

Carbohydrate Report

District: Huntington Beach Union High School District

School:

Menu: Lunch 2018-2019



| Mon - 03/04/2019 | Portion Size | Calories (kcal) | Carbohydrates (g) |
|---|---------------|-----------------|-------------------|
| Lunch 2018-2019 | | | |
| Recipe | Total | | |
| Bagel Yogurt | 1.00 Serving | 518.500 | 83.350 |
| Bean and Cheese Burrito | 1.00 each | 329.413 | 39.929 |
| Beef Taco Stick | 1.00 piece | 345.010 | 31.870 |
| Cheeseburger | 1.00 serving | 320.000 | 29.600 |
| Cheeseburger w/ Bacon | 1.00 serving | 400.000 | 35.200 |
| Chicken, Breaded Drumstick | 1.00 piece | 190.000 | 5.000 |
| Chicken & Cheese Taquitos | 1.00 Each | 280.000 | 30.000 |
| Chicken Patty, Hot & Spicy, Whole Grain Bun | 1.00 serving | 360.000 | 41.000 |
| Chicken Patty on WG Bun | 1.00 serving | 350.000 | 42.000 |
| Chicken Mashed Potato Bowl | 1.00 serving | 544.209 | 71.378 |
| Chicken Smackers | 10.00 pieces | 269.000 | 20.000 |
| Chicken, Teriyaki with Rice | 1.00 Serving | 467.537 | 77.753 |
| Grilled Cheese Sandwich | 1.00 sandwich | 279.740 | 31.579 |
| Hummus Grab and Go Vegetarian Box | 1.00 each | 330.198 | 40.806 |
| Nachos with Chili and Cheese | 1.00 serving | 765.321 | 57.814 |
| Nachos with Jalapeno Cheese | 1.00 serving | 636.140 | 57.738 |
| Pepperoni Pocket | 1.00 Each | 300.000 | 32.000 |
| Papa John's 8 cut Cheese Pizza | 1.00 slice | 380.000 | 49.000 |
| Papa John's 8 cut Pepperoni Pizza | 1.00 slice | 420.000 | 49.000 |
| Papa John's 8 cut Vegetarian Pizza | 1.00 slice | 400.000 | 51.000 |
| Protein 'Grab and Go' Pak | 1.00 1 | 383.098 | 28.806 |
| Salad, Chicken Caesar | 1.00 serving | 586.366 | 25.562 |
| Salad, Vegetarian | 1.00 serving | 498.453 | 26.348 |
| Tuna Sandwich | 1.00 serving | 394.092 | 29.905 |
| Turkey (C) Sandwich | 1.00 serving | 347.174 | 31.580 |
| Turkey Ham (C) & Cheese Sandwich | 1.00 serving | 337.116 | 29.964 |
| Uncrustables 5.3 oz., Assorted | 1.00 Sandwich | 600.000 | 64.000 |
| Broccoli Florets | 1.00 serving | 9.940 | 1.796 |

| | | | |
|--|------------------------|---------|---------|
| Carrots, Baby (3 oz Package) | 1.00 Package | 29.627 | 6.846 |
| Potato, Tater Tots | 0.50 cup | 130.807 | 16.099 |
| Potato Wedge 8 Cut | 1/2 Cup | 121.151 | 14.134 |
| Apples | 1.00 serving | 52.722 | 13.948 |
| Applesauce | 1/2 cup | 51.000 | 14.000 |
| Seasonal Fruits | 1/2 Cup | 57.396 | 14.533 |
| Dried Fruit (C) | 1.00 package (1/4 cup) | 116.000 | 30.000 |
| California Freeze Smoothie, Assorted 4 fl oz | 1.00 each | 55.000 | 13.500 |
| Juice, Assorted 4 fl oz | 1.00 each | 57.500 | 14.750 |
| Dinner Roll, Galasso's (2 oz equiv) | 1.00 each | 140.000 | 29.000 |
| 1% White Milk, 8 fl oz | 1.00 each | 120.000 | 14.000 |
| Nonfat White Milk, 8 fl oz | 1.00 each | 90.000 | 12.000 |
| Nonfat Chocolate Milk, 8 fl oz | 1.00 each | 120.000 | 22.000 |
| Nonfat Strawberry Milk, 8 fl oz | 1.00 each | 130.000 | 27.000 |
| Butter Pat | 1.00 Pat | 100.000 | 0.000 |
| Ketchup | 1.00 tsp | 6.667 | 1.667 |
| Ketchup (9 gm) | 1.00 Packet | 10.000 | 3.000 |
| Mayonnaise (9 gm) | 1.00 Packet | 70.000 | 0.000 |
| Mustard (5.5 gm) | 1.00 Packet | 5.000 | 0.900 |
| Ranch Dressing (12 gm) | 1.00 serving | 50.000 | 1.000 |
| Taco Sauce (9 gm) | 1.00 Packet | 5.000 | 1.000 |
| Tartar Sauce (9 gm) | 1.00 Packet | 20.000 | 1.000 |
| Weighted Daily Average | | 767.654 | 109.724 |
| % of Calories | | | 57.17% |

