza	Carbohydrates 104.3 g
Roll	Corn		Seasoned green beans	Baked Beans	
Peas	Lettuce & Tomato		Fresh Fruit	Chips	
Carrots	Corn		Strawberry Cup	Peaches	
Fruit Cocktail	Pears			Juice	
Applesauce cup	Fresh Fruit			pudding	
Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.					
Georgia Grown		Menu subject to change based on availability.		Locally Grown	
Offered Daily a Salad plate and Bag Lunch					