



Portland Village School

FEATURE OF THE MONTH

Truitt Bros. & Central Bean Co.

We are pleased to offer locally sourced beans from Truitt Brothers this month! Truitt Bros. beans are sustainably grown by family-owned Central Bean Company in Quincy, Wash., which is Food Alliance Certified. In 2010, the company was recognized as one of Oregon's leaders in sustainable approaches to business.

Student: _____

Teacher: _____

Please circle one option per day below.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Lunch: Chicken Stuffing & Gravy, Whole Wheat Roll, fresh fruit, and veggies Alt. Lunch: (V) Roasted Garlic Pizza Bagel
4 Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies Alt. Lunch: (V) Pasta Alfredo, WG Garlic Bread	5 Lunch: (DF) Orange Chicken, fresh fruit, and veggies Alt. Lunch: (V) Pasta Alfredo, WG Garlic Bread	6 Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies Alt. Lunch: (V) Macho Nachos	7 Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, and veggies Alt. Lunch: (V) Macho Nachos	8 Lunch: Meaty Chili, WG Tortilla Chips, fresh fruit, and veggies Alt. Lunch: (V, GF, DF) Hearty Chili, WG Tortilla Chips
11 Lunch: (DF) Meaty Spaghetti, WG Garlic Bread, fresh fruit, and veggies Alt. Lunch: (V, DF) Hearty Spaghetti, WG Garlic Bread	12 Lunch: (DF) Teriyaki Chicken with Rice, fresh fruit, and veggies Alt. Lunch: (V, DF) Teriyaki Black Bean & Rice	13 Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies Alt. Lunch: (V) Traditional Pizza Bagel	14 Lunch: (V, DF) Soft Taco w/ Pinto Beans, and veggies, fresh fruit	15 No School
18 No School	19 Lunch: (V) Cheesy Beans and Rice, fresh fruit, and veggies	20 Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies	21 Lunch: (V) Traditional Pizza Bagel, Ranch, fresh fruit, and veggies	22 Lunch: (DF) BBQ Chicken Sandwich, fresh fruit, and veggies Alt. Lunch: (V) Pasta Alfredo, WG Garlic Bread
25 Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies	26 Lunch: (V, GF, DF) Egg Fried Rice, fresh fruit, and veggies	27 Lunch: Chicken Caesar Salad, fresh fruit Alt. Lunch: (V, GF) Vegetarian Taco Salad	28 Lunch: (V) Rolled Enchiladas Rojas, fresh fruit, and veggies	

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES
 ALL MEALS ARE SERVED WITH A VARIETY OF MILK

Portland Village School is an equal opportunity provider.