

OTSEGO High School Lunch Menu 2018-2019

MONDAY							TUESDAY							WEDNESDAY							Thursday							Friday													
Corn Dog or BBQ Pork on WG Bun Broccoli Florets Cauliflower Pear Cup or Applesauce Milk							Fiestada Refried Beans Baby Carrots Peach Cup or Craisins Milk							Knight's Chicken Bowl Broccoli Dinner Roll Grapes Milk							BBQ Beef Rib on WG Bun Crinkle Fries Side Salad Apple or Juice Box Milk							Chicken Drumstick Mashed Potatoes w/ Gravy Green Beans Warm Breadstick, Side Kick Mini Rice Krispie Milk													
Calzone Broccoli Florets Cauliflower Diced Peach Cup Milk							Beef or Chicken Philly w/ Roasted Peppers & Onions Boston Baked Beans Baby Carrots Apple Slices Milk							Asian Day General Tso Chicken or Sweet & Sour Chicken Rice, Far East Blend Veggie Egg Roll, Pineapple Tidbits Milk							Spaghetti w/ Meat Sauce Side Salad Garlic Bread Stick Grapes Milk							Brunch for Lunch French Toast, Sausage Tator Tots Dragon Punch Oranges Milk													
Breaded Pork Chop on WG Bun Crinkle Fries Cauliflower Pear Cup or Applesauce Milk							French Bread Pizza Side Salad Juice Box Grapes Milk							Fiesta Bowl w/ Rice & Fajita Chicken Nacho Chips, Baby Carrots Applesauce Choice Frozen Strawberries Milk							Chicken Alfredo Side Salad Bread Stick Sidekick Frozen Juice Pears Milk							Fish Sandwich Crinkle Fries Baked Beans Mandarin Oranges Diced Peach Cup Milk													
Sub Day Turkey or Ham Celery, Carrots & Broccoli Frozen Peach Cup Bag of Chips Milk							Fiestada Refried Beans Cauliflower Pear Milk							Knight's Bowl Dinner Roll Baby Carrots Fruit Cocktail Milk							Meatball Sub Crinkle Fries Carrots & Celery Banana or Craisins Milk							Grilled Cheese Sandwich Tomato Soup Side Salad Apple or Juice Milk													
Macaroni & Cheese Peas & carrots Cauliflower Bread Stick Applesauce Chole Milk							2 Hot Dog Day Boston Baked Beans Baby Carrots Grapes Milk							Asian Day General Tso Chicken or Sweet & Sour Chicken Rice, Far East Blend Veggie Egg Roll, Diced Peaches Milk							Pizza Bob Crinkle Fries Baby Carrots Craisins or Juice Milk							Chicken Alfredo Side Salad Bread Stick Sidekick Frozen Juice Pears Milk													
August 18							September 18							October 18							November 18							December 18													
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa							
			1	2	3	4	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	
5	6	7	8	9	10	11	12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
12	13	14	15	16	17	18	16	17	18	19	20	21	22	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
19	20	21	22	23	24	25	23	24	25	26	27	28	29	23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
26	27	28	29	30	31		30							28	29	30	31																		30	31					

January 19							February 19							March 19							April 19							May 19						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5	3	4	5	6	7	8	9	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6			
6	7	8	9	10	11	12	10	11	12	13	14	15	16	10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18
13	14	15	16	17	18	19	17	18	19	20	21	22	23	17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25
20	21	22	23	24	25	26	24	25	26	27	28			24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31	
27	28	29	30	31										31																				

News
 Students: \$3.00
 Reduced: \$.40
 Free: No Cost
 Adults: \$3.00

Lunch Options:
 B: As Listed by week
 C: Chef Salad

Otsego Local Schools participate in the Nation School Lunch Program. The meal consists of 5 components: a protein, a grain (bread), a fruit a vegetable and a fat-free or low fat milk. Students must select 3 of the 5, one of which must be a fruit or a vegetable.

Follow the menu with its calendar day. each week is represented by a color and represents a five week cycle.

Menu's are subject to change.

Free and reduced applications available online or at the school office.

"USDA is an equal opportunity provider"

Any questions or concerns, please call Jeanne Jeffers at 419-823-4381 ext 1104 or email jeffers@ostegoknights.org