Howell Township Public Schools

PROUD OF OUR SCHOOLS CONCERNED FOR OUR CHILDREN

Spring 2019

Guidelines for Howell Township Athletics

1. Sports Physical Examinations need to be completed yearly by law. All Sports Physicals dated on March 6, 2018 or after will be accepted for spring sports.

2. The history form must be completed and signed by the parent/guardian AND athlete and brought to the medical provider at the time of the physical examination. In addition, if you have a student with special needs, the supplemental history must be completed and signed. The medical provider must review the medical history forms.

3. The entire packet must be filled out in its entirety. **Incomplete forms will be returned.**

4. The Sudden Cardiac Death in Young Athletes, Sports-Related Concussion and Head Injury Fact Sheets and the Opioid Use and Misuse Educational Fact Sheet are to be kept by the parent/guardian. The sign-off sheet to acknowledge receipt of them-must be signed by both parent/guardian and student and returned with the packet.

5. In addition, prior to each sport season a parent/guardian must complete a medical update for their child. This form is only available in school and is a different color then the physical form.
   Fall: Green **Winter: Blue** **Spring: Yellow**

6. Howell Township Middle School's have three sports seasons. **Fall** - Field Hockey, Soccer, Cross country; **Winter** - Cheerleading, Basketball, Wrestling; **Spring** - Track & Field, Softball, Baseball.

7. **February 22, 2019 is the deadline for Spring Physicals; this deadline will be strictly enforced.**

8. Please return Physical Forms to the school your child will be attending for the 2018-2019 school year.