

	Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.				Milk choices: 1% White Milk Fat Free White Milk Lactose Free Milk Chocolate Milk
Monday	Tuesday	Wednesday	Thursday	Friday	Avg Nutrients Target
Sausage Biscuit	Pizza Bagel	Biscuit/Grits	French Toast Sticks	Morning Sausage Roll	Calories.. 722
Poptart	Cereal Bar	Eggs/Sausage	Syrup	Honey Bun	Cholesterol...46 mg
Tater Tots	Fresh Fruit	Honey Bun	Cereal/Honey Grahams	Fresh Fruit	Sodium. 827 mg
Fresh Fruit	Juice	Fresh Fruit	Fresh Fruit	Juice	Sugar 60.7
Juice		Juice	Juice		Carbohydrates 127.4
Monday	Tuesday	Wednesday	Thursday	Friday	Calories... 592
Chicken Biscuit	Pizza Sausage	Biscuit/Sausage Link	Pancake Pup	Pancake	Cholesterol...216 mg
Cereal Bar	Mini Donut	Poptart	Cereal	Poptart	Sodium.674 mg
Honey Grahams	Fresh Fruit	Fresh Fruit	Honey Grahams	Fresh Fruit	Sugar 49.6 g
Tater Tots	Juice	Juice	Fresh Fruit	Juice	Carbohydrates 103.1g
Juice/Fresh Fruit			Juice		
Breakfast is a two week rotation					
Low fat and fat free white milk offered Daily. Menu subject to change based on availability.					
Georgia Grown	Local wellness policy at www.gocats.org/schoolnutrition				Local Grown