

Kathy's Orange Dreamsicle Smoothie

If you've ever had an Orange Julius, this tastes just like it!



Ingredients:

- 1 15 oz can of sliced peaches, drained
- 1 10.5 oz can of mandarin oranges, drained
- 1 cup Low fat vanilla yogurt
- 1 tsp Orange zest
 - If you don't have any fresh oranges handy, add ¼ tsp of orange extract
- ½ tsp Vanilla extract
- 1 cup ice

Directions:

Combine all ingredients in a blender and puree!