

AASD Elementary School Breakfast Menu

Friday	1	Pancakes
Monday	4	Rainbow Glazed Donuts
Tuesday	5	Ham, Egg and Cheese Bagel
Wednesday	6	French Toast Sticks
Thursday	7	Egg and Cheese Sandwich
Friday	8	Waffles
Monday	11	Rainbow Glazed Donuts
Tuesday	12	Sausage, Egg and Cheese on a Bagel
Wednesday	13	Cheese Omelet with Toast
Thursday	14	Egg and Cheese Croissant
Friday	15	Pancakes
Monday	18	Rainbow Glazed Donuts
Tuesday	19	Ham, Egg and Cheese on a Bagel
Wednesday	20	French Toast Sticks
Thursday	21	Egg and Cheese Sandwich
Friday	22	Waffles
Monday	25	Rainbow Glazed Donuts
Tuesday	26	Sausage, Egg and Cheese on a Bagel
Wednesday	27	Cheese Omelet with Toast
Thursday	28	Egg and Cheese Croissant
Friday	29	Pancakes

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

Alternative Breakfast Entrée: Assorted Cereal with Toast or Assorted Poptarts with Toast

Whole grain cereal selection may include: Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms and Honey Nut cheerios

What is a Meal? You must choose at least 3 items. One must be a ½ cup of fruit.

What is an Item? Grain, Protein, Choice of Fruit, or Choice of Milk

MARCH 2019

Daily fruit selections may include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges, 100% fruit juice.

Breakfast Prices: Student \$1.00. Reduced \$0.30. Adult \$2.10.

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