| Tue - 03/05/2019 | Portion Size | Calories (kcal) | Carbohydrates (g) |
|-------------------------|--------------|-----------------|-------------------|
| Lunch 2018-2019 | | | |
| Recipe | Total | | |
| Bagel Yogurt | 1.00 Serving | 518.500 | 83.350 |
| Bean and Cheese Burrito | 1.00 each | 329.413 | 39.929 |
| Beef Taco Stick | 1.00 piece | 345.010 | 31.870 |
| Burger, Veggie | 1.00 Serving | 354.000 | 45.300 |
| Cheeseburger | 1.00 serving | 320.000 | 29.600 |
| Cheeseburger w/ Bacon | 1.00 serving | 400.000 | 35.200 |

| | | | |
|---|---------------------------------|---------|--------|
| Cheeseburger, Ultimate w/ ketchup | 1.00 2.90 oz | 372.122 | 37.600 |
| Chicken, Breaded Drumstick | 1.00 piece | 190.000 | 5.000 |
| Chicken & Cheese Taquitos | 1.00 Each | 280.000 | 30.000 |
| Chicken, Orange with Rice, Chef's Corner | 1.00 serving | 445.289 | 78.957 |
| Chicken Patty on WG Bun | 1.00 serving | 350.000 | 42.000 |
| Chicken Patty, Hot & Spicy, Whole Grain Bun | 1.00 serving | 360.000 | 41.000 |
| Chicken Smackers | 10.00 pieces | 269.000 | 20.000 |
| Grilled Cheese Sandwich | 1.00 sandwich | 279.740 | 31.579 |
| Hummus Grab and Go Vegetarian Box | 1.00 each | 330.198 | 40.806 |
| Nachos with Chili and Cheese | 1.00 serving | 765.321 | 57.814 |
| Nachos with Jalapeno Cheese | 1.00 serving | 636.140 | 57.738 |
| Pepperoni Pocket | 1.00 Each | 300.000 | 32.000 |
| Papa John's 8 cut Cheese Pizza | 1.00 slice | 380.000 | 49.000 |
| Papa John's 8 cut Pepperoni Pizza | 1.00 slice | 420.000 | 49.000 |
| Papa John's 8 cut Vegetarian Pizza | 1.00 slice | 400.000 | 51.000 |
| Protein 'Grab and Go' Pak | 1.00 1 | 383.098 | 28.806 |
| Salad, Chicken Caesar | 1.00 serving | 586.366 | 25.562 |
| Salad, Oriental | 1.00 Each | 605.805 | 50.266 |
| Salad, Vegetarian | 1.00 serving | 498.453 | 26.348 |
| Turkey (C) Sandwich | 1.00 serving | 347.174 | 31.580 |
| Turkey Ham (C) & Cheese Sandwich | 1.00 serving | 337.116 | 29.964 |
| Spaghetti with Meatballs | 1.00 Serving | 404.736 | 47.902 |
| Uncrustables 5.3 oz., Assorted | 1.00 Sandwich | 600.000 | 64.000 |
| Broccoli Florets | 1.00 serving | 9.940 | 1.796 |
| Carrots, Baby (3 oz Package) | 1.00 Package | 29.627 | 6.846 |
| Hummus | 3.00 Tbsp | 105.000 | 6.000 |
| Potato, Tater Tots | 0.50 cup | 130.807 | 16.099 |
| Potato Wedge 8 Cut | ¹ / ₂ Cup | 121.151 | 14.134 |
| Side Salad, Romaine | 1.00 Serving | 7.990 | 1.546 |
| Apples | 1.00 serving | 52.722 | 13.948 |
| Banana | 1.00 serving | 105.020 | 26.951 |
| Seasonal Fruits | ¹ / ₂ Cup | 57.396 | 14.533 |
| Dried Fruit (C) | 1.00 package (1/4 cup) | 116.000 | 30.000 |
| Fruit w/Gelatin | 1.00 serving | 120.806 | 31.395 |
| California Freezie Smoothie, Assorted 4 fl oz | 1.00 each | 55.000 | 13.500 |
| Juice, Assorted 4 fl oz | 1.00 each | 57.500 | 14.750 |

