



Gustine High & Middle School

May 2019 Breakfast & Lunch Menu

SO DELI

Cold Sandwiches & Wraps

Monday
Ham & Cheese Sandwich

Tuesday
Italian Sub

Wednesday
Turkey & Cheddar Sub

Thursday
Grilled Triple Cheese Sand.

Friday
Salami & Cheese Sandwich

Breakfast

Monday
French Toast & Berries

Tuesday
Cinnamon Roll

Wednesday
Bagel Pizza

Thursday
Parfait

Friday
Breakfast Sandwich
Cereal & Cereal Bars served daily

Find menus, nutrition, allergen information and more online or on your phone!
Download School Menus by Nutrislice to your smartphone from the App Store or visit: Gustine.nutrislice.com

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Orange Chicken Fried Rice & Broccoli Fresh Fruit Pizza	2 Cheesy Pizza Pasta Steamed Carrots Fresh Fruit	3 Broccoli Cheese Baked Potato Fresh Fruit
6 Cinco de Mayo Tacos Roasted Corn Fresh Fruit Sandwich	7 Beef Nachos w/ Beef, Cheese & Refried Beans Fresh Fruit Grill Chicken Sand	8 General Tso Chicken Steamed Rice & Broccoli Fresh Fruit Enchilada	9 Breakfast for Lunch Pancakes, Berries, Sausage & Potatoes Fresh Fruit Hot Dog	10 Bacon Cheddar Melt Green Beans Fresh Fruit Burrito
13 Chicken & Waffles Seasoned Wedge Fresh Fruit Hamburger	14 Chicken Fajita w/ Pepper & Onions Corn Fresh Fruit Corn Dog	15 Honey Fire Chicken Fried Rice & Broccoli Fresh Fruit Pizza	16 Chicken Nuggets Dinner Roll Carrot Sticks Fresh Fruit Mac & Cheese	17 Pulled Pork Sandwich Baked Beans Fresh Fruit Chicken Nuggets
20 Popcorn Chicken Bowl Steamed Carrots Fresh Fruit Sandwich	21 Bean & Cheese Burrito Black Bean & Corn Salsa Fresh Fruit Grill Chicken Sand	22 Spicy Korean BBQ Chicken Rice & Broccoli Fresh Fruit Enchilada	23 Macaroni & Cheese Green Beans Fresh Fruit Hot Dog	24 Chili Cheese Baked Potato Fresh Fruit Burrito
27 MEMORIAL DAY	28 Baja Beef Bowl w/ Black Beans Fresh Fruit Corn Dog	29 Roasted Chicken Mashed Potatoes Green Beans & Roll Fresh Fruit Pizza	30 Meatball Sandwich Carrots Fresh Fruit Mac & Cheese	31 Spicy Chicken Tender Seasoned Wedge Fresh Fruit Chicken Nuggets

Classic Cheese Pizza and Pepperoni Pizza served daily,
All pizza made w/ reduced fat cheese & whole grain crust.
Includes Veggie & Fruit.

Specials

Monday: Aloha Pizza
Tuesday: Buffalo Chicken Pizza
Wednesday: Jalapeno Pepperoni Pizza
Thursday: BBQ Chicken
Friday: Meat Lovers Pizza

grilled

Lean beef burgers w/ cheese barbequed daily.
Breaded chicken sandwiches available daily.

Specials

Monday: Sriracha Burger
Tuesday: Chili Cheese Dog
Wednesday: Fiesta Burger
Thursday: Philly Cheesesteak
Friday: BBQ Bacon Cheese Burger

wild greens

Fresh Food Fast- Packaged for Grab N' Go
(Salads served with a dinner roll)

Specials

Monday: BBQ Chicken Salad
Tuesday: Popcorn Chicken Salad
Wednesday: Caesar Salad
Thursday: Chef Salad
Friday: Cranberry Spinach Salad

Breakfast Prices 1st Meal FREE FOR ALL STUDENTS 2nds & Adults: \$2.50 **Lunch Prices 1st MEAL FREE FOR ALL STUDENTS** 2nds & Adults: \$4.00 Milk & Bottled Water: \$0.50

For questions please call the Nutrition Services office at (209) 854-6747 or visit our website at <http://gustine.businesscatalyst.com/cafeteria> - **Menus available online!**

This Institution is an Equal Opportunity Provider. Food Service Provided by Chartwells School Dining Services

To get nutritional information please check out the Nutrislice App. Download it free from the Google Play or iTunes Store. Ingredients and menu items subject to change without notice. Students offered a choices of 1% unflavored milk or nonfat chocolate milk. Gluten Free Option