| | | | |
|-------------------------------------|--------------|---------|---------|
| Dinner Roll, Galasso's (2 oz equiv) | 1.00 each | 140.000 | 29.000 |
| 1% White Milk, 8 fl oz | 1.00 each | 120.000 | 14.000 |
| Nonfat White Milk, 8 fl oz | 1.00 each | 90.000 | 12.000 |
| Nonfat Chocolate Milk, 8 fl oz | 1.00 each | 120.000 | 22.000 |
| Nonfat Strawberry Milk, 8 fl oz | 1.00 each | 130.000 | 27.000 |
| Butter Pat | 1.00 Pat | 100.000 | 0.000 |
| Ketchup | 1.00 tsp | 6.667 | 1.667 |
| Ketchup (9 gm) | 1.00 Packet | 10.000 | 3.000 |
| Mayonnaise (9 gm) | 1.00 Packet | 70.000 | 0.000 |
| Mustard (5.5 gm) | 1.00 Packet | 5.000 | 0.900 |
| Ranch Dressing (12 gm) | 1.00 serving | 50.000 | 1.000 |
| Taco Sauce (9 gm) | 1.00 Packet | 5.000 | 1.000 |
| Weighted Daily Average | | 798.608 | 118.125 |
| % of Calories | | | 59.17% |

| Wed - 03/06/2019 | Portion Size | Calories (kcal) | Carbohydrates (g) |
|---|---------------|-----------------|-------------------|
| Lunch 2018-2019 | | | |
| Recipe | Total | | |
| Bagel Yogurt | 1.00 Serving | 518.500 | 83.350 |
| Bean and Cheese Burrito | 1.00 each | 329.413 | 39.929 |
| Beef Taco Stick | 1.00 piece | 345.010 | 31.870 |
| Beef, w/Rice & General Tso's Sauce | 1.00 Serving | 533.265 | 89.477 |
| Cheeseburger | 1.00 serving | 320.000 | 29.600 |
| Cheeseburger w/ Bacon | 1.00 serving | 400.000 | 35.200 |
| Chicken, Breaded Drumstick | 1.00 piece | 190.000 | 5.000 |
| Chicken & Cheese Taquitos | 1.00 Each | 280.000 | 30.000 |
| Chicken Patty, Hot & Spicy, Whole Grain Bun | 1.00 serving | 360.000 | 41.000 |
| Chicken Patty on WG Bun | 1.00 serving | 350.000 | 42.000 |
| Chicken Mashed Potato Bowl | 1.00 serving | 544.209 | 71.378 |
| Chicken Smackers | 10.00 pieces | 269.000 | 20.000 |
| Fish Burger w/Cheese | 1.00 Serving | 380.000 | 43.500 |
| Grilled Cheese Sandwich | 1.00 sandwich | 279.740 | 31.579 |
| Hummus Grab and Go Vegetarian Box | 1.00 each | 330.198 | 40.806 |
| Nachos with Chili and Cheese | 1.00 serving | 765.321 | 57.814 |
| Nachos with Jalapeno Cheese | 1.00 serving | 636.140 | 57.738 |

| | | | |
|---|------------------------|---------|---------|
| Pepperoni Pocket | 1.00 Each | 300.000 | 32.000 |
| Papa John's 8 cut Cheese Pizza | 1.00 slice | 380.000 | 49.000 |
| Papa John's 8 cut Pepperoni Pizza | 1.00 slice | 420.000 | 49.000 |
| Papa John's 8 cut Vegetarian Pizza | 1.00 slice | 400.000 | 51.000 |
| Protein 'Grab and Go' Pak | 1.00 1 | 383.098 | 28.806 |
| Salad, Chicken Caesar | 1.00 serving | 586.366 | 25.562 |
| Salad, Vegetarian | 1.00 serving | 498.453 | 26.348 |
| Tuna Sandwich | 1.00 serving | 394.092 | 29.905 |
| Turkey (C) Sandwich | 1.00 serving | 347.174 | 31.580 |
| Turkey Ham (C) & Cheese Sandwich | 1.00 serving | 337.116 | 29.964 |
| Uncrustables 5.3 oz., Assorted | 1.00 Sandwich | 600.000 | 64.000 |
| Broccoli Florets | 1.00 serving | 9.940 | 1.796 |
| Carrots, Baby (3 oz Package) | 1.00 Package | 29.627 | 6.846 |
| Edamame | 3.00 oz. | 99.726 | 5.984 |
| Hummus | 3.00 Tbsp | 105.000 | 6.000 |
| Potato, Tater Tots | 0.50 cup | 130.807 | 16.099 |
| Potato Wedge 8 Cut | 1/2 Cup | 121.151 | 14.134 |
| Apples | 1.00 serving | 52.722 | 13.948 |
| Banana | 1.00 serving | 105.020 | 26.951 |
| Seasonal Fruits | 1/2 Cup | 57.396 | 14.533 |
| Dried Fruit (C) | 1.00 package (1/4 cup) | 116.000 | 30.000 |
| California Freezie Smoothie, Assorted 4 fl oz | 1.00 each | 55.000 | 13.500 |
| Juice, Assorted 4 fl oz | 1.00 each | 57.500 | 14.750 |
| Dinner Roll, Galasso's (2 oz equiv) | 1.00 each | 140.000 | 29.000 |
| 1% White Milk, 8 fl oz | 1.00 each | 120.000 | 14.000 |
| Nonfat White Milk, 8 fl oz | 1.00 each | 90.000 | 12.000 |
| Nonfat Chocolate Milk, 8 fl oz | 1.00 each | 120.000 | 22.000 |
| Nonfat Strawberry Milk, 8 fl oz | 1.00 each | 130.000 | 27.000 |
| Butter Pat | 1.00 Pat | 100.000 | 0.000 |
| Ketchup | 1.00 tsp | 6.667 | 1.667 |
| Ketchup (9 gm) | 1.00 Packet | 10.000 | 3.000 |
| Mayonnaise (9 gm) | 1.00 Packet | 70.000 | 0.000 |
| Mustard (5.5 gm) | 1.00 Packet | 5.000 | 0.900 |
| Ranch Dressing (12 gm) | 1.00 serving | 50.000 | 1.000 |
| Taco Sauce (9 gm) | 1.00 Packet | 5.000 | 1.000 |
| Weighted Daily Average | | 755.857 | 108.387 |

% of Calories

57.36%

| Thu - 03/07/2019 | Portion Size | Calories (kcal) | Carbohydrates (g) |
|---|---------------|-----------------|-------------------|
| Lunch 2018-2019 | | | |
| Recipe | Total | | |
| Bagel Yogurt | 1.00 Serving | 518.500 | 83.350 |
| Bean and Cheese Burrito | 1.00 each | 329.413 | 39.929 |
| Beef Taco Stick | 1.00 piece | 345.010 | 31.870 |
| Burger, Veggie | 1.00 Serving | 354.000 | 45.300 |
| Cheeseburger | 1.00 serving | 320.000 | 29.600 |
| Cheeseburger w/ Bacon | 1.00 serving | 400.000 | 35.200 |
| Cheeseburger, Ultimate w/ ketchup | 1.00 2.90 oz | 372.122 | 37.600 |
| Chicken, Breaded Drumstick | 1.00 piece | 190.000 | 5.000 |
| Chicken & Cheese Taquitos | 1.00 Each | 280.000 | 30.000 |
| Chicken, Orange with Rice, Chef's Corner | 1.00 serving | 445.289 | 78.957 |
| Chicken Patty, Hot & Spicy, Whole Grain Bun | 1.00 serving | 360.000 | 41.000 |
| Chicken Patty on WG Bun | 1.00 serving | 350.000 | 42.000 |
| Chicken Smackers | 10.00 pieces | 269.000 | 20.000 |
| Grilled Cheese Sandwich | 1.00 sandwich | 279.740 | 31.579 |
| Hummus Grab and Go Vegetarian Box | 1.00 each | 330.198 | 40.806 |
| Macaroni & Cheese | 8.00 oz | 452.000 | 52.200 |
| Nachos with Chili and Cheese | 1.00 serving | 765.321 | 57.814 |
| Nachos with Jalapeno Cheese | 1.00 serving | 636.140 | 57.738 |
| Pepperoni Pocket | 1.00 Each | 300.000 | 32.000 |
| Papa John's 8 cut Cheese Pizza | 1.00 slice | 380.000 | 49.000 |
| Papa John's 8 cut Pepperoni Pizza | 1.00 slice | 420.000 | 49.000 |
| Papa John's 8 cut Vegetarian Pizza | 1.00 slice | 400.000 | 51.000 |
| Protein 'Grab and Go' Pak | 1.00 1 | 383.098 | 28.806 |
| Salad, Chicken Caesar | 1.00 serving | 586.366 | 25.562 |
| Salad, Oriental | 1.00 Each | 605.805 | 50.266 |
| Salad, Vegetarian | 1.00 serving | 498.453 | 26.348 |
| Turkey Ham (C) & Cheese Sandwich | 1.00 serving | 337.116 | 29.964 |
| Turkey (C) Sandwich | 1.00 serving | 347.174 | 31.580 |
| Un crustables 5.3 oz., Assorted | 1.00 Sandwich | 600.000 | 64.000 |

| | | | |
|--|------------------------|---------|---------|
| Broccoli Florets | 1.00 serving | 9.940 | 1.796 |
| Carrots, Baby (3 oz Package) | 1.00 Package | 29.627 | 6.846 |
| Hummus | 3.00 Tbsp | 105.000 | 6.000 |
| Potato, Tater Tots | 0.50 cup | 130.807 | 16.099 |
| Potato Wedge 8 Cut | 1/2 Cup | 121.151 | 14.134 |
| Apples | 1.00 serving | 52.722 | 13.948 |
| Banana | 1.00 serving | 105.020 | 26.951 |
| Seasonal Fruits | 1/2 Cup | 57.396 | 14.533 |
| Dried Fruit (C) | 1.00 package (1/4 cup) | 116.000 | 30.000 |
| Fruit w/Gelatin | 1.00 serving | 120.806 | 31.395 |
| California Freeze Smoothie, Assorted 4 fl oz | 1.00 each | 55.000 | 13.500 |
| Juice, Assorted 4 fl oz | 1.00 each | 57.500 | 14.750 |
| Dinner Roll, Galasso's (2 oz equiv) | 1.00 each | 140.000 | 29.000 |
| 1% White Milk, 8 fl oz | 1.00 each | 120.000 | 14.000 |
| Nonfat White Milk, 8 fl oz | 1.00 each | 90.000 | 12.000 |
| Nonfat Chocolate Milk, 8 fl oz | 1.00 each | 120.000 | 22.000 |
| Nonfat Strawberry Milk, 8 fl oz | 1.00 each | 130.000 | 27.000 |
| Butter Pat | 1.00 Pat | 100.000 | 0.000 |
| Ketchup | 1.00 tsp | 6.667 | 1.667 |
| Ketchup (9 gm) | 1.00 Packet | 10.000 | 3.000 |
| Mayonnaise (9 gm) | 1.00 Packet | 70.000 | 0.000 |
| Mustard (5.5 gm) | 1.00 Packet | 5.000 | 0.900 |
| Ranch Dressing (12 gm) | 1.00 serving | 50.000 | 1.000 |
| Taco Sauce (9 gm) | 1.00 Packet | 5.000 | 1.000 |
| Weighted Daily Average | | 792.988 | 116.900 |
| % of Calories | | | 58.97% |

| Fri - 03/08/2019 | | Portion Size | Calories (kcal) | Carbohydrates (g) |
|-------------------------|--------------|--------------|-----------------|-------------------|
| Lunch 2018-2019 | | | | |
| Recipe | Total | | | |
| Bagel Yogurt | 1.00 Serving | | 518.500 | 83.350 |
| Bean and Cheese Burrito | 1.00 each | | 329.413 | 39.929 |
| Beef Taco Stick | 1.00 piece | | 345.010 | 31.870 |
| Cheeseburger | 1.00 serving | | 320.000 | 29.600 |
| Cheeseburger w/ Bacon | 1.00 serving | | 400.000 | 35.200 |

| | | | |
|--|------------------------|---------|--------|
| Chicken, Breaded Drumstick | 1.00 piece | 190.000 | 5.000 |
| Chicken Leg w/ Mashed Potato Bowl | 1.00 serving | 465.209 | 56.378 |
| Chicken & Cheese Taquitos | 1.00 Each | 280.000 | 30.000 |
| Chicken Patty, Hot & Spicy, Whole Grain Bun | 1.00 serving | 360.000 | 41.000 |
| Chicken Patty on WG Bun | 1.00 serving | 350.000 | 42.000 |
| Chicken Smackers | 10.00 pieces | 269.000 | 20.000 |
| Chicken, Teriyaki with Rice | 1.00 Serving | 467.537 | 77.753 |
| Fish Burger w/Cheese | 1.00 Serving | 380.000 | 43.500 |
| Grilled Cheese Sandwich | 1.00 sandwich | 279.740 | 31.579 |
| Hummus Grab and Go Vegetarian Box | 1.00 each | 330.198 | 40.806 |
| Nachos with Chili and Cheese | 1.00 serving | 765.321 | 57.814 |
| Nachos with Jalapeno Cheese | 1.00 serving | 636.140 | 57.738 |
| Pepperoni Pocket | 1.00 Each | 300.000 | 32.000 |
| Papa John's 8 cut Cheese Pizza | 1.00 slice | 380.000 | 49.000 |
| Papa John's 8 cut Pepperoni Pizza | 1.00 slice | 420.000 | 49.000 |
| Papa John's 8 cut Vegetarian Pizza | 1.00 slice | 400.000 | 51.000 |
| Protein 'Grab and Go' Pak | 1.00 1 | 383.098 | 28.806 |
| Salad, Chicken Caesar | 1.00 serving | 586.366 | 25.562 |
| Salad, Vegetarian | 1.00 serving | 498.453 | 26.348 |
| Tuna Sandwich | 1.00 serving | 394.092 | 29.905 |
| Turkey (C) Sandwich | 1.00 serving | 347.174 | 31.580 |
| Turkey Ham (C) & Cheese Sandwich | 1.00 serving | 337.116 | 29.964 |
| Uncrustables 5.3 oz., Assorted | 1.00 Sandwich | 600.000 | 64.000 |
| Broccoli Florets | 1.00 serving | 9.940 | 1.796 |
| Carrots, Baby (3 oz Package) | 1.00 Package | 29.627 | 6.846 |
| Potato, Tater Tots | 0.50 cup | 130.807 | 16.099 |
| Potato Wedge 8 Cut | 1/2 Cup | 121.151 | 14.134 |
| Apples | 1.00 serving | 52.722 | 13.948 |
| Seasonal Fruits | 1/2 Cup | 57.396 | 14.533 |
| Dried Fruit (C) | 1.00 package (1/4 cup) | 116.000 | 30.000 |
| California Freeze Smoothie, Assorted 4 fl oz | 1.00 each | 55.000 | 13.500 |
| Juice, Assorted 4 fl oz | 1.00 each | 57.500 | 14.750 |
| Dinner Roll, Galasso's (2 oz equiv) | 1.00 each | 140.000 | 29.000 |
| 1% White Milk, 8 fl oz | 1.00 each | 120.000 | 14.000 |
| Nonfat White Milk, 8 fl oz | 1.00 each | 90.000 | 12.000 |
| Nonfat Chocolate Milk, 8 fl oz | 1.00 each | 120.000 | 22.000 |

| | | | |
|---------------------------------|--------------|---------|---------|
| Nonfat Strawberry Milk, 8 fl oz | 1.00 each | 130.000 | 27.000 |
| Butter Pat | 1.00 Pat | 100.000 | 0.000 |
| Ketchup | 1.00 tsp | 6.667 | 1.667 |
| Ketchup (9 gm) | 1.00 Packet | 10.000 | 3.000 |
| Mayonnaise (9 gm) | 1.00 Packet | 70.000 | 0.000 |
| Mustard (5.5 gm) | 1.00 Packet | 5.000 | 0.900 |
| Ranch Dressing (12 gm) | 1.00 serving | 50.000 | 1.000 |
| Taco Sauce (9 gm) | 1.00 Packet | 5.000 | 1.000 |
| Tartar Sauce (9 gm) | 1.00 Packet | 20.000 | 1.000 |
| Weighted Daily Average | | 768.302 | 111.926 |
| % of Calories | | | 58.27% |

* = Indicates missing Nutrient Information.

WARNING: THE DATA CONTAINED WITHIN THIS REPORT CANNOT BE USED FOR AND DOES NOT PROVIDE MENU PLANNING OR MEDICAL TREATMENT FOR ANYONE WITH A MEDICAL CONDITION, DIETARY RESTRICTION OR FOOD ALLERGY. USE OF THE SERVICES TO PROVIDE MENU PLANNING OR MEDICAL TREATMENT FOR ANYONE WITH A MEDICAL CONDITION, DIETARY RESTRICTION OR FOOD ALLERGY IS A VIOLATION OF THE TERMS OF THIS SERVICE. ANY SUBSCRIBER PLANNING FOR OR TREATING MEDICAL CONDITIONS, DIETARY RESTRICTIONS OR A FOOD ALLERGY MUST CONSULT A MEDICAL PROFESSIONAL FOR ASSISTANCE. TